

MASTERS MATTERS

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President's Message

I hope you all had a great winter. Being retired, it is always a challenge to fill the winter! Jane and I went to Vietnam and Cambodia and took a riverboat cruise down the Mekong river. It was very interesting but not a windsurf trip. In January, we returned to Bonaire for two weeks. We stay at a spot on the west coast not far from the airport and 15 minutes drive to Jibe City. You can see the lovely view from our condo balcony at Bel Air in the photo below. You can dive or swim right off our unit which is great. Stephanie has more on this lovely island later in the newsletter. Chris Hope joined us for a week which was great. You can see the three of us at Jibe City in the other photo. He is like an Ironman: two dives in the morning and windsurf in the afternoon at Jibe City. I windsurfed most days but only dived three times with Chris. January is really busy so we had difficulty getting boats for dives some days. I would not go again the first week of January as it is too busy. But the fireworks at New Year were amazing. They seemed to last for three nights. We are booked again for November which is less busy but winds tend to be lighter. Rents are less though which is nice.

The Masters Championships this August long weekend is at the Toronto Windsurfing Club (Stephanie gives more details later). Now please sign up soon. We have a low sign up rate so far. Please do not wait till the last minute (checking for wind). It is hard to plan restaurants and food for this event if we do not have a good handle on numbers. A large number of you live in Toronto, **so please sign up for this event soon.**

I am proud of at least four masters who plan on attending the Kona worlds in Italy this August (more details later).

The plan is to have the 2020 Championships in Ottawa at the Britannia Yacht club. I agree with Andrée's comment on splitting the fleet into Silver and Gold so maybe if we get enough participants in Toronto we may look at trying to do just that. I am looking for suggestions for where to hold our 2021 Championships and whether we should choose a different weekend for this event.

Stephanie did an amazing job again for the spring get-together at Port Bolster and as she indicated things may change a little in the fall but let's hope we can still enjoy this wonderful cottage weekend again in September. The only change at the cottages is that one is still unavailable but the remaining three are fine.

Great article later about the D2 fleet. I have lots of admiration for these sailors on these boards as they are quite tippy and challenging to sail but go fast in most conditions. Hope to see you all on the water on the long weekend in August.



*Chris Hope, Jane Tindall and CMWA
President, Mike Tindall.*



CMWA Championships 2019 - Toronto Windsurfing Club

By Stephanie Todd

Toronto Windsurfing Club (TWC) is our host for this year's event. They have the largest windsurfing community in North America, so we expect to have a larger than normal fleet at this event. The races will include course racing, slalom and long distance (all wind permitting).

It all starts on Friday evening, **August 2nd**, at TWC with registration and a social being held at the club house. You can register or if you are pre-registered, then you can pick up your information package and your t-shirt. The club is open all day so if you wish to sail you are welcome to do so. There will be limited board storage in the TWC trailer for those coming from out of town.

Saturday, **August 3rd**, will start with registration until 9:15 followed by the skippers' meeting then racing (wind permitting). Lunches will be provided to all the competitors registered for the full package and the racing package. There will be more racing (wind permitting) after lunch until 3 p.m. Following the racing at 5 p.m. will be the AGM held at TWC with light snacks. The competitors who have purchased the full package or competitor/guests who have purchased the meal package or specific meals will receive a dinner ticket. Dinner will be served at 7:00 p.m. at **Keating Channel Pub**.

Sunday, **August 4th**, will start with a skippers' meeting if required, followed by racing. Lunch will be supplied again on shore with more racing in the afternoon (all races based on wind permitting). We will wrap-up the day with dinner at the **Cherry Street Bar-B-Que**. This is party night which will include two major awards, Sportsperson of the Year - voted by the members and Sailor of the Year - decided by the board based on events attended, promoting the sport and the CMWA. There will be prizes given out and a raffle. This is all thanks to our sponsors - Silent Sports, Neil Pryde, Boardsports, Windsurfing Now, Aerotech, Bonaire Windsurf Place, Jibe City and Lac Bay Villa.

Monday, **August 5th**, will start with a skippers' meeting with the racing until 1p.m. Awards will be held no later than 3 p.m. so those from out of town can get on the road back home.

Big to thank you to all our current volunteers who helped make this happen:

Championship Director: Stephanie Todd

Newsletter, webmaster and email blasts: Suzanne Roberge

Lunches: Jane Tindall & Natalya Lavrynenko

Sponsorship: Ian Matthews, Stephanie Todd

Boats: Mike Tindall, Bob Shuttleworth

Scoring: Nick Cox, Irene McNeil

Race Committee: Irene McNeil, Neil McNeil, Stephanie Todd

Beach Masters: Joyce Bishop, Maja Chorley

Kona News

Did you see the new Kona One?



Find more information about the redesign of the Kona board at <https://www.konaone.com/2019/06/17/kona-one-gets-a-facelift/>



[https://
2019worlds.konaone.com/](https://2019worlds.konaone.com/)



Spring Windsurfing Weekend 2019

By Stephanie Todd

Freshly home from Bonaire, we leapt right into prepping for the Masters weekend. The week before had been pretty rainy and cold so we were hoping and praying for sunshine and warmer temps. We were blessed by both but a lack of good wind.

