

President's Message

By Lauri Gregg, CAN 258

Why is it that every year at this time as we're getting ready to put our boards away for the winter, I feel like I didn't get enough sailing in. That's what makes this sport so addictive. You never get enough. It was another great season for the CMWA with many of us gathering at the Burgess' in Port Bolster for Spring and Fall CMWA Clinics/Get-Togethers and a warm, windy and fun CMWA Championships at Rondeau Provincial Park. Many thanks to Stephanie for organizing the get-togethers and to David French for such a warm welcome at Rondeau. Next year, the Toronto Windsurfing Club has volunteered to hold the Championships on the August long weekend, and Stephanie is planning a very special Anniversary Clinic at Port Bolster. Watch for the details of both these events. The Kona and raceboard fleets continued to grow with exciting racing at Rondeau, the OSA series and CORK. Several CMWA members went to the Kona North American Championships in Minnesota. For me, the Kona has now become my only longboard and I'm looking forward to racing it at the Kona Worlds in Trois-Rivières next June. In an effort to stimulate youth windsurfing, the CMWA initiated a \$500 bursary program. Congratulations to Olivia Mew from Toronto, who was this year's successful applicant, and who has used the money to participate in the RS:X World Youth Championships in Taiwan. This is also the year that the International Sailing Federation made the poorly informed decision to replace windsurfing with kiting at the 2016 Olympics. As a result, many of us joined

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an international lobby to overturn the decision. On November 11, 2012 at the annual ISAF general meeting the majority of delegates voted against the change and windsurfing has been re-instated as an Olympic sport for 2016. Congratulations to both Nikola Girke and Zac Plavsic who did Canada proud and had best ever 10th place finishes this summer at the London Olympics. On a serious note, my thoughts go out to our friends on the Outer Banks in North Carolina who are suffering continuing devastation as a result of Hurricane Sandy and then Nor' Easters. They can be assured that the many of us who go back to this remarkable area year after year and call it our second windsurfing home will be back again next year. Now it's time to get ready for ice-surfing or skiing. Enjoy the winter and I'll see you on the water in the spring.

CMWA Championships at the Rondeau Yacht Club

From Suzanne Roberge's Blog

Another road trip, very close to the last one! This time the destination is Rondeau Yacht Club located inside the Rondeau Provincial Park, close to Chatham on Lake Erie. A friend of mine, Jocelyne, accompanies me on this trip. Jocelyne also windsurfs so she hopes to get her board wet for the first time in two years. We drive to Cambridge on Wednesday, June 27 and do the rest of the trip the next day.

The windsurfing area is in a bay as opposed to the open waters on the big lake. However, there are a lot, and I mean a lot, of weeds. But the organizer had warned us and we came prepared with weed fins. I had bought a Makani weed fin and it worked very well.

On Thursday, June 28, we arrived early afternoon, checked out the site and rigged to go sailing. We had a pleasant afternoon getting used to the waters. Jocelyne went out too and enjoyed herself.

Friday was day one of our masters championships. We did two races in the morning then one long distance race in the afternoon. I managed to finish all three! The wind was not too strong, just my speed. Jocelyne also spent time on the water.

Saturday brought a lot more wind. We held our AGM from 9 am to 10 am then got out on the water for three races. I managed to finish the first one, with one fall only and a scary downwind leg. I finished last but was happy that I was able to hold on. I did not do the other two races as I was sure I would not be able to hold on. So I made a bee line towards the beach and that was long enough.

After lunch on Saturday, everyone wanted to take out their shortboards so there were no more racing. I decided to take a break and went to see the beach on the other side. Nice sandy beach but water was colder than in the bay.

That night we had our last dinner and awards ceremony at the local golf club. All in all, it was a nice weekend and a great event organized by David French!

WINDSURFING RETURNS TO 2016 OLYMPICS

From Scuttlebutt #3717, November 12, 2012

Dun Laoghaire, Ireland (November 10, 2012) - The ISAF Annual Conference drew to a close today as the final decisions affecting the sport moving forward were made.

A significant focus of the Annual Conference was on the 2016 Olympic Events and Equipment, specifically the Equipment used for the Board Event. At the ISAF Mid Year meeting in May, the ISAF Council chose kiteboarding for the Event. This decision caught both the windsurfing and kiteboarding communities by surprise, with the former leading a concerted effort to have the Council re-open the discussion.

