



MASTERS MATTERS

Executive's Message

The CMWA 2014 season has already begun with a very successful clinic/get-together at Port Bolster. The CMWA Executive Committee has been working hard over the winter to organize a fun summer of sailing for CMWA members. Preparations for the 2014 CMWA Championships at the Toronto Windsurfing Club in August are well underway. Sponsors have been contacted, restaurants have been reserved and the Toronto Windsurfing Club is engaged in supporting the event. A key objective this year is the introduction of fun sailing activities for non-racers of all levels. In order to be prepared for next year, Ottawa's Britannia yacht Club has already agreed to host the event in 2015. Kona sailors are guaranteed an exciting summer and fall with two major Kona championships to be held in North America. All in all, it looks like it will be a great year for windsurfers of all levels.

A tentative schedule for the 2016 and 2017 CMWA Championships is as follows:

July 30-August 1, 2016 - Deep River Yacht Club, ON

August 5-7, 2017 - Club Multi-Voile - Trois-Rivières, PQ

IN THIS ISSUE

Executive's Message	1
Masters at Calema Midwinters	2
Kona One Design News	4
Spring Get-Together	6
Bonaire 2014	7
Sponsors	9
Executive Committee	9
Upcoming Events 2014	10

The CMWA Masters Matters newsletter is distributed freely to all members twice a year. Participation by readers is encouraged! Original and previously unpublished material is welcome and will become the property of CMWA for the sole purpose of consideration as contributed material for publication of the Newsletter and therefore will be subject to editing as required. Material will be returned at a convenient time so as not to incur additional costs. CMWA is not responsible for: ideas and attitudes expressed in articles submitted to the CMWA; previously published or copied material solicited as original; opinions published in the CMWA Newsletter which are deemed to be in the best interest of CMWA members and the windsurfing community.

Canadian Masters show well at the 2014 Calema Midwinters

By John Darling

Of the 14 Canadians competing in this year's windy event, 8 Masters enjoyed the light morning winds and heavy afternoon winds all three days of racing, punctuated by a welcome night big snack and beer, delicious lunches and spreads, and the traditional fine hotel banquet on Saturday night.

This year, the Race Committee accelerated the pace of racing, with 12 races for all: 8 Raceboards first, then the 27-racer strong KONA fleet close on their heels -- 22 Masters in the very competitive fleet! -- followed by 7 RS:Xs and 6 Sport racers (total 67, many youth being absent this year racing in Mexico).

Day 1 had 5-8 knots out of the north in the morning for the first two races and 15-20 knots in the afternoon for two more; Day 2 had similar light wind in the morning for two more races, and wind gusting to 23 knots in the afternoon (same course). Day 3 was more of the same -- two final light wind races in the morning and windier in the afternoon (12th race for the KONA masters and the RS:Xs and youth, Raceboards and 8th for the Sport beginners fleet.) A great workout!!

The standout Master was our very own Andr e Gauthier (score 60, and 6th overall and first KONA Canadian!!, Suzanne Roberge the only other woman -- for shame, you KONA women!) Next Canadian was Bob Shuttleworth 7th overall, followed by a close pack: Rob Mew 9th, with TWC president Jeff Martin turning in a very good result in 10th overall and Denis Dagenais in 11th.

"In a class by themselves" were four Grandmasters 65 and older (3 in their 70s) in which the youngest 68-year old Floridian stole the show, followed by John Darling 2nd and Chris Hope 4th (they largely enjoyed the show from shore in the gustier afternoons).

Two Toronto youth sailed KONA as their peers were absent in Mexico this year -- Owen Sewell 1st and Tim Walker 2nd. In the strong RS:X fleet, Jean-S bastien Fug re was 1st man, Olivia Mew finished 2nd in women's, and in the Youth RS:X, Roy Itznaki won 2nd place with Zane Feder in his first RS:X race showing well in 3rd.

There were also 15 Formulas competing and able to race each afternoon, for 6 races in winds which gave the RS:X fleet full planing conditions every day, as well.

Preceding the Midwinters, an excellent clinic was held by Dominique Vall e at the Banana River Resort, the Canadians' hangout just south of Cocoa Beach and the iconic RonJon Surf Palace. It

featured two hard days of board handling skills drills and practice racing, whipping the Canadian Masters suffering from a long winter case of cabin fever, into shape for the stiff competition provided by American veterans like Nevin Sayre, Dave Stanger, Steve Gottlieb, Kevin Gratton, etc., not to mention KONA founder and guru Joachim Larsson (sadly the only Swede).

