

MASTERS MATTERS

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President's Message

We are looking forward to another great Master's Annual Championship event this year; Nick has made all the arrangements to hold the 30th Anniversary Championships in Deep River again August 4-7th. I hope you have registered by now and booked your accommodations (see details on page 3). I look forward to seeing you all at this great location, water levels should be fine by the time we get there.

This was a big year for the Masters visiting Bonaire with Tony, Stephanie, Lauri, Chris Hope, myself and Jane all visiting. It was Jane and my first trip to Bonaire in January. We stayed at the Sorobon and had a wonderful 2 weeks. Chris Hope joined me for the second week, and we both did the ABK clinic which we both liked. Andy Brandt does a really good job. I also did my first dive from the shore. It was nice having Chris along as he has many dives under his belt. Jane and I loved it so much we have booked for November. Now this is not the best time for wind but I am sure in 5 weeks we will get some good wind. We are staying in the private villa on the west coast near the airport. Bonaire is probably the best place in the

world for windsurfing with shallow protected water and only windsurfers with no kites. It also has wonderful snorkelling and scuba diving. Stephanie and Lauri have been going for many years and again had an awesome time last month. We also met Tony at Sorobon (see his article on page 9).

We held a successful spring weekend at Port Bolster. We were lucky to get both warm weather and some wind. It was also nice to have the use of the full site again. Well Done Stephanie. Her team did an awesome job with food and organizing the weekend. We had some new people including young Sawyer (6 months old). It was also great to have two members over 80 yrs old attending and sailing. We have a Fall 2017 weekend planned too. For information, please contact Stephanie at surfit@sympatico.ca.

The plan for 2018 is to hold our Championships in Trois-Rivières, Québec. This has been confirmed so let's hope we have high water levels for this event. This year would likely have been ideal! However, we do not want Lake Ontario this high again. More information about Trois-Rivières at a later date.



*Mike Tindall and Chris Hope
diving in Bonaire and relaxing at
the bar with Jane Tindall.*



2017 CMWA Championship in Deep River, Ontario

This year's 30th anniversary championship will be hosted at the Deep River Yacht and Tennis Club (DRYTC) on August 4-7th. This brings the CMWA back to its roots, as the first official Masters race was held in Pembroke just down river thanks to Bob & Lucille Legault. This year's championship director, Nick Cox, has been hard at work organizing since last year. We are very pleased that the DRYTC is willing to support our event once again. We were there for the 20th anniversary in 2007! The site is located on the Ottawa River within walking distance of most of the hotels and motels. Check out these web sites <http://town.deepriver.on.ca> and www.drytc.ca. There are plenty of activities in the Deep River area.

Nick has reserved a block of 10 rooms at The Bears Den under his name. For reservations call 613-584-9795 and mention the booking for the "windsurfing championship" on the August long weekend 2017. Another notable hotel is Shemron Suites, 613-584-1100 www.shemronsuites.com. They book up really quickly as they rent by the week and month for the summer.

The Ottawa River in Deep River and the DRYTC.



Carl Spiess - International Star!

One of our members, Carl Spiess, has been participating in the International Windsurfing Tour (IWT) for a few years. Here are a few excerpts from his blog (<http://windsurfing-en-provence.blogspot.ca/>)

IWT Morocco 2017 Windsurfing Wave Contest

May 6 - I was in amateur heat 4 and headed out to windsurf for the first time in 5 months - on rental gear. But I was set up OK, and could water start and got out through the shore break. I caught 2 waves and then was struggling due to the low wind in the relatively easy shore break. With still 2 minutes left in the heat I headed in to shore to save myself for my upcoming masters heat.

My masters heat was also a short 17 minute adventure. JP and I were the only two 45-55 year olds (another was on his way) so we were out with the two grand masters Colby and Gerhart who I sailed with last year. I caught a wave, did a bottom turn, hit the nice lip on the wave and was a bit afraid of my ride in the serious whitewater. But instead of letting go in fear like I'd have done in the past, I held on and made it. (Later one of the judges noted that they actually have seen an improvement in my windsurfing - specifically thinking oh Carl's gonna let go - wait he held on!) I caught another wave toward the end of the heat and then sailed right back into shore with no drama.