For the decision of the Council to be re-opened, three-fourths of the Council must agree to do so. When the Council failed to reach that percentage, it was assumed that kiteboarding would be the Equipment used for the Board Event at the Games in Rio de Janeiro. However, following the Council meeting, there was a procedural move by the ISAF General Assembly that upset the apple cart.

Part of the ISAF General Assembly's business for the 106 Member National Authorities (MNAs) who were present was to review any ISAF Regulations made or amended in any substantive way by Council since the last Ordinary Meeting which was in November 2011.

In November 2011, the Regulations specified RS:X Equipment as the Board Event. But the ISAF Mid Year meeting in May changed the Equipment for the Board Event to Kiteboarding, and that apparently qualified as a "substantive" change.

All the General Assembly needed was a simple majority of votes, and after a lengthy debate the MNAs approved the first proposal which reinstated Men's and Women's Boards - RS:X.

ISAF Regulation 23.1.4, which lists the 2016 Olympic Events and Equipment, now reads:

Men's Board - RS:X and Women's Board - RS:X

Men's One Person Dinghy - Laser

Women's One Person Dinghy - Laser Radial

Men's 2nd One Person Dinghy - Finn

Men's Skiff - 49er and Women's Skiff - 49erFX

Men's Two Person Dinghy - 470 and Women's Two Person Dinghy - 470

Mixed Two Person Multihull - Nacra 17

Also approved were four core Events and their Equipment for the 2020 Olympic Sailing Competition - Men's One Person Dinghy - Laser, Women's One Person Dinghy - Laser Radial, Men's Skiff - 49er and Women's Skiff - 49erFX. This is the first time Events and Equipment have been guaranteed for two Olympic Games.

Bonaire 2012

By Stephanie Todd, CMWA Social/Women's Director

There is nothing like getting off the plane in Kralendijk, Bonaire to the warm sunshine and easterly trade winds. We have gotten this trip down to an art. The nice thing being that we are able to keep some of our gear here on the island so less to pack.

Now that the island itself is a municipality of Holland, the grocery shopping experience has truly improved and the cost is not much more than here at home if you prefer to cook your own meals. The restaurants are plenty if you chose that route.

I now own 2 starboard boards which I get lots of use out of. We still rent our equipment from Bonaire Windsurf Place (www.bonairewindsurfplace.com). The staff there is so helpful both in sail size choice and equipment as well as free tips on improving your sailing. Still nice to take a lesson once a year to gain even more skills. Things like "feet in both foot straps before harnessing in" in strong or gusty winds. No more over the handlebars for me, which resulted in a hematoma on my arm! Luckily for me it happened after a great session and then the next few days the winds were light so I was able to day trek with Gail and Henry, our house guests and go snorkeling at 100 steps and other sites on the leeward side of the island.

Each day was a repeat of another, get up have a leisurely breakfast on the front patio looking out on to Lac Bay from our villa (www.lacbayvilla.com). Then gather up our gear and head to Bonaire Windsurf Place, sail for 2 hours, go back to villa for lunch and around 2 p.m. head back to the beach, sail for another 3 hours and hit the Hang Out bar at Jibe City (www.jibecity.com). We have developed quite a circle of US friends down there that we share a lot of stories and laughs with. Then, there are our dinner parties with our friends from Switzerland, Marc, Ladina and Natalie as well as Miriam and Martin (www.kontikibonaire.com). We hosted a second one this year with Don Lee, who I just found out is an author, so of course I downloaded his books and thoroughly enjoyed them.

It is a small world as we ran into Édithe Trépanier and finally sailed one day while she was there. I went on a hunt for her place the day I was looking for a new camera (my waterproof one got water in it!). Never did locate her villa, though she said I must have driven right by!

We are already booked for next year and are looking forward to our annual trip there. For those who wish to travel to Bonaire there are many ways of getting there, including Westjet to Aruba then the island plane to Bonaire. We are going to try a day flight this year with Delta though Atlanta. Staying on the island for CMWA members it is best to contact **Kontiki** and let them know you are member as you get corporate rate. They are now a lead sponsor of our CMWA event. Nick Cox was our winner this year and Rick and Ling

the year before. We will arrive in Bonaire in 2013 April 27th. In 2014, we will move our dates later in May and early June to tap into higher winds. Climate change is everywhere! It still is the best and safest place to go and great for all levels.





Lauri's smile says it all!





In Hatteras, Lauri riding the wind and Stephanie paddling on a no-wind day.

Hatteras Fall 2012

By Stephanie Todd, CMWA Social/Women's Director

This year's trip down to Hatteras was pretty uneventful after last year (Irene!). We did our usual drive to Gettysburg, PA and had made reservations at the Blue Parrot for dinner. It is by far our favorite place in Gettysburg for ambiance and did I mention the craft beer!

We arrived in Avon by mid-afternoon and headed to our house, Bay Watch, in Frisco. All was unpacked in time to relax with drinks and watch the sunset before our first fresh fish feed from Buxton Seafood for dinner. Laku loves it here as he can walk down the steps into the sound and play in the water.

Typical first day the winds were building right from the get go. I rigged a 6.4 but soon rigged the new 5.5 after chatting with the neighbours. George, the local, showed up so that always means smaller gear! So out on 96 L with 5.5 and eventually back in for the 76 L with the 4.5! Nuts for our first day of sailing but so satisfying! The next day the temperature had dropped a tad but still shortie weather. Sailed both 6.4 - 4.0 sails for us with 111L to 96 L and 94 L. Then it shut off for the next 10 days. We paddled, biked and kayaked and finally practised freestyle maneuvers out of boredom and wanting to get wet! I would walk the dog on the beach in the mornings when it was my turn. It is so beautiful at that time of the day. The beach has changed though with the beatings it takes from the hurricanes as well as the nor'easters. We met up with Sue Thomas and André Jubinville at their house and had a great dinner there as well as a couple of dinners with Terry and Bob. The good news was the winds returned so we had 3 days of good sailing of all of our equipment again before having to pack to leave. Needless to say it was crazy windy on our way to Gettysburg the next morning but we managed to get off the island. Hurricane Sandy would hit 10 days later and devastate the island once again.

Because we did get some more sailing by the end of the last week it prompted us to book later next year in hopes of getting some real wind. The plan is to go for only 2 weeks and increase our trip to Bonaire to a month in 2014.



Beautiful Hatteras sunset.

Kona One Design News



Championnat mondial Kona 2013

Chez nous au Canada!

Professionnel ou amateur de planche à voile, la saga dans le milieu de l'olympisme en 2012 nous a permis de constater que notre sport est fragile et qu'il faut s'impliquer pour le sauvegarder. Et c'est ce que nous allons faire au Canada!

En 2013, une rafale soufflera sur le Canada puisque nous aurons la chance de recevoir chez nous le Championnat du monde de planche à voile Kona. Un événement exceptionnel avec un concept rassembleur qui permettra aux planchistes de chez nous d'accueillir et de se mesurer à des planchistes de partout sur la planète ainsi qu'à des légendes de notre sport.

Du 28 juin au 3 juillet 2013, lancez-vous! et profiter du Championnat du monde Kona qui aura lieu au Club Multivoile à Trois-Rivières, Québec, Canada pour vivre une expérience internationale unique et accessible à tous.

Notre équipe promet de vous faire vivre une aventure enrichissante, divertissante et digne du jeu le plus intéressant au monde : la compétition.

Peu importe votre âge et votre niveau, il y a une place pour vous sur la ligne de départ! Nous vous y attendons!

Pour plus d'informations sur l'événement et pour obtenir le formulaire d'inscription :

Site Web du mondial: www.konaone.com/worlds2013

Dominique Vallée : can370@hotmail.com

Club Multivoile 4 saisons: www.multivoile.com et info@multivoile.com



Kona World Championship 2013

At Home, In Canada!

Windsurfing professional or amateur, the saga that we witnessed in Olympic sailing in 2012 allowed us to recognize that the status of our sport is fragile and that we must get involved to protect it. So that is what we are going to do in Canada!

In 2013, a welcome gust will blow over Canada as we have the privilege to host the Kona World Championship. An outstanding event with a unifying concept that will allow windsurfers from our country to welcome and to race against windsurfers from around the world as well as legends from our sport.

From June 28 to July 3 2013, go for it and take advantage of the Kona World Championship, which will be held at Club Multivoile in Trois-Rivières, Québec, Canada to live a unique international experience accessible to everyone.

Our organizing team promises to offer you a rewarding, entertaining and noteworthy adventure of the most interesting game in the world: competition.

Whatever your age and your level, there is a place for you on the start line! We are waiting for you!