A very challenging series of races, with amazing good vibes and sportsmanship along with excellent Race Committee -- an event that all Masters can hugely benefit from, again in 2015! Make it a date – carpools are available to transport bodies and gear, fine accommodation and pre-event clinics -- also at Calema -- make it the perfect winter getaway!



The “Konadian”
Team in Calema



Denis doing his winning moves, Olivia Mew returning to the beach and the two lone women winners, Andrée and Suzanne.

Kona One Design News



Kona North Americans, Kingston, Ontario, Canada August 15-18, 2014

The date is fast approaching. Did you register, book your charter, book your lodging? Now is the time!

This is a three-day event – Saturday, Sunday and Monday. Early bird registration fee is \$185 plus HST **before July 31st**. You can register online at www.cork.org, and find Kona North American Championship under the Events tab. Or print and mail the form that is part of the Notice of Race.

A limited number of pieces of boards/rigs are available for charter but early bookings are **necessary**. The charter fee is \$150 CAD (\$75 CAD for boards and \$75 CAD for rigs; extra sail \$50). The charter fee will increase by \$50 after July 4, 2014. Subsequent to the regatta, the charter boards/rigs may be purchased. Contact sailaero@aol.com to book your equipment.

A group dinner is being organized for Sunday, August 17, at 7 p.m. at the Kingston Yacht Club. The price of that dinner is included in your registration fee.

The event will offer a Gold and a Silver fleet. The Silver fleet will do only one lap and a democratic vote will be taken on weather to race if the wind and the overall conditions are too much for the participants of the Silver fleet.

Affordable lodging can be obtained in the Kingston Residence of the St. Lawrence College. Please mention Kona North American when making your reservation as a block of rooms has been reserved. Information and reservations at reservations@sl.on.ca.

We have it on good authority that Nevin Sayre will be participating. Feel like a challenge? Who will beat Nevin?

The Notice of Race and the form to reserve lodging at the college are available on the Kona and Canadian Masters Windsurfing Association websites at the following links:

<http://class.konaone.com/Event/207/kona-north-american-championship>

When visiting this page, please add your name to the list if you are participating. This is good to see who your competition will be and helps us to upload results after the event.

<http://windsurf.ca/events/>

Other Kona races in Ontario this summer:

July 12, Toronto Windsurfing Club

August 1-4, CMWA Championship

August 9-10, National Capital Regatta, Ottawa

August 16-17-18, Kona North Americans, Kingston

September 20, Toronto Windsurfing Club

Kona One World Championship

The 2014 Kona One World Championship will be in the USA on Islamorada, Florida!

October 31 - November 1

More information can be found here - <http://class.konaone.com/Event/210/2014-kona-world-championships> and registration here - <http://konusa.org/islamorada/>



CMWA Spring Get-Together 2014

By Michael Keltz

The clinic was held May 30 - June 1 at the Burgess Enclave on Lake Simcoe and we were lucky enough to have hot beautiful sunny days with enough wind to sail and even plane at times. Early mornings were great to get out and do some stand up paddling before the wind filled in. I even had a little snooze on my board Sunday morning and woke up under someone's dock. The regulars were all in attendance along with a couple of new members returning for the second time; Steve from Ottawa and Maja from Keswick. Our regular Social Director Stephanie Todd was in Bonaire with Lauri this year, and though missed, Jamie Keltz did a stand up job organizing the event and making sure we were all fed. We had pulled pork sandwiches for lunch Saturday and lots of great salads. The potluck dinner was more than any of us could eat in one sitting so lunch Sunday was all taken care of with leftovers as was the plan. Another great time was had by all! Looking forward to the fall event, September 12 to 14, and some new recruits.



Bonaire 2014

By Stephanie Todd

I know many of you live through our trip vicariously on Facebook, what you probably don't know is this was our 8th trip to the Dutch Antilles in the Caribbean. We have become seasoned travellers having flown from Toronto to Newark NJ numerous times, one time through Houston (that was more than enough with the time change) and now we fly via Atlanta and stay over night so there is no rush to make connections. We know that there is a Westjet flight on their vacations to Aruba and then you could catch a flight from there via Curacao. In the end, we prefer the easiest and most relaxing route.

So what was different about this year? First off, we decided last year we would start testing our retirement and do a month on the island. Second, we opted to change our arrival dates and move them farther into May and finishing in June to guarantee wind. Funny part was the two weeks prior to departure were just as windy as the time we were there! (The windsurfing Gods must have been laughing at us!) Thirdly, we invited our son and his wife to join us for the first 2 weeks as a part of their wedding gift. And finally we had the owners, Trevor and Carole, join us at the tail end of our adventure. They brought their son, Nic, as he had gotten a wild card into the PWA Freestyle event.

It was likely the busiest holiday we ever had with social engagements and daily sailing in anything from 17-30 knot winds. The locals were saying that this was what it was like year round 30 years ago and they feel it is going to stay. We have a tendency to agree as it is still blowing over 20 kts!

What was the highlight of our time in Bonaire...there were many! Seeing our son, Wes, take up windsurfing after a 16 year hiatus and be ripping on a 120 RRD in the footstraps and harness in 26-30 kts of wind and doing fast tacks since he was not comfortable doing jibes! Next time Wes! Amber who had never windsurfed was doing beach starts on a beginner board with a 4.5 m2 and sailing in the harness in the same winds! They were just so stoked to be there and hanging out after with our friends at Jibe City at the Hang Out Bar drinking Presidente beers and pina colodas! It really is the best place to learn to windsurf!

Our time spent with our friends having dinner parties at the Lac Bay Villa, which is still the best place to stay! Then our short visit with the Hibdiges (Villa owners), which is always fun and filled with all sorts of things going on, board repairs, villa repairs, dinners with friends, etc.

Taking pictures of the PWA freestyle competitors showing off what they can do right in front of the Villa nightly was a treat. I managed to chat with Phil Solsiak (our Canadian competitor) a few times as well as Taty Frans, who happens to hang out at Bonaire Windsurf Place where we sail from.

There was so much wind this year we sailed 26 days of the 28 that we were on the island. Talk about getting in shape and having fun. It was not without some minor injuries and sore muscles, which were quickly fixed by massage and Dr. No Pain analgesic!

Thanks to all the staff at Bonaire Windsurf Place for making our trip the best ever. The equipment was excellent and sails were repaired and new ones rigged when they needed more smaller sails! Lac Bay Villa, Jibe City and Bonaire Windsurf Place are all sponsors of the CMWA so if you go to Bonaire you must be sure thanks them.

Next year we are already booked for the month of May and looking forward to it after coming home to no wind and cold though it is finally waking up. May we all have fun sailing the Canadian Windsurfing season...see you on the water somewhere!



Lauri (above) and Stephanie (right) going at warp speed in Bonaire!



2013-2014 Executive Committee

Lauri Gregg, 905-953-8302

Suzanne Roberge, 613-225-4216

Michael Keltz, 416-482-4183, ext. 3

Stephanie Todd, 905-953-8302

2014 Championships	Toronto Windsurfing Club Michael Keltz, michael@mhkca.com
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**** SPONSORS ****



Silent Sports



2013 raceboard open winners, Olivia Mew and Keith Whiston.



Cherry Street Restaurant

Mae Productions Inc

Toronto Windsurfing Club

Bonaire Windsurf Place

Jibe City

Lac Bay Villa

Upcoming Events 2014

July 12 – Toronto Windsurfing Club Series #3, 12 p.m. to 5 p.m. Andrée Gauthier,
andree.gauthier@rogers.com.

August 1-4 – **CMWA Championships**, Toronto Windsurfing Club, Michael Keltz,
Michael@mhkca.com or 416-482-4183, ext 3.

August 9-10 – National Capital Regatta, Britannia Yacht Club, Ottawa, Suzanne Roberge,
roberge811@sympatico.ca or <http://www.byc.ca/index.php/sailing/races-a-regattas/national-capital-regatta/ncr-2014-registration>.

August 16-18 – CORK, North American Kona, Kingston, Ontario,
<http://www.cork.org/events/cork-offshore-and-one-design>.

September 12-14 – **CMWA Fall Wrap-up**, Port Bolster, Ont., Stephanie Todd,
surfit@sympatico.ca or 905-953-8331. Registration form – www.windsurf.ca/events

September 20 – Toronto Windsurfing Club Series #4, 12 p.m. to 5 p.m. Andrée Gauthier,
andree.gauthier@rogers.com.

September 21 – Mammoth Marathon, TWC, Toronto

October 31-November 5 – Kona World Championship, Islamorada, Florida,
<http://class.konaone.com/Event/210/2014-kona-world-championships>

How to Reach Us

Voice: (416) 482-4183, ext 3 Michael Keltz

Website: www.windsurf.ca/contact/

Or contact any member of the Board.

The next newsletter should be published in the fall 2014. We welcome all contributions. Please e-mail your articles and pertinent pictures to roberge811@sympatico.ca.