



MASTERS MATTERS

Executive's Message

2014 has seen growth in all fleets - Kona, race-board and RSX. It is great to see CMWA members in Ontario and Québec working to help the youth advance and help others join the sport. The CMWA plans to continue these efforts in 2015 and support activities at the windsurfing clubs in Toronto, Ottawa and Trois-Rivières. 2015 will also be the year of the Pan Am Games in Toronto. Windsurfing will be part of the games and a number of our youth will be competing. In addition, CMWA members will be acting as volunteers. 2014 has seen more and more CMWA members connecting and travelling to windsurfing locations together. Cape Hatteras remains the most popular and well-known spot. However, as word gets out among the members, Cocoa Beach in Florida and Bonaire are increasingly on the radar screen. All in all, 2015 is shaping up as another good season for the CMWA.

The championships in 2015 will be held at the Britannia Yacht Club on August 1, 2 and 3, as organized by Suzanne and her helpers, whoever they may be! BYC is a great venue as everything happens on site. Camping is even allowed! The CMWA website is being kept up to date with events and we are still contemplating joining Windsurfing Canada on their new

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The CMWA Masters Matters newsletter is distributed freely to all members twice a year. Participation by readers is encouraged! Original and previously unpublished material is welcome and will become the property of CMWA for the sole purpose of consideration as contributed material for publication of the Newsletter and therefore will be subject to editing as required. Material will be returned at a convenient time so as not to incur additional costs. CMWA is not responsible for: ideas and attitudes expressed in articles submitted to the CMWA; previously published or copied material solicited as original; opinions published in the CMWA Newsletter which are deemed to be in the best interest of CMWA members and the windsurfing community.

website.

CMWA Spring Get-Together and Fall Wrap-Up dates are set for Port Bolster. It is always a fun weekend no matter what the weather is. So mark your calendars for June 5- 7, 2015 and September 11-13, 2015. For information contact Stephanie at surfit@sympatico.ca. Stephanie will also work with Suzanne to obtain sponsors for the CMWA Championships in Ottawa.



Happy sailors at the Fall Wrap-up!



Report from Fannie De Alcalá, recipient of the CMWA 2014 Youth Bursary

Résumé régates 2014 :

- Championnat d'Europe, Cesme, Turquie, 28 juin au 5 juillet
- ISAF World Youth, Tavira, Portugal, 12 au 19 juillet

J'ai pris l'avion le 22 juin pour l'Europe avec mon partenaire d'entraînement, Gabriel Verrier-Paquette et sa famille.

Notre première destination était la Turquie pour notre participation au Championnat d'Europe. Les deux premiers jours, nous avons visité Istanbul, une ville tout à fait époustouflante!

Ensuite, nous sommes partis pour Cesme, au sud d'Istanbul, où notre entraîneur, Dominique Vallée nous a rejoint. À Cesme nous avons attendu notre matériel loué qui rencontrait des problèmes à la douane. Une fois le matériel en main, les entraînements sur l'eau se sont faits dans des conditions difficiles de vent fort et de grosses vagues. Nous avons eu les mêmes conditions pour les cinq jours de course. Les bourrasques ont même atteint 35 nœuds, nous empêchant ainsi de sortir sur l'eau. Malgré tout, l'expérience a été des plus enrichissantes!

Le Championnat d'Europe terminé, nous sommes allés dans le sud de la Turquie avec Gabriel, sa famille et Dominique. Là-bas, nous nous sommes reposés et fait du funboard avant le départ pour le ISAF Youth World au Portugal.

À la suite d'une longue journée de voyage à travers tout plein d'aéroports, je suis finalement arrivée à Tavira au Sud du Portugal.

Le ISAF World Youth ont une dynamique différente des autres compétitions étant donné que tous les pays logent au même hôtel et tous les repas et les transports sont organisés par les organisateurs de l'événement. Les deux jours d'entraînements se sont déroulés dans du vent faible. La compétition a suivi dans les mêmes conditions. Quel contraste avec la Turquie !

