

MASTERS MATTERS

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President's Message

It's official... we are going back to Trois-Rivières, Québec, August 4 to 6, 2018 for our annual championship! This is a super spot. Some accommodation is available on site including camping and not far away is the Auberge du Lac St-Pierre which is right on the water and only a short drive away. Dominique Vallée really knows how to run events so it should be an awesome event. Irene McNeill is booked for the race committee chair so we know it will be well run. At the time of writing we have just found out there is a Grand Prix in the area at the same time so hotels are going to be hard to find and expensive. The Auberge has 29 rooms available but they are expensive. So more later in the New Year on windsurf.ca.

Stephanie continues to do a brilliant job with Port Bolster at such a low cost too.

Nick organized a super event at Deep River. We had good wind for this event and had two new masters attend which was excellent. The location is so perfect with the Yacht Club at our disposal for meals and meetings, etc. and of course, the hotels were close too.

We had a great turn out at the Kona North American championships at Clearwater in October with five masters attending out of 50 competitors. Good results for us in low wind one day and high wind the second day. Artem provides more detail below.

I hope you all had a great Christmas and New Year and will manage some windsurfing in the winter and maybe skiing, etc.

CMWA Championships 2017 - A Return to Deep River

By Nick Cox

This year the CMWA Championships were held from August 4th to 7th at the Deep River Yacht and Tennis Club. Perhaps the most telling comment by a competitor at the event was "and the reason we're coming up here only once every 10 years is what"? This describes perfectly how many competitors felt about sailing on the Ottawa River with the beautiful backdrop of the Laurentian Hills. Our races were run by the very capable Anne Sanderson with the help of the expert river knowledge of Bob and Lucille Legault in their sailboat. The winds on the Saturday were SW which is not the best direction there, since they were gusty and shifty. However the wind speed was in the 10-12 knot range. Anne made a great heads-up call over lunch on Saturday to not race in the afternoon since the wind was forecast to drop and shift more to the south. This was fortuitous since a cold front came though Saturday evening and the wind direction shifted to the NW and the speed increased to 15-20 knots. My worry when I saw this was that it would blow itself out overnight and that there would be nothing left to race in on Sunday. John Wills, the DRYTC sailing director came up to me on Saturday afternoon as I was looking out at the windy river and said incredulously..."Nick, I just don't know how you do it?" Do what I replied? "Well, John said, when you windsurfers were here 10 years ago there was no wind forecast for that weekend and yet you got wind. This year you're all back and you're getting wind again." I just looked at him, smiled, shrugged my shoulders and said "I know, that's kind of cool isn't it."

As most of the competitors were from Southern Ontario they got to experience a true Eastern Ontario cold front since the air temperature Sunday morning was in single digits. Initially, while the wind seemed to have died out overnight as the day warmed up the wind picked up too so that by the time everyone was down at the Yacht Club and ready to race, it was blowing 15 – 18kts. This made for some challenging racing and kudos go out to our silver fleet competitors: Ruth Marland and Kim Noble who persevered despite never having sailed (let alone raced) in such conditions. Anne made another heads-up decision at lunch to run the long distance race Saturday afternoon since by then we had completed five course races and the forecast for Monday was for no wind. With Bob Legault's help in planning a suitable course, the long distance race had lots of long legs that covered the entire river and were very tactical in the changing wind conditions. At the end of the long distance race, the wind was again blowing 15-18kts which made it challenging to get people off the water in time for the evening meal since people just wanted to do screaming reaches across the river and back, time and time again.

Our meals were supplied by Carolyn Arnold of Maven Catering and were absolutely amazing and everyone raved about the variety and how good everything tasted. John Hilborn, who

brought windsurfing into Canada over 40 years ago, regaled us with a video on how windsurfing began in Deep River and it's connection with skate sailing that was popular in the winter on the river and local lakes.

My thanks go out to all who helped make this event and at the risk of forgetting someone, I'll not publish a list of names, but in particular I would like to thank the Deep River Yacht and Tennis Club, the Town of Deep River and Maven Catering without whom the championships wouldn't have been possible.