It didn't take long to announce the results, JP had bested me just like he has in the half dozen or so heats we've had in the last two years.



Carl happy after his first heats!

May 11 - My first heat was against JP for the masters double elimination and I barely caught one wave. I was definitely struggling but at least got back to the beach OK. My next heat was a free pass as a few of the amateurs did not show up for the double elimination. Apparently many of the local amateurs didn't like the unusual port tack conditions. Then I was up against JP again and Stephano. This time I caught 3 waves but barely rode them and wasn't surprised to come in 3rd. My amateur heats were over but I cheered JP who won 5 straight heats.

Later in the afternoon I took on the role of beach marshal to try and keep the recreational windsurfers out of the competition area. It worked pretty well and for one heat only the two finalists were on the water. That made things much easier for the judges.



Carl as beach marshal (flight director)!

Carl was also profiled as one of the International Windsurfing Tour's featured riders. Here are a few answers to some of the 20 questions he was asked...

What is your history with the AWT?

I met Sam Bittner in 2009 in Maui and was thrilled when I heard she was starting the AWT. My first event was the 2013 Aloha classic and it was an experience I never dreamed would happen.

Who are your inspirations?

Well Robby Naish would be the top of the list. Super windsurfer, entrepreneur, fluent in German and he is so nice when you are standing next to him at a 10am skippers meeting at Ho'okipa. AWT champions Boujmaa Guilloul and Kevin Pritchard are awesome and passionate windsurfers. I'm humbled to have attended several events where I got to know them and got to watch them compete in the pros. In the masters, former champ (and fellow Canadian) Dan Thomson and current champ Jeff Albright are amazingly dedicated and inspire me to sail more. And grand masters Colby Deer, Dwight Bode and Scott Shoemaker are who I hope to compete with in just a few years.

What has been your top windsurfing moment?

The very first time I made it back into the beach at Ho'okipa during the Aloha Classic in 2013. I never thought I'd ever windsurf there in the winter waves – it is where the pros belong. But for just \$200 I had four 15 minute heats there with 3 other amateurs, even if they were all way better than me.



Carl Spiess - 2015 Aloha Classic

Where did you learn to windsurf?

Georgian Bay, Ontario. I finally learned to jibe properly in Aruba from Charles Dasher 25 years ago. And I became inspired to keep pushing myself by learning freestyle in Bonaire from Andy Brandt 10 years ago. More recently I learned to wavesail from Matt Pritchard and KMac at a clinic in Baja and they convinced me to go to the Aloha in 2013. Windsurfing clinic weeks are amazing to help keep you inspired and AWT events are almost like clinics, you get video coverage and tips from the pros when you come back to shore.

How long have you been windsurfing?

37 years. A friend loaned me his teak boom windsurfer one design when I was 16. I was hooked. My parents bought me a YPSI Wayler shortly after that.

More from Carl's interview - <https://internationalwindsurfingtour.com/featured-rider-carl-spiess/>

Spring Get-Together

By Stephanie Todd

CMWA Spring Get-Together again this year was more like a summer get-together at the Burgess Enclave. The sun was shining and the water was warm enough to wear board shorts. Almost felt like Bonaire except for the wind that was just enough for bigger sails and big boards. Anyone who was rigged got an hour or so of sailing, while others did some stand up paddling. The rest rigged for the promise of wind on Saturday. The Friday night arrivals got to sample BC smoked salmon and crackers. I made homemade pizza while number of people supervised in the kitchen while having beers!

On Saturday, many of the group headed to the golf course for breakfast. The sun was shining and the temperatures hit the mid 20's. Everyone got out on their big boards before lunch and enjoyed their time on the water in bathing suits and board shorts again. Lunch was potluck and turned out great with all sorts of delicious food as well as the signature soup. Of course we had to get out on our boards again after lunch to wear off the vast amounts of food consumed.