For more information about the event and to find the registration form:

World website: www.konaone.com/worlds2013

Dominique Vallée: can370@hotmail.com

Club Multivoile 4 saisons: www.multivoile.com and info@multivoile.com

Kona Racing in Trois-Rivières, Québec

From Suzanne Roberge's Blog, http://roberge811blog.blogspot.ca/

Friday, June 22, I hit the road towards Club Multivoile in Trois-Rivières for the East Coast Championship. Going by myself but my friend Denis Dagenais will be there and Andrée Gauthier from Toronto and a few others that I met along the way windsurfing.

What a great weekend we had! Fourteen Kona racers! We did 4 races each day, Saturday and Sunday. Saturday, the wind was gusty and irregular but it changed direction for Sunday and was pretty steady. Just my strength of wind too! Saturday I had two 7th and two 8th but Sunday brought one 8th then two 5th and another 8th. I could not believe those 5th. I was right behind the best in our group! I ended up with a bronze medal in the women's division. I finished 7th overall. My fellow Ontarians and I did pretty well overall.

Club Multivoile is also the site of the 2013 World Kona Championship so that was a good practice race for us. We will be back next year! Thank you Dominique Vallée and her army of volunteers for organizing a great weekend on the water.

My visit to Maspolamas, Gran Canaria, November 2012

By Andrée Gauthier

Once again the Kona community brought me to a place I would have never expected to ever go to. The Kona World Championship was held in Maspalomas, Gran Canaria, from November 2 to 7, 2012. Our Canadian team consisting of Brad Woodworth, Dominique Vallée, Jean-Sébastien Fugère and myself enjoyed each other's companionship. The temperature was around 25 degrees Celsius on a daily basis. The winds were very light and even the locals said that was not the norm. When we did get some wind it was a wonderful experience windsurfing in warm, turquoise color water with flying fish leading the way.

As for the races, once again a big Swedish contingent was present and very skillful. We managed to pull off 7 races in 6 days. A long distance race was scheduled on our last day but could not happen due to the lack of wind. Dominique did have a chance to show her true abilities in 2 races when the wind managed to peak to about 15 knots. Brad did a great job in all conditions. Jean-Sébastien held his own for someone who had never raced Kona. As for myself, I still cannot manage to find board speed and continue to avoid the crowds. Joachim said my speed is not fast because I do not ride the fin. I will try to figure that out and share it with everyone once I do.

The 2013 Kona Worlds are being held at Club Multivoile in Trois-Rivières, Québec, from June 28 to July 3. Due to the

fantastic job Dominique and her town are doing, we all have to attend and support this event. We may even outnumber the Swedes! Dominique has a few surprises for us all and has added her long distance race into the program. This will count in the overall standings. We all will have to train for this event if we want Canada to be up front. I hope you all stay in shape over the winter, think of attending the Calema Midwinters Feb 28 to March 3 and let's get together on the water in May. I am even looking at the possibility of a Kona training camp in Cocoa Beach with Dominique just prior to Midwinters.

Even though I was anticipating a repeat of 2010 Kona Worlds with high winds and warm water, it was still a great time. We all met new friends and have ideas for future worlds to be held in places like Lake Garda, Italy or Holland. We'll see where the Kona winds take us.





Andrée is in the middle, yellow sail on the left and a colourful start above.

Local windsurfer Brad Woodworth reflects on high-level competition in Canary Islands

Article published in The Dryden Observer, November 14, 2012

The Atlantic Ocean was not a calm happy place when Dryden's Brad Woodworth set off for the Kona One Windsurfing World Championships in Spain's Canary Islands.

In fact, if Woodworth's plane had spent five more minutes on the tarmac at New York's JFK airport, with Hurricane Sandy bearing down on the mainland, he might not have made it to his destination.

"Our flight left at 9:55 and they closed all the gates down at 10:00 o'clock," said Woodworth. "It was a bit of

a nailbiter just to get out of New York".

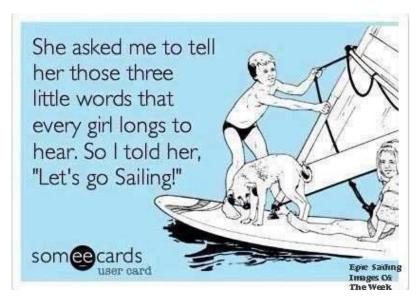
One shouldn't expect to endure such a close call completely unscathed. Woodworth's luggage would take another four days to arrive at his destination off the coast of Morocco — his windsurfing harness and outhaul system arriving just in time for race day.