A few action pictures!



From top to bottom clockwise: Éric Bouillet, Denis Dagenais, Andrée Gauthier, Keith Whiston and our two newbies, Kim Nobel and Ruth Marland.



Fall Wrap-Up

By Stephanie Todd

We had a full house of participants, 17 in all in Port Bolster at the Burgess Enclave. Welcome back to many of our participants especially Reet Mae, Louise Hayes and Iris Sage.

Friday was a beautiful day with wind, so many of us got out for a sail on short and long boards. Friday social was full of lots of laughter, music provided by Lauri and Artem and stories. People planning trips to Bonaire, Hatteras and other destinations. So good to see our members taking advantage of our Bonaire sponsors at Jibe City and Bonaire Windsurf Place. The night was not too late as we are all definitely getting older so many were off to bed early.

Many of us had a great breakfast at Casey's at the Port Bolster Inn on Saturday. The winds were just as good and everyone got out sailing on whatever equipment they had. So much fun! The sun was shining so we couldn't ask for much more! Saturday potluck dinner was amazing as usual. For those of you who have not experienced the Fall or Spring events, we all feel for you. Join us next year!! After dinner, the Social Director, Stephanie, pulled names from a basket to give away the remainder of the sponsors donations for the participants. They all appreciate the support we get from our sponsors, Silent Sport/Neil Pryde, Boardsports, Jibe City and Bonaire Windsurf Place.

Sunday started at Casey's with a great breakfast and watching the leaves not moving! It was so amazing to all just be together. The winds didn't really appear so there was lots of paddle boarding or light wind sailing by some and hanging out on the dock in the sun. Lunch was the left overs from Saturday night which are always better the second day it seems!

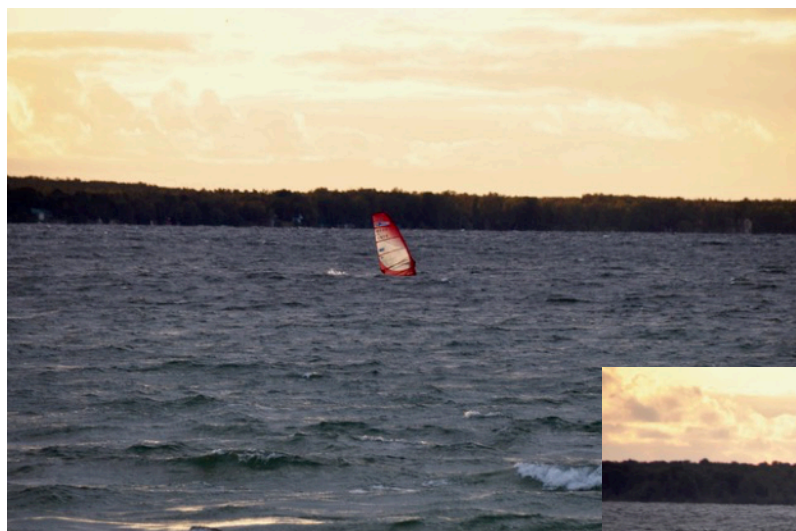
Thanks to Joyce, Nick and Bob for helping me finish up the cleaning and closing of the cottages. As usual we finished the weekend off with beers on the Executive Cottage deck before heading home.

Looking forward to next year we hope. The cottages won't be sold but they are looking at renovating the boat house and the white cottage. So if you plan to attend then be prepared to register early if you want to stay on site. Port Bolster Inn will be our backup for the overflow.

Dates we have secured are:

Spring Get-Together	June, 8-10, 2018
Fall Wrap-Up	September 7-9, 2018

Looking forward to seeing you all in 2018. Have a fantastic winter doing what you all do best - enjoying life to the fullest!



From top to bottom: Bob Shuttleworth, unknown female, Nick Cox paddleboarding, Iris Sage practising.



Artem at the Kona North Americans in Clearwater, Florida

By Artem Lavrynenko

The Clearwater Community Sailing Center was the host of the Kona Gulf Coast Championships on October 28-29. It was a great event as every Kona event is. There is no secret any more. Every Kona event is successful because it unites different people with one passion - windsurfing. Kona breaks the border between different windsurfing classes, makes every level of competency feel very comfortable and welcome.