Winds were light on Friday afternoon, the sun was shining and it was warm enough for board shorts. Even the water was almost Bonaire like! Many went for a sail or paddle. I got to try out my new JP wind/paddle board with my new 7.2 NP sail. It was fun!

All our guests but one arrived Friday night so we had our usual platter of yummy treats including of course, the signature BC Smoked salmon, followed by homemade pizzas washed down with beers.

The next morning there was some wind so we got out early. The winds were switching to off shore but sometimes they were just gusts from a direction you were not expecting. Sun was still shining and it was warm enough for shorts for brave people like me. I wore board shorts all weekend, taking a page from Andrée Gauthier! Lunch was served in the white cottage. A large pot of homemade soup and plenty of sandwich fixings as well as yummy desserts for all to enjoy. You can never have enough desserts! Back out on the water after lunch. Some went way out to windsurf and some went paddling to wear off lunch so we could eat more snacks before dinner and enjoy the potluck dinner.

Appy's on the Executive Deck watching the sun set then our usual feed and prizes from our sponsors, Silent Sports and Neil Pryde as well as some stuff from CMWA that Rick Collins had found in his garage! We thank you!

Sunday was a bit of a bust with not much wind and what there was was way off shore. Maja went out twice just so she could say she did it. Some of us paddled while others packed up and headed to home or to TWC since it was the right wind direction for there. The rest of us hung out then did some packing before a late lunch of what was left over from our dinner the night before which was not as much as we usually have!

Thanks to Bob, Nick and Joyce for hanging out to the end. We finished with our usual beverage on the Executive deck before locking up and heading home.

Another very successful weekend. Next one is the **Fall Wrap-Up, September 6-8.**
www.windsurf.ca Hope to see you there!

Till then...may the winds always be at your back!



The usual suspects relaxing on the Executive Deck!

Our President, Mike Tindall, enjoying his Kona!



Bonaire 2019 Highlights

By Carl Spiess

Here is a quick summary of our 2019 Bonaire windsurfing trip. So many highlights:

My 8th ABK windsurfing camp where I did my 1st planing duck tack. Three more the next day and several more the next week. I mostly completed and sailed away from my fifth Vulcan on March 29th. (Tips: remember to twist hips to the front, sail leaned back, hop out of the pool with shoulders pushing down on boom.) That means I've done vulcans in 2011, 2012, 2013, 2016 and now sort of one in 2019! Each night we did video analysis.

I really enjoyed sailing my own gear every day. It was well worth the \$100 Sunwing baggage charge which I only had to pay one way! And it wasn't too much hassle going through the airport. Jen even enjoyed sailing on my gear - the 10 year old Skate 108 and the super light 1 year old Idol 5.8. I used that sail 13 days straight. Jibe City hooked Jen up with nice gear each day and rented me a great spot to store my board and sail.



The ABK Foil lecture was fun. I look forward to using some of those tips this summer. I was glad to have brought a weed fin, but didn't really need it most days. The sargassum sea grass was much less than last year.

We enjoyed watching the King of Bonaire contest. And it was cool to be in the same place where Balz Muller was showing off his insane foil skills.



The Sunday photo shoot went well. A different shot of the one run that we managed to get on the way into lunch together was selected for the Jibe City 'Couple of the week'. Thanks to Marc Van Swoll - MVS Photography.

We were excited to find that the Bonaire Landsailing Blokarts were open for business again. 30 minutes is the perfect amount of time to enjoy the view of the ocean and also see just how fast you can get going. (38 km/h) What a blast.



I wound up getting planing 14/14 days. Some days I windsurfed over 40 km between morning and afternoon sessions. I only topped 40 km/h on the last day, hitting 44 km/h using the rental gear for my last hour of sailing. My new GPS watch shows my heart rate hitting 159 which is much higher than I expected!

Food and overall hospitality on the island was wonderful. Looking forward to future visits to Bonaire.



D2 News

By Éric Bouillet



So we traded the beautiful warm and sunny Piran, Slovenia, in summer for the...windy, often cold and overcast Heeg, in Friesland region of the Netherlands in late spring (end of May). Beautiful, very charming place in fact. Kind of little Venice with channels crossing the village... Amazing wood made sailboats everywhere... A jewel to discover.

So early in the year challenging the weather was quite a big deal. What kind of forecast to expect?

Traditionally, at this period of the year, the forecast is outside temperature 12-15 Celsius, water temperature 12 C and winds between 10 and 20 knots or more.

What kind of equipment to bring? Wetsuit, dry suit, large sail, small sail?

I didn't have much choice, only one large 9.5 sails and to be safe I bought a dry suit, expecting to stay hours on the water in chilly windy conditions.

Finally it happened that the weather was very variable. We had almost all conditions, from very windy (25-27 knots) and low ceiling with 17 C outside temperature to sunny, 5-17 knots and 22 C.

Surprisingly the water was not that cold for this period of the year. We learnt it is shallow water, barely 2m deep at maximum, clouded and muddy so warming up quickly.

So were the racing conditions for 4 days of real vacation.

Eighteen sailors only finally did register which was a big disappointment. The host country only brought two sailors, apparently due to conflicting agenda with other races. But we had nice attendance from other countries such as Germany (4), Greece (3), