



MASTERS MATTERS

President's Message

By Lauri Gregg, CAN 258

And so ends another year of windsurfing, although there still maybe some hardy ones sailing Kona's at the Toronto Windsurfing Club. It was the year of the Kona. We began to build a Kona racing fleet in Toronto after a group purchased used boards and sails. At a very exciting CMWA championships in Ottawa, we held the first ever Canadian Kona championships, and were fortunate to have one of Canada's top female racers Dominique Vallée competing on the Kona along with another top Canadian racer from the past, Derek Wulff. Equally exciting was the racing going on in the high performance fleet, which has standardized for the most part on a 9.5 m² sail and the Starboard longboard. I am very proud to say that it is the members of the CMWA that are leading the evolution of windsurfing in Canada. We have created an environment within which all levels and ages of sailors can grow, compete and just have fun. Now we can look to next season. Already some of us are planning trips to the south. For me Bonaire is the next stop. For others it will be Florida. Of course, there are those of us who will have to put in a few turns on the snow over the next few months while we wait for the warm winds of spring. As I've said before, skiing is fun but sailing my 94 litre is the one. 2012 is shaping up to be another great windsurfing year. See you on the water in 2012.

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CMWA Fall Wrap-up & Clinic

By Stephanie Todd, Social/Women's Director

This was another fun weekend for those who came to the fall event in Port Bolster. It all started on the executive boathouse deck watching the sunset. It continued into the evening with a fun social in the white cottage. Things got started with each of us talking about our windsurfing history followed by Ian Matthews, our coach, rendition of his times windsurfing. There were a few good laughs as a result of our small intimate group!

The next day brought us beautiful sunshine and two more guests arriving. Shauna Park, RMT, who brought her massage table along with her two children. They were joined by Gorde McCallum and his children, Tegan and Nolan. It was fun to watch the kids play so well together in the water along with Gorde, Bob and Nick. Shauna's daughter, Serena, found a baby turtle along the beach. They released it in the lake to follow its mother. Her son, Matthew, was worried that some big fish was going to get it for lunch. The neighbours also hauled out a large water snake so it was a great biology lesson for the kids. After a wonderful potluck lunch, Bob put the kids rig on the Kona and they all tried windsurfing. Our future of windsurfing is growing.

Natalya spent the entire afternoon on the water with Artem Sr. windsurfing. She did very well. Meantime, Ian was out on the water giving tips to Joyce, Jane, Barry, Artem Jr. and Graham. Natalya deserved the massage she got from Shawna at the end of the day in the sunshine on

the beach. Now there's the life! We gave the kids each CMWA rash guards.

Saturday evening brought us yet another beautiful sunset with hors d'oeuvres on the executive deck. This was then followed by a fantastic potluck dinner in the green cottage. We did NeilPryde draws after dinner...there was some swapping of swag so everyone went home happy. Thanks to Nick for cleaning up the dishes after. That was a treat.

The next morning many of us went for breakfast, some earlier than others. There were a few laughs there as we were sure the cook was hung over. Joyce got eggs and "pig" after ordering vegetarian omelet. My meal came but was missing brown toast then I found a shell in my eggs. Crunch crunch! We all had a very entertaining time with Joyce, Graham, Barry, Bob and Nick. The server seemed to take our humour tongue in cheek!

Back to the cottages and not much happening since the wind was nonexistent. Some went for a paddle before lunch then people began to pack it in. Nick, Bob and I did the final clean-up then enjoyed a beer on the deck in the blazing sun before heading home.

Next year's events will combine the women/youth/adult clinic into one group:

Spring Get-Together & Clinic June 1-3, 2012

CMWA Championships Rondeau Provincial Park

June 28-June 30, 2012

Fall Wrap-Up & Clinic September 7-9, 2012

For more information on the CMWA and our events go to www.windsurf.ca.

Pictures from the Fall Wrap-Up



Hatteras Island 2011 after Irene

By Stephanie Todd, Social/Women's Director

What an adventure travelling to Hatteras this year! The fact that we had to come by ferry changed our travel plans and route. First off, it was difficult to get a ferry. Rachele, our friend from Sudbury, couldn't get a ferry till the Monday so she did some fantastic side trips to the Shenandoah Mountains.

So how did it all shape up? We left at 4 a.m. from our place and arrived at 6 a.m. at the Lewiston Boarder crossing. The female guard gave us a hassle for the amount of gear we had on the roof and in the car as well as the size of the house we were renting for 2 people. She wanted to know who we were meeting in Hatteras. We finally admitted the girl in the car behind us was joining us. She then gave us grief as if we were lying. So glad she didn't ask about the dog! We finally were allowed through and will remember to allude windsurfing to golf, i.e. you need a number of clubs for different shots.