The weekend offered great weather and different wind conditions and Clearwater offered a safe area to windsurf and many places for accommodation with a very broad price range to fit every budget.

Our Canadian team was represented by five sailors who demonstrated a strong level of competition. Bob Shuttleworth came 7th overall and 1st in the 9.0 fleet. I was 20th overall and 3rd in the 9.0 fleet. Andrée Gauthier came 15th overall and 3rd in the 7.8 fleet. Simon Rickard came 17th overall and 6th in the 8.2 fleet. Chris Hope did very well for his age. He managed not to quit and complete an entire course.

With a total of 50 participants, the Canadian team showed very good results. We need more windsurfers to come to the Kona Worlds next year to represent Canada in Clearwater again. This was my third event of that level and I am always looking forward to the next one as it is always unforgettable. Also my family is very happy to join me every time I go for a Kona Championship. It has become our family vacation where everyone finds things to do by themselves or together.

Four of the five Canucks in Clearwater
(it was Halloween!): Andrée Gauthier,
Bob Shuttleworth, Simon Rickard and
Artem Lavrynenko.



Sponsorships 2017

The CMWA did not receive any applications for its youth bursary for the year 2016-2017. However, we did receive a request for sponsorship to help defray the cost of registration for the Ontario windsurfers going to CORK. The Board of Directors approved the request. Three athletes benefited from this and below are the summary of their experience at CORK.

Report from Timothy Walker

I thank you for your sponsorship of the Ontario Windsurfing Team's CORK registration costs. This was my third year attending CORK but my first as part of the Ontario Team. I had a great event overall, not necessarily with the best results but it was certainly a valuable experience.

The first day was mostly marginal conditions where I feel like I raced well against the tough competition I was faced with. I finished very close behind despite being third of the three 9.5 RS:Xs in both races.

The second day was windy and built as the day went on. The first race I completed, in third once again, with winds hovering around 14-15 knots. After the first race I noticed one of the youth racers, whom I work with as an instructor at TWC's kids camp, was struggling with her 7.8 Bic sail. We brought 6.8 Bic sails to size down should the occasion arise, so we went in together to size down and head back out. When we headed back out the wind was hovering around 18 knots so the two of us decided to opt out of racing to work on planing in the wind as she had never planed in the foot straps prior to then. We managed to get quite a few rips in in both straps before the wind really started to blow, getting up to around 20-22 knots. By then racing had finished, though we were unaware being far downwind, and we started to head in as it was getting a little hard to turn around in the waves between rips. We made it in successfully without any need of rescue and she was happier than I have ever seen her as she realized what we had just accomplished. It was awesome to see and was probably the most rewarding experiences I've had as a windsurf instructor.

The third day was very similar to the second day with regards to wind. I raced the first race and came 3rd once again but the second race I simply retired from after one lap. Since it was getting very windy I decided to retire to go check on the youth sailor again. The race I retired from was the last race so I worked on downwind planing with her until we made it back to the yacht club, once again with no rescue.

In all, I feel that despite not racing in every race the event was a success. It was overall a great combination of racing experience and valuable teaching experience with the up-and-

coming youth racers. Thank you once again for your generosity and I hope this synopsis was a satisfying summary.

Report from Owen Sewell

Thanks so much for the sponsorship, the racing was great. First day was lighter with railing conditions and marginal planing on the downwind. The racing was very physical and close between myself, Anthony and Tyler being all tied after the first day. The second day was great. We had a clean 17 knots with gust peaking at 23 knots - fun conditions to race in. I did not do as well in planing conditions. I need to work on my upwind angle on the fin but my downwinds were good. Third day we had the same conditions as the first day race one but then it picked up for more high wind fun for race 2 and 3. Again my planing angle needed work as well as my time on distance for the starts. Again thanks so much.