Our appetizers on the executive cottage were delicious as usual with BC smoked salmon and crackers as well as various crackers with goats cheese and red pepper jellies and some nachos and dip washed down with various beverages. As the sun was setting, the bugs drove us inside for more food! The famous potluck just gets better each year. Gave away some sponsor gifts and t-shirts to everyone who attended. We had the young and the old attend. So good to see a baby this year as Sawyer joined Jamie and Grandpa Mike!

It blew overnight and into the next morning. We headed to Casey's for breakfast on Sunday as Raj opened just for us. He looked like he has had a good time the day and night before at a wedding they attended! I had my Kona sail ready to go so I headed out after watching Bob be the wind dummy on a 6.6 Kona sail. Many of the others opted to rig down and by the time they did that the winds had dropped off. Nick and I got the best of it. Sailed for about 2 hours.

Lunch was the usual leftovers which there seemed to be just the right amount. People started packing up as the winds faded. Donna helped clean up the kitchen along with Joyce in the green cottage. Nick is our resident vacuumer and Bob helped with what ever else needed to be done. Many said their goodbyes and we did our usual beverage on the executive cottage deck before heading home after a fantastic weekend with 14 participants!

Don't miss the **Fall Wrap-Up, September 8-10th**. We have registration online for this event so check us out at www.windsurf.ca and register early for prime accommodations. Hopefully we will have the other boat house available as the deck was under renovations.



*From top to bottom clockwise:
Appetizers on the executive
cottage deck; Graham and
John in conversation; prize
time; and sailing on Saturday.*

Tony's Trip to Bonaire

By Tony Rothschild, member of the Toronto Windsurfing Club

Accommodation: Comfortable chalet at the Sorobon Beach Resort for the first week with friendly and helpful staff and steps away from the sandy beach with plenty of shaded cabanas and lounge chairs.

<https://www.sorobonbeachresort.com/>

Great restaurant for classy dinners and beach bar for lunches with daily specials. Recommend the all you can eat Wok and Indonesian nights. Continental breakfast very basic.

No car needed for first week as Jibe City for windsurfing rental is right next door. Stocked up on snacks and drinks at the Van Den Tweel Supermarket by taking a taxi into Kralendijk (\$20 each way).

After a week we wanted to explore a bit of the island so we rented a car and moved to home-away-from-home Lac Baai Apartments which are beautifully decorated and look out over Lac Baai.

Only 5 minutes away by car to Jibe City and the Hangout Bar for refreshments and lounge chairs. They close by 6 p.m. except for BBQ night on Thursdays; cooking fun at your own table.

Rented my windsurfing equipment from Jibe City: (<http://www.jibecity.com/Rates.html>) with a huge selection of boards and sails for every condition. You select the board and get the rig delivered to you on the beach by the friendly, attentive staff!

World class boards from Fanatic, JP, RRD and double fin boards from F2. Many were brand new! Select volume to suit conditions and skill preference from Fanatic Shark 165 down to Free Wave 86. Fully rigged sails of all popular sizes from Severne and North Sails. <http://www.jibecity.com/equipment.html>.

Also available were stand-up-paddle boards and kayaks so we would often paddle out to the reef and one of us snorkel around for half an hour before heading back. Tons of fish and coral. Bonaire is world known as one of the best off shore dive locations but for me is definitely the best windsurfing location because of its perfect shallow bay, protected by the reef and constant onshore winds!

I had 12 full days of blasting on the water. Sometimes 2-3 hours straight from 8 a.m. till 5:30 p.m.

Watch: <https://www.youtube.com/watch?v=bid7MsQehRg>

Bonaire 2017

By Stephanie Todd

Arrived in beautiful Bonaire on the 30th of April to easterly winds and warmth. We went with a new car rental - Bonaire Care Rentals - thanks to Marco and Petra from Lac Bay Vacations we get a special rate. It is located near the grocery store so we opted to get the big shopping done so we could spend the whole next day on the water. Enjoyed a cold Presidente on the deck after we were unpacked. There was a party going on at the restaurant so of course I went to check it out... and it was the new owners, Monique and Robert from Jibe City, and their family having a closing for renovations bash. Needless to say we joined in!