Hoping for a top-ten finish, Woodworth had a promising few days as dwindling winds demanded technical perfection from a very skilled field of competitors.

"To finish in the top-three you can't make any mistakes," he said. The 'Kona' class of competition aims to create a level playing field for sailors by pairing them with specific sail sizes based on body weight. Standardized equipment is provided to the competitors. Woodworth adds that Kona Class racing involves a lot of strategy. Staying in the top-ten for a few days of racing as the event's top-Canadian, Woodworth says an unlucky turn of events, a pileup of downed sailors directly in his path, conspired to drop his final placing to 21st overall.

"After first few days I was sitting in 8th overall and fifth in my class, so I was pretty excited about my results. The next day I dropped to 14th, but we're allowed one throwaway race. The final day I was having great starts and rounding the windward mark with the top guys, then I got stuck in some fallen down traffic. There's nowhere to go. When it's windy you can watch 15 to 20 people sail right by you when that happens."

Woodworth plans to attend next year's Kona One World Championships, hosted this time in Canada — at Trois-Rivières, Québec. He says he relishes the chance to hang out with the international windsurf community in great places all over the world. "I got to see some familiar faces from Canada and hook up with old friends from all over," he said. "It's just the whole camaraderie of everyone on the water, the sunshine — it's all good".



CMWA SPRING REUNION - 25 YEARS

May 31 - June 2, 2013

By Stephanie Todd, CMWA Social/Women's Director

It is hard to believe that we have reached this milestone with the CMWA clinics. They all started at the YMCA in Orillia and moved to Jackson's Point on Lake Simcoe then finally to the current location at the Burgess Enclave in Port Bolster, thanks to the late Norm Burgess. We have been at this location ever since on Lake Simcoe hosting Spring Get-Togethers, Spring and Fall Women's clinics and the Fall Wrap-up.

Our organization is inviting all its past clinic participants and coaches to return to help us celebrate this event. We have secured the accommodations at the renovated Port Bolster Inn (Casey's) so that we can accommodate as many people as we can. In the Inn, there will be room for a total of 16 in the rooms and one cabin that will hold 7 people. Then the cottages at the Burgess' can accommodate up to 22 persons.

When we first started these clinics we had 30 or more participants. Then we developed the Women's clinics after taking over from the BWR. These events also had as many women attending. We opened the events to include youth about 5 years ago and have had numerous youth being coached by some of the best in racing.

Over the years we have had a myriad of coaches starting with Derek Wulff and Steve Jarrett. Then came the likes of Jens Knoff, Ian Brown, Geoff Mitchinson, Jeff Borgmeyer, Jeannie McMurtry, Gregg Burns, Kevin Stittle, Val Kritsch, Rick Collins, Stephanie Todd, Rob Cameron, Mike Hayes, Andrée Gauthier, Ian Matthews and Nick Cox. The mainstay support for the coaches throughout the years was Bob Shuttleworth. Without Bob's assistance, especially in the early days when we needed boat rescues, we would have lost a few of our participants to Beaverton!

So to celebrate this momentous occasion we are asking anyone who has attended the clinics, including our coaches and families, to come either for the entire weekend or for the Saturday celebration. Spread the word to those you know were here over 25 years ago. Bring your families!

ITINERARY:

- Friday Night Social food supplied by CMWA, tales of the past present and future.
- Saturday Breakfast at Casey's, meet & greet, sailing, coaching tips, potluck lunch, more sailing, potluck dinner and sharing tales, music so bring your instruments.
- Sunday- Breakfast at Casey's, sailing, potluck leftovers and wrap-up the day by 4 p.m.

COST:

- Weekend event with accommodations \$65 per person.
- Saturday Event only no accommodations \$25

- · Saturday event only with accommodations \$45
- · There will be discounts for families based on number of rooms required.
- Camping may be available on the property at \$20 per night.

Bring old photos, videos, windsurfing books or magazines to reminisce with old friends from the past and present. Guaranteed to be a great time!

For more information or to register, visit www.windsurf.ca Events tab or send me your registration at surfit@sympatico.ca.