À cause du manque de vent, les courses étaient retardées jusque tard dans l'après-midi et nous revenions à terre souvent au coucher du soleil. Ce fut un événement très difficile physiquement et mentalement, directement relié au vent faible et aux longues attentes.

Finalement, je suis très satisfaite de mes résultats, j'ai fini 14^e sur 21 femmes. J'ai appris sur mon point faible : les départs.

Je garde de ce mois intense de compétitions internationales une grande expérience qui marquera

pour toujours ma manière d'être!

I flew in mid-June for Europe with my training partner, Gabriel Verrier-Paquette. Our first destination was Turkey for the European championships. During the first two days of my arrival, I took the opportunity to visit Istanbul, a city quite breathtaking! Then I went to the competition site, a little south of Istanbul, where my coach, Dominique Vallée, joined us. In Cesme, we had to wait for the rented equipment that was having problems at customs. Once we had our equipment, the trainings on water began in strong winds and big waves. The same conditions remained for next five days of racing. Puffs even reached 35 knots during one day. The organisers prevented us from getting out on the water that day. The experience was very rewarding!

Then, when the European Championships were over, I went to the south of Turkey with my coach and Gabriel and his family. There, we were able to rest and do some funboard before leaving for Portugal for the ISAF Youth World.

Following a long day of traveling across a lot of airports, I finally arrived in Tavira in southern Portugal. The ISAF Youth Worlds have a dynamic a little bit different from the other competitions because all countries are sleeping at the same hotel and all meals and transportation are arranged by the organisers of the event. After two days of training with little wind, the competition began with the same type of wind. Because of the lack of wind, racing was delayed until late in the afternoon and we got back to shore very late. It was a very difficult event physically and mentally and that is directly related to a lack of wind and long waits. Overall I am very satisfied with my results, I finished 14th out of 21 women and I learned what was my weak point: starts. But mostly, it was a wonderful experience that I will never forget!



Kona One Design News



Kona North Americans, Kingston, Ontario, Canada August 15-18, 2014

By [Andrée Gauthier](#)

Before I delve into the details of this event I feel it necessary to thank a few special people who supported our first ever Kona North American's. Thanks go out to the race committee with Irene McNeill in the lead role. CORK did a wonderful job of ensuring everything ran smoothly. Most importantly, our 4 U.S racers who made the trip to represent the U.S part of North America. Thank you Nevin Sayre, Steve Gottlieb, Cody Steward and Michael Fox for joining the mostly Canadian fleet. It was so nice to have you guys there. I also must mention that our raceboard fleet supported this event by chartering Kona gear and joining the Kona class even if just temporarily. We had 7 raceboards sailors join in and helped our fleet go from potentially 14 up to a fleet of 21. Thank you to everyone.

For a North American championship our numbers were not as high as we expected. The competition was fierce and would have been more so if Steve had used his 9.8 sail instead of his 9.0. The typical Kingston wind and waves appeared on the first day of racing for a good start to the event. Irene McNeill was able to squeeze in 9 races in 3 days (the last day had no wind).

At this event, we added a "Silver" fleet. This fleet was intended for those who are less experienced in racing or who cannot do all races or 2 laps. I enjoyed watching our silver fleet battle it out. They had the opportunity of not going out in adverse conditions and only doing one lap. This allowed John Darling and Christopher Hope to participate in a championship. We also attracted a newcomer who just happened to show up on race morning to check things out. Don Graves had not raced in years and joined the silver fleet at the last minute. Our winner, Jack Feder, endured the Kingston wind and waves on the first day and took first place overall in the Silver fleet. Even though he probably should not have raced that first day, all agreed he deserved the result as he was a sight to see battling it out on his own with that choppy water being relentless.

Nevin Sayre once again was the overall winner. He sailed very well and was always so far ahead. Congratulations to Nevin.

Hope to see more people out at the Kona North American's in 2015 (place and date TBA). In order to help support race organizers, please register early and consider coming to these events. They are a great opportunity to meet people, learn new skills (thanks Nevin for the mini tactics lesson) and enjoy a race vacation in a new sailing spot.