We certainly had a first great week with winds building from 14 kts to 28 kts. The American crew was there from various parts of the states so it is interesting to hear their take on Trump in between the great sailing sessions on my 90L iSonic with a 5.0-6.0! As usual, I raced again in the Cuppa Julia, and had a 1st place finish in the women and over all 2nd as Alyssa kicked my butt but I had her in my sights most races! Lots of fun and good food. We both took advantage of having a massage from Ladina van Swoll Mouchior at the Sorobon. Great way to ease the pain after a few days of hard sailing.

The donkeys were out in full force and got into our garbage so we thought we had got the latch so they couldn't open it. They were making a big effort to open it again. That was the night that Lauri lacerated his big toe trying to step down in the dark off the upper deck. First Aid to the rescue but it needed a trip to the hospital where he was taken care of by the doctors office across street. Three days no water sports and then keep it dry!

Luckily for Lauri, the next 4 days were light wind. I actually went windsurfing on Starboard SUP along with Don while Lauri was convalescing at the Villa for 2 days. I also took the time to go shoot some pictures around that end of the island. Then the wind began to pick up again at the end of the week. Really felt for those who had to leave especially since the wind predictions were for high winds for the next 2 weeks. Yahoo! We even got to sail on 4.0 and 4.5 on smaller stuff. I tired an 81L and 83L starboards.

Everyday was wrapped up at the Hang Out Bar over by Jibe City having beverages with our friends, Carri, Peyton and Don.

We had our usual dinner parties at the Villa. Our first being with our American friends that were leaving the island before we do. The second party was with our friends Ladina, her boyfriend, and her daughter, Natasha. The third dinner party was with our Swiss friends, Françoise and Erich. Finished off with joining a birthday bash next door at Foodies Bay Side Dining while it was at the 1/2 way point of their renovations. Lots of fun dancing again! This is going to be a place to hang out next year.

The hardest part about Bonaire is leaving but knowing that the trip is already booked for next year gives you something to look forward to. Not sure who might join us next year if any of our kids might make it. SunWing is flying direct from Toronto from December to April. That

doesn't work for us but if your are thinking of a warm windsurfing destination you might just want to try it! Warm winds, warm water and likely the safest place to windsurf or learn to windsurf in the world. Lac Bay Villa, Bonaire Windsurf Place and Jibe City both offer discounts to our members.



Stephanie screaming in Bonaire. Photo by KumaMovie.

Lauri all powered up!



2016-2017 Board of Directors

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2017 Championship - Nick Cox, ncoxn225@rogers.com

Upcoming Events 2017

July 8 - Toronto Windsurfing Club, Race #3

July 15-16 – National Capital Regatta, Britannia Yacht Club, Ottawa, Suzanne Roberge,
roberge811@sympatico.ca or www.byc.ca.

August 4, 5, 6 & 7 – **CMWA Championship**, Deep River Yacht Club, Deep River, Ontario, Nick Cox,
ncoxn225@rogers.com.

July 31 - August 6 – Kona World Championships, Bastad, Sweden
<http://class.konaone.com/Event/1501/kona-world-championships-2017>

August 11-13 - CORK, Kingston

August 19 - Toronto Windsurfing Club, Race #4

September 8-10 – **CMWA Fall Windsurfing Weekend**, Port Bolster, Ont., Stephanie Todd,
surfit@sympatico.ca. Registration form (to come) – www.windsurf.ca/events

September 16 - Toronto Windsurfing Club, Race #5

September 23-24 - Mammoth Marathon, Toronto (SUP/Windsurf)

The next newsletter should be published in the Fall 2017. We welcome all contributions. Please e-mail your articles and pertinent pictures to roberge811@sympatico.ca.

Sponsors



**Mae Productions Inc.
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