Report from Tyler Mckay

A solid three days of wind often 10-15 knots or 15-20 knots gave us great conditions for races. The higher wind conditions gave us a change from the often light to no wind found at Cherry Beach. The first day we only fit two races in but it was still enough to show me what I had missed out in training. It showed me that I need to always be focused on wind shifts and where the pressure is. On the second day, I didn't place as well as I had hoped to. The stronger winds definitely had me struggling slightly. Luckily I was able to get time on the water after racing to figure out both higher wind techniques and equipment settings. On the final day of racing I was more prepared for the winds and felt comfortable in them. I'm happy with how I raced even though I didn't place well. I had made a couple bad decisions such as trying to go on the fin upwind for one of the races causing me to lose somewhat of a lead I had created but I felt more confident than I had the previous days. Overall it was a good experience and reminder for me to take advantage of higher wind training days when they come along. Hopefully with the fall winds coming in I will have more opportunity to train.

Bonaire

By Mike Tindall, President

I spent five weeks in Bonaire (late November early December). Now that we have had several articles on Bonaire, I will keep this short.

Windsurfing in Bonaire:

There are two places to rent from, Bonaire Windsurf Place and Jibe City. Bonaire Windsurf Place, one of our sponsors, gives us a discount. Stephanie will follow-up next spring on her next visit with Jibe City. Both supply good gear. We rented from both. Simon said Jibe has slightly better choices of gear. Tony also liked it. Windsurf Place is slightly less expensive and includes insurance. Stephanie rents there. The restaurant at Jibe has great food and is more fun. The loungers are free if you buy food. Bonaire Windsurf Place charges for chairs, \$5 for the day. It is crowded on cruise ship days (most weekdays).

The windsurfing at Bonaire as we have said before is probably the best in the world for short boards without foils (too shallow though some do sail them in the deeper water).

We went in November which is a light wind month yet got good wind for four of the five weeks. You can sail on light days (10 knots) as both rental places have long boards (you have to ask for these). Our last week was the first week in December and we had almost 20 knots each day with a peak of 30 one day. The other nice thing is the air and water temp are 30C year round. Lac Bay is about 3 km long and 1 km wide and most of it is 3 to 4 feet deep which makes beach/water starting easy. Even I got ok at it! You always feel safe as you can walk back. I would go on big sails and small boards which I would never do at the TWC because I could always get back up or walk back. Better sailors, like Simon, would go out into the deeper bay Lac Cai) for longer runs. It is still protected by the reef so low waves.

I would say this is a must for your bucket list. Jane does not sail but still enjoyed it. We had five weeks and found a nice condo on the east side near the airport. We could swim, snorkel or dive right from the condo which was great and ideal for low wind days. Simon did his Padi pool training in Toronto and completed his Open Water diving in Bonaire. This allowed us to dive together which was really fun. We did both shore dives and boat dives. It is cheaper to do shore dives but it can be challenging to get in the water over rocks, etc. Boat dives are easy and guided which is fun. You fall in and have a nice ladder to climb back in.

Snorkelling is good too, so Jane would often go while I was windsurfing. It is a real luxury not to rig so I would often just go for an hour. Pick my gear and go and of course change the gear if conditions changed. As the shop is right on the water this would only take 5 minutes.

Eating out in Bonaire is good too! Quite often the restaurants had entertainment one night a week for free. So try and pick those places. For shopping try to miss the cruise ship days as it is quite busy. But more is open (markets, etc.) You can see when the cruise ships are in as they are taller than any buildings! There is a schedule but it is not always up to date or accurate!! Weekends are good as the ships are picking up elsewhere. Feel free to contact me for more details or better still contact Stephanie who has been going for years. You can stay at Sorobon next door to Jibe City if you are primarily sailing but if your partner is not, I would say look for somewhere nearer the town of Kralendijk as it is only about 15 min drive from Lac Bay. The east coast is sheltered as the prevailing wind is from the east so the west is calmer. i.e. on a 20 knots day you can snorkel on the west side and have ok conditions. Women seem to like Bonaire to windsurf and almost 40% of the sailors are women. As you know in Canada it is about 20% or less? The conditions are wonderful though.

Chris Hope joined us for the first week and had 2 dives and one windsurf each day. Just call him Iron Man!