We had off and on again torrential rains on the way down which slowed us down a bit so we got Washington DC at 2:45 thus 2.5 hrs of Friday night rush hour traffic. *Note to self: take turn off to 15 S at Frederick to miss the traffic jams!* We pulled into Petersburg, VA and I had punched in the wrong # for the hotel so we got lost trying to find the dog friendly hotel which was a bit of a dive! We went to bed at 11, with a bellyful of pizza, so we could start it all over again the next morning to get to Cedar Point Ferry to Okacoke Island. Again we had torrential rains, especially when Lauri was driving and water on the roads. Stopped in Moorhead City to get some groceries and a pair of rubber boots for Lauri then got to the ferry in plenty of time. Rain had stopped but started again as we got on the ferry and was pouring even when we arrived at the ferry terminal to Hatteras which was a first come first serve. We made the second ferry at 4:30. Picked up our keys from OBR in Hatteras but forgot to ask for the sheets we had rented!

Lauri had unloaded the groceries and the cooler from the van so I could go back to OBR to get the emergency number to get some sheets for the bed! Roads were flooded so it took some time to get there and back. Meantime, Lauri had to clean the mould out of the fridge! Gross...it still smelled like dead fish! We made a stir fry for dinner and waited for our sheets to be delivered...nothing by 10:30 p.m. so called again, turned out he had delivered them to the wrong house. We finally got them at 11 and the queen size sheets were missing. I made up the bed with single sheets, without the mattress cover as it was obvious it hadn't been washed...gross. We fell in to bed exhausted!

Laku is in his glory here. It is still raining but it is hot and humid and the mosquitoes are wicked. After breakfast I got the baking soda out and cleaned the fridge including taking the drawers out, you can imagine what I found under them! Once that was all done I vacuumed the house for cat dander then wiped

everything down with vinegar and water and finally did loads of laundry trying to make the place habitable for my allergy prone hubby. Tempers were a little short at times but we made it through the day. Had called OBR housekeeping and got grief from them regarding the cleaning. Good thing that, John Carey, OBR's maintenance man, made up for it tenfold with all the stuff he did over the 3 weeks we were here to make the place safe.

So are we having a good time yet? ...absolutely! After the rain stopped we had some epic days sailing including being out on sails as small as a 4.0 and the 94L Kode. It was so good I rented a Kode from Hatteras Island Boardsports. Our friends from Ohio finally made it down from Nags Head. Bob left his trailer here and sailed with us since his wife, like me, had broken her foot but wasn't in as good a shape as me. I wasn't supposed to sail at all and yet I started on the light days with the Kona then gradually progressed to the 120L JP then finally to the 94L Kode that I rented.

Then we had some more rain but I needed a day off to rest my foot and support the local economy. We ate plenty of fish though fish is hard to come by and shrimp apparently has not returned to the Island since Irene so it is not fresh. We found a local guy in our community here in Kings Point, Basket Case Crabs, who will fillet right in front of you. Can't get fresher than that!

Our final days were spent just enjoying the warmth and the winds...will we be back? You bet, we have already booked for next year and will get the first dibs for 2013 and hopefully be able to get a week later into October.

Next windsurfing vacation, Bonaire, in the spring! Till then for those hardy northern sailors, enjoy the winds!



Lauri ripping in Hatteras!



Stephanie ripping with broken foot!

Hatteras Island after Irene

By Suzanne Roberge, Newsletter Editor/Webmaster

The last time we went to Cape Hatteras was in 2003, just after Hurricane Isabel that had taken out part of the road between Frisco and Hatteras Village. This time we follow Hurricane Irene which took out part of the road around Rodanthe and Pea Island. I also realized that I've been going to that part of the world since 1990, which was just after a barge took out a span on the Bonner Bridge and messed up our travel plans a bit. Irene is also making us have a plan A and a plan B regarding which way we will get to our destination. Plan A is we go the regular way and the road has been reopened. Plan B takes us by ferry from Swan Quarter, NC to Ocracoke, then another ferry from Ocracoke to Hatteras. That will add a few hours to our trip but at least we won't be driving. The only ferry reservation we could get at this time is for October 17th so we will miss a few days of our cottage rental. But we are there for two weeks!

Hurray! The road has reopened on October 10 so Plan A is in motion! Leaving Saturday, October 15 to arrive in Avon in the afternoon of October 16. All went well and we arrived in Avon, North Carolina on Sunday afternoon. The weather is nice with light winds. So we empty cars and trailer and settle in our house for the next two weeks.