Reports from the Kona Worlds, Islamorada, Florida October 31 to November 5, 2015

I am excited about this event. SO many people from different countries, so much wind and so much fun. It is understandable that professional windsurfers are familiar with this kind of environment as they travel and race a lot. But this is unique opportunity for people like me who enjoy windsurfing and would like to explore some other sides of this sport. Compete with high level windsurfers and learn from them and show off. Get this feeling that you are part of huge windsurfing community. Definitely, windsurfers are different from others. They are people who smile at the storm and get stronger when they fall. I am looking forward to another even like this. We all windsurf using different types boards and brands of equipment. There is a small gap in between people who do short boarding and long board, formula and slalom. But KONA is like universal language which everyone can speak, understand and comprehend. KONA joins people!

- Artem Lavrynenko

Toronto Windsurfing Club represented at the 2014 Kona Worlds in Islamorada, Florida

This year's Kona Worlds was another huge success. Since the adoption of ISAF and races being run by qualified race committees, the competition has become fierce, fair and fun. This year's event was organized by Michael Fox with the help of Steve Gottlieb. The Guy Harvey Islander Resort was such a beautiful spot. We had warm weather, water and the wind was with us every day.

Over 100 competitors were present from various countries. Of the 18 or so Canadians who attended 12 were from TWC. Bob Shuttleworth, Mike Tindall, Michael Keltz, Keith Whiston, Colin Campbell, Andrée Gauthier, Lauri Gregg and Stephanie Todd, Jeff Martin, Rob Mew, Chris Hope, Artem Lavrynenko were the TWC members who made the trip down by plane and some by car.

Even though the level of competition was high, Kona still supports the recreational competitor. TWC members experienced what it is like to race in a large fleet and having qualifications. Six races were held in order to divide the fleet into Gold and Silver. It was great to see those in Silver fleet still being able to be competitive amongst each other rather than being drowned out by the large fleet. Stephanie and Artem were racing with a new goal. Artem came in first overall

Canadian in the Silver fleet. For full results, visit the Kona website at <http://class.konaone.com/Event/210/2014-kona-world-championships>.

- Andrée Gauthier

The Kona Worlds at Islamorada gave me a reason to make my first trip to Florida and the Florida Keys. It was worth the price of admission! Islamorada and the Islander Resort is simply a spot very close to paradise for a windsurfer and anyone else who loves palm trees, white sand, warm wind and warm water. Mike Fox, Irene and the race committee, and all the volunteers on boats out on the water deserve many thanks and congratulations for holding a tremendous event. The Islander Resort was a perfect host providing an excellent venue, as well as terrific food and ambience. True to the Kona tradition the event provided opportunities for every participant to enjoy the racing or just spend time on the beach enjoying the warm sun. Some of us even went down to Key West to visit Jimmy Buffet. Unfortunately he wasn't home but we did find a great Cuban restaurant thanks to Mike. My biggest thrill was going almost as fast on a Kona as I've gone on a short board, and actually surviving to finish the race. There's no doubt in my mind that the Kona provides the most fun I've ever had on a long board. If the Kona Worlds ever return to Islamorada, I'll be there.

- Lauri Gregg



Islamorada, FL was the perfect site for the Kona worlds. The race committee set excellent courses and the winds though either light or nuclear provided us with an exciting event. I for one will never forget the last race in 30+ winds. It taught me the joy of sailing the Kona. The food was beyond anything served at any other event. Another highlight was the trip organized by Michael Fox to Key West. We would have never made that trip otherwise and the sunset was not a disappointment nor were the buskers on the boardwalk. We met many old friends of windsurfing and some new ones as well. Kona is growing! "Get on Board!"

- Stephanie Todd

And a Kona poem by Denis Dagenais!

Kona eu du gros vent
 Kona des bons amis en Kona
 Kona fait de nouveaux amis
 Kona eu de la bonne bouffe
 Kona a bien travaillé fort sur l'eau
 Kona eu du bon soleil
 Kona eu la bonne idée de s'inscrire à cette compétition
 Kona a hâte de savoir où seront les prochains worlds
 Kona c'est : one board, one sail, one unique sporting life
 Kona Mondial à Islamorada c'était un succès!!!