RS:X Youth Worlds 2012, Penghu Island Taiwan

By Olivia Mew

On October 13th my father and I started our travels to Penghu Island, Taiwan. After three flights in two days we finally arrived. We were greeted at the airport by one of the event organizers. We settled into the Penghu Youth Activity Center where we would be spending the next two weeks. The following day we checked out Shili Beach, the event site. I knew it was going to be a tiring regatta as soon as I saw the daily windy conditions. A local told us that 25-30 knots was considered light wind for Penghu Island.

The next few days were spent as high wind training with my coach Dominique, a fellow Canadian windsurfer Jean-Sebastian, and the Hungarian team. After training in 35 knots I learned a lot about high wind sailing and how to manage the 8.5 rig in such demanding conditions. During one of the training days I had a bad wipeout downwind and smashed my face against the mast. Blood was everywhere! I was afraid of sharks attacking but thankfully they did not.

Along with training we did a bit of sight seeing. We visited the local aquarium, the Old Zhongyang St, the Shigong Temple, the Wanjun Well, the Magong City Temple, and the Four-Eyed Well. It was very interesting to see the typical Taiwanese culture and the city's history. We then got our Canadian flags to put on our chartered sails. It was very exciting to be part of such a big event. We were welcomed at the opening ceremonies with many traditional local performances. I felt honored to be representing Canada among all 17 countries competing.

The racing aspect of the event was extremely competitive. All the racers at the event were at such a high racing level compared to my usual North American racing. During the light wind days I thought my racing was comparable. Although the current was strong I was happy to be racing in my usual conditions. I finished about 21st in the light wind days. In the heavy wind days I was quite overwhelmed by the 20 plus knots of wind. I tried my best and finished all but one race where it was gusting to 30 knots. My main challenge was making the 50-minute time limit for each race. As result I finished with multiple DNF's. With the windy conditions also came lots of broken gear. I broke 3 battens, a part of the sail and board. My gear wasn't perfect but it was fine for my skill level in the competition.

At the event I met many windsurfers from all over the world. It was fascinating to see the different cultures of countries, how they train and the style of their coaching. As part of the race organization every country got a translator to help them with anything from carrying gear to getting lunch. Our translators name was Eva. She was a very nice girl about the same age as me. We welcomed her to have dinner with us twice. It was nice to be shown around by a local in such a foreign city.

On the last day team Hungary and Canada watched the medal race from our shared boat. We got to see the top competitors race up close. I was amazed most of them were still racing in the U17 age division. Later they had the closing ceremonies with a banquet downtown. There was lots of seafood and dancing among the youth.

Overall, my experience in Penghu was amazing. Although my results were not as good as I had hoped, the event gave me insight into the world of high level racing. I learned so much about high wind sailing and the Taiwanese culture. Penghu was a wonderful place to windsurf and meet new people. I plan to go to next year's Youth Worlds and hope to have better results. Regardless, the RS:X Youth Worlds was an amazing trip I will never forget it as my first international regatta. Thank you for your support!



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Webmaster	Suzanne Roberge, 613-225-4216	
Membership Director	Michael Keltz, 416-269-7534	

Roch Chiasson, 506-393-6171

Philippe Dormoy, 514-620-8124

Andrée Gauthier, 416-461-7078

Brad Woodworth, 807-216-6759

Toronto Windsurfing Club

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2013 Championships



Upcoming Events 2013

Mai 31-June 2 – **CMWA Spring Get-Together & 25**th **Anniversary Reunion**, Port Bolster, Ont., Stephanie Todd, <u>surfit@sympatico.ca</u> or 905-953-8331.

June 28-July 3 – Kona World Championship, Club Multivoile 4 Saisons, Trois-Rivières, Québec, Dominique Vallée, can370@hotmail.com or www.konaone.com/worlds2013.

August 2-5 – **CMWA Championships**, Toronto Windsurfing Club, Stephanie Todd, <u>surfit@sympatico.ca</u> or 905-953-8331.

August 23-25 – CORK, Kingston, Ontario, http://www.cork.org/events/cork-offshore-and-one-design/.

September 6-8 – **CMWA Fall Wrap-up**, Port Bolster, Ont., Stephanie Todd, <u>surfit@sympatico.ca</u> or 905-953-8331.

How to Reach Us

Voice: (416) 269-7534 Mike Keltz Website: www.windsurf.ca/contact/ Or contact any member of the Board. The next newsletter should be published in the spring 2013. We welcome all contributions. Please e-mail your articles and pertinent pictures to roberge811@sympatico.ca.



Beach at the Rondeau Provincial Park, site the CMWA championships in 2012.