This year, I decided to start a blog to talk about my trips and some activities. The text above is the start of my blog on Hatteras. So, for more on our trip and other adventures, visit

<http://roberge811blog.blogspot.com/>



Dave, my partner, ripping in Hatteras!



My new Kona in action!

Kona One Design News

Portugal on a Kona

By Denis Dagenais (Konadien du Québec)

I recently went to Portugal (early September 2011). My trip had three parts to it. First, Kona recreational windsurfing. Second, change location to surf and play tourist. Third, go to Lisbon as a tourist (with no water or wind play). This article will talk about the first part.

Through the Internet Kona forum early in the year, a post appeared in mid-April to promote a Kona event to take place mid-May. I found the timing a bit too tight to make a decision on going or not. Nevertheless, the contact person, Carlos Tavares, was very good in replying to my concerns or sharing information. Late in the summer, I was somewhat due to book a trip or plan our holidays. Carlos agreed to rent me one of his five Konas. He even provided me and my wife, Carole, the ride from the Lisbon airport to the Obidos Lagoon (city: Foz do Arelho). We stayed at the hotel Inatel Foz Do Arelho (excellent location found through: booking.com). So for four days I got some nice sailboarding time. The first two days were the best with the wind providing planning conditions. Enjoyed sailing into the back footstraps of the Kona and having this constant screaming sound from the Kona zipping on the water. As a size reference, the lagoon's waterbed is sort of the size of the water area in front of the Toronto Windsurfing Club. It gets its intake from the ocean. You cannot sail out of the lagoon into the ocean opening since that last part is reserved for the beach users and swimmers. On day three, I got a visual warning from the beach security as I sailed upwind thinking I could reach my wife at the hotel beach. Day four was light to medium wind. On this day I enjoyed exploring the lagoon areas. At one time it was so much fun seeing fishes jump out of the water every 10 seconds or so. I would launch my Kona rental from the local sailing school: Escola de Vela da Lagoa (EVL). The owner is Philippe (speaks French, English, Portuguese). He has a great team on hand. They teach and rent windsurfers, kites, wakeboards, sailboats, catamarans, waterskis. The kitchen staff at the sailing school is excellent and you will eat very well. They provided a running tab so you pay at the end of the day. And yes they have beer, but they also make healthy shakes.

In all, Portugal is great. Very friendly people is what needs to be said first. Then comes the great food and wine. All restaurants were good and some needed a repeated visit. In Canada, the most expensive item on a restaurant bill is the wine. In Portugal expect the opposite.

So if in the future, Portugal gets allocated a big Kona event, consider going. From my experience, September weather was good for me. But not sure if I could take the heat in the middle of the summer.

Here are some internet links for pictures:

Reference of pictures of that area : http://www.pbase.com/pliborio/foz_do_arelho

Go to the bottom of this Internet page, to have a feeling of on the water pictures:

Obidos Lagoon: <http://obidoslagoon-casadolago.blogspot.com/>

Other links:

Escola de Vela da Lagoa (EVL)

a) <http://escoladeveladalagoa.com/en/>

b) <http://www.facebook.com/escola.de.vela>

Note: sorry if the hypelinks don't work; use Google with keywords if they don't.



The view of the Obidos Lagoon from Denis's room.in Portugal.



Denis trading his Kona for a surfboard!



CMWA Makes Kona History

By Andrée Gauthier

On the July 30 to August 1st long weekend, the CMWA held its 2011 championships in Ottawa. Canada had its first Kona One Design fleet. Some top racers came to the event just to race on a Kona. Derek Wulff from B.C. was in the area and managed to borrow a Kona. Dominique Vallée also joined in the competition. Luckily for us Derek was a little slower than usual because of some illness he had brought with him! He was unable to race the full first day of the event. By the last day he was back to form, finishing 5th overall in the long distance race. His 7.4 sail size was competition for those 9.5 on race boards. Denis Dagenais really liked his new 8.2 Kona sail finishing 2nd overall.

The Kona fleet had 13 racers in it. This is a pretty good number for a fleet that has just been introduced to Quebec and Ontario. Kona does have a future here. We plan to have a Kona fleet at the next Masters Championships to be held in Rondeau Provincial Park in 2012. Also, Dominique Vallée will be hosting Kona racing at her Club Multivoile 4 Saisons in Trois-Rivières in June 2012. This will give Kona racers a jump-start for when she will be hosting the Kona Worlds in 2013. By then young Kai Collins will be about 8 years old and we all hope he can join the Kona fleet (that's if his mother will loan him the Kona). It was great to see the return to racing of Ling-Yue Hung. We missed you girl! Suzanne Roberge was hooked on Kona and since the event has purchased one.

For many of us, we continue to come to races like this CMWA Championships because of the fun one design racing has to offer. Stephanie Todd, Lauri Gregg, John Darling and myself all enjoy the atmosphere Kona brings to racing.