Denis Dagenais doing one of his winning moves in the freestyle competition at the Kona Worlds!



CMWA Fall Wrap-up 2014

By Stephanie Todd

What was different about this fall wrap-up than any other? Well first off, my van broke down in Pefferlaw but CAA took care of me and got all our food for the social and the lunches and our windsurfing equipment to Port Bolster. Thanks to all those who were there for the record time of getting everything out of the van for us. We had a record number of people attend and finally, despite the rain in the morning we had sunshine and fantastic winds on Saturday. So there were plenty of smiling faces at the potluck dinner that night.

But let's back up to Friday, there was a light wind on Friday for the early arrivals but most opted to SUP before the dinner on Friday. I had help from my Sous Chefs, Bob, Nick and Steve in the kitchen prepping the BC smoked salmon and the crackers and cheese along with the nachos and Joanna's home made dip and finally with the homemade pizza's. We were all pretty stuffed by the time we hit the beds.

Casey's wasn't open the next morning until 9:30 so the breakfast crew headed to the Golf Course. The rain stopped and the wind filled in so despite the chilly temperatures, we all got out sailing. Sure wished I had kept my small stuff at the cottage as I could have used a 120L with a smaller sail but the Kona was fun to test in the waves and shore break. There were a few who opted not to brave the cold. As Denise Large put it "At 10 degrees Celsius, I draw the line!" Joyce also watched from shore while Natalya, took pictures with my Nikon thinking it was theirs, so yeah I finally got a couple of pictures of me on the water!! After warm showers it was time for drinks and more food! Then gifts for everyone from our sponsors, Silent Sports, Neil Pryde, Jibe City, Board Sports.

Sunday brought no wind, so the packing began early. The slide show for Bonaire attracted some attention from some of our new participants. Hope to convince them to come and stay at Lac Bay Villa one of our sponsors as well as renting from Bonaire Windsurf Place or Jibe City. Most stayed for lunch and helped clean up the cottages before they left. Big thanks to everyone! Last to leave was Joey, Nick, Bob & myself. It was another successful weekend.

Next year's dates have been set so mark them in your calendar as I am sure that many will be booking early again for the events. Have a fantastic winter!

June 5-7, 2015

September 11-13, 2015

2014-2015 Executive Committee

Lauri Gregg, 905-953-8302

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Stephanie Todd, 905-953-8302

Robert Mew, 416-465-1307

Artem Lavrynenko,

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|--------------------|---|
| 2015 Championships | Britannia Yacht Club, Ottawa, ON Suzanne Roberge roberge811@sympatico.ca |
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**** SPONSORS ****



Silent Sports



Cherry Street Restaurant

Mae Productions Inc

Toronto Windsurfing Club

Bonaire Windsurf Place

Jibe City

Lac Bay Villa

Upcoming Events 2015

March 5-8 – Calema Midwinters and Kona North Americans, Merritt Island, Florida,
www.calema.com/calema-midwinters

June 5-7 – **CMWA Spring Get-Together**, Port Bolster, Ont., Stephanie Todd,
surfit@sympatico.ca or 905-953-8331. Registration form – www.windsurf.ca/events

July 31 - August 3 – **CMWA Championships**, Britannia Yacht Club, Suzanne Roberge,
roberge811@sympatico.ca or 613-225-4216.

August 8-9 (tentative) – National Capital Regatta, Britannia Yacht Club, Ottawa, Suzanne Roberge, roberge811@sympatico.ca or www.byc.ca.

September 2-6 – Kona Worlds 2015, The Netherlands, www.konawindsurfworlds.com

September 11-13 – **CMWA Fall Wrap-up**, Port Bolster, Ont., Stephanie Todd,
surfit@sympatico.ca or 905-953-8331. Registration form – www.windsurf.ca/events

How to Reach Us

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Website: www.windsurf.ca/contact/

Or contact any member of the Board.

The next newsletter should be published in the spring 2015. We welcome all contributions. Please e-mail your articles and pertinent pictures to roberge811@sympatico.ca.