Bonaire has a number (think thousands!) of pink flamingos which are lovely to see. It also has about 400 donkeys free on the island so watch out when driving. They have donkey sanctuary with 700 donkeys definitely worth visit.



Mike and Simon enjoying a dive!

Simon screaming across Lac Bay.



D2 News

By Éric Bouillet

D2 continue its lengthy recovery in 2017 with more events again this year, in particular:

- 2017 European D2 in Balaton, Hungary
- International D2 Cup, Mar Menor, Spain
- Piranja, Solvenia,
- Ahus, Sweden...in addition to all other usual regattas.

Two types of D2 are now occupying the scene, mainly type A or "classic" D2s using typical triangular sails, 6.5 m² max surface, this class still having a lot of fans... and Type C, or boards of lower weight using modern rigs, full battened sails up to 9.5 m², longer fins, etc.

More remarkably, in the wake of these type C boards, we are now observing the apparition of new type of boards, kind of hybrids between D2 and raceboards, using more flats at the rear to favor planning while still having rounded hull to allow going rails upwind. A sign of increased interest for the Class and of good recovery.

Namely a couple of boards have already been built.

Kundaka D2 (Spain)



Davidson (Sweden)



USA prototype



Gemma (France)



Much easier, pleasant to sail and doing better than Classic D2s, these new boards are the future of the Class and compete easily against raceboards.

We should see more of them again in 2018.

In parallel, 2017 is the year where D2s have implemented Match Racing as part of their official racing program. Few races did take place already in Greece and are about to spread into the entire program.

2018 is tomorrow and competition program has been published already on Facebook, website and IWA page.

Next Europeans will take place in the amazingly beautiful city of Piran, Slovenia. The very popular windsurfing marathon in Chiemsee, Germany will host us, while D2 will be also in Kalitz, Poland, Mar Menor, Spain.

The Dutch are aligning to organize an Event near Amsterdam...

Much closer to us, D2 will be part of the 2018 US National Windsurfing Festival in April, in Yorktown, VA, where, we hope, North American D2 sailors will be able to regroup to offer a podium and make the headlines of the year.

Good winds and Happy 2018 D2 year :)

2017-2018 Board of Directors

President – Mike Tindall
Vice-President – Nick Cox
Treasurer – Michael Keltz
Membership – Artem Lavrynenko
Secretary – Suzanne Roberge
Social Director – Stephanie Todd
Website & Newsletter – Suzanne Roberge
Ontario Director – Bob Shuttleworth
Quebec Director – Éric Bouillet
Past President – Lauri Gregg

2018 Championship
Suzanne Roberge & Éric Bouillet in collaboration with Dominique Vallée

Upcoming Events 2018

March 9-11 – 2018 Clearwater Midwinters, Clearwater, Florida.
<http://www.clearwatercommunitysailing.org/>

April 25-29 – US National Windsurfing Festival, Yorktown, Virginia.
<http://2018nationals.uswindsurfing.org/>

June 8-10 – **CMWA Spring Get-Together**, Port Bolster, Ont., Stephanie Todd, surfit@sympatico.ca.
Registration form (to come) – www.windsurf.ca/events

July 14-15 – National Capital Regatta, Britannia Yacht Club, Ottawa, Suzanne Roberge,
roberge811@sympatico.ca or www.byc.ca.

August 3, 4, 5 & 6 – **CMWA Championship**, Trois-Rivières, Québec, Suzanne Roberge
roberge811@sympatico.ca.

September 7-9 – **CMWA Fall Windsurfing Weekend**, Port Bolster, Ont., Stephanie Todd,
surfit@sympatico.ca. Registration form (to come) – www.windsurf.ca/events

October 26-31 – Kona World Championships, Clearwater, Florida. <http://class.konaone.com/Event/2536/2018-kona-worlds>

The next newsletter should be published in the Spring 2018. We welcome all contributions. Please e-mail your articles and pertinent pictures to roberge811@sympatico.ca.

*Happy
New Year
-2018-*

Sponsors



**Mae Productions Inc.
Bonaire Windsurf Place
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