Quotes from a few Kona racers:

"Kona's at the CMWA nationals this year was a great re-birth of one design racing. Now let's see how the Canadian racing community will support baby-steps into more Kona-only starts at racing events." – Denis Dagenais

"The first Canadian Kona Championship race held by the CMWA this past August was a great experience! The Kona board is very responsive (feels like it turns on a dime) and fun to sail (works in light winds to over 25 knots). The other racers were very helpful, offering tips in between races that helped me to improve my position from end of the fleet to 4th by the last race (more luck than experience, but fun all



Tom Mae waiting for the start!

the same). It is very tactical racing that keeps you adjusting your strategy throughout the race. There is a no pumping rule. The Kona sailors are very friendly, offering tips and encouragement throughout the day for those that ask. It is a very level playing field with the sail sizes balancing out heavier sailors with light ones. A great one-design class of racing for all levels, from beginner to experienced sailors! On and off the race course the Kona is the only board that most recreational sailors will need. I hope to attend the Kona North Americans in Minnesota in 2012 and the Kona Worlds in Trois-Rivières in 2013! – Tom Mae

I'm Sold on Kona!

By John Darling

We had a fleet of 13 Konas -- the first and only Kona fleet in 2011 -- and it worked well for me. My open class 7.5m Aerotech broke down, but I managed to borrow a 7.4m Kona sail which worked well for me -- so:

It's "back to the future" for me -- back to no-pumping with non-camber sails and a old-style board with soft rails and swept-back fin, making tacks upwind fast and easy, as against standard pumping raceboard drag-race to the lay-line with as few of those slow tacks as possible.

With the no-camber Kona sail, I think it is actually easier to "read the wind" and I believe the Kona does track to windward better than a raceboard (that claim has yet to be scientifically proven), and certainly finding and locking on to the best upwind tack on a Kona is more difficult.

For Seniors --and beginners -- the Kona is a cheaper more basic board, less physical and perhaps a better trainer board (teaching kids to tack often on every gust and shift, and gybe more often ditto downwind).

For Seniors, gone is the endurance test, so I was able to sail all three days. Of course racing in the same fleet with raceboards means doing one-lap races so that we all finish in about the timeframe. And the senior fleet expands -- our future! -- that's important. The kids on Kona also get to race more tactical races with the cunning old experienced racers ("old age and treachery...").



The many faces of JD!



A champ from the past and present - Derek Wulff



The future generation - Kai Collins!

Excerpts from an email sent by Derek Wulff after the Ottawa event:

Hi All,

Well I'm back home and into the mundane routine of inventing new toys to educate and enlighten the world. The corn is finally over my head, blueberries ripe, and we got the parachute over the cherry tree in our annual exercise to keep the robins away from the ripening cherries.

I'm all better now and as I sit down to work after a great time out there in the middle east, I wanted to start by thanking you all for your kindness and support in making my trip so great (illness notwithstanding!). It seems like only yesterday...

Rick and Ling, thanks for hosting me - I really appreciated your support - (and Ling's supply of Tums late on Friday) and generosity, and it was great meeting your lego master son Kai. Can't wait for the next Dogs and Cats movie!

Thanks for getting me going Stephanie, and Andrée, and Bob and Suzanne - nice to have a board rigged while I summoned the energy to stand up. To all of you - thanks for everything - I will definitely come to the Masters again, and hopefully be less sick.

Back to reality here on the left coast, but thank you for making my time so fun!



Derek at the start of the long distance race,
which he won for the Konas.

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Upcoming Events 2012

March 1-4 – Calema Midwinters 2012, Merritt Island, Florida, www.calema.com

June 1-3 – **CMWA Spring Get-Together & Clinic**, Port Bolster, Ont., Stephanie Todd, surfit@sympatico.ca or 905-953-8331.

June 23-24 – Eastern Canada **Kona** Championship, Club Multivoile 4 Saisons, Trois-Rivières, Québec, Dominique Vallée, can370@hotmail.com

June 28-June 30 – **CMWA Championships**, Rondeau Provincial Park, Ontario, Stephanie Todd, surfit@sympatico.ca or 905-953-8331.

September 7-9 – **CMWA Fall Wrap-up & Clinic**, Port Bolster, Ont., Stephanie Todd, surfit@sympatico.ca or 905-953-8331.

How to Reach Us

Voice: (416) 269-7534 Mike Keltz

Website: www.windsurf.ca/contact/

Or contact any member of the Board.

The next newsletter should be published in the spring 2012. We welcome all contributions. Please e-mail your articles and pertinent pictures to roberge811@sympatico.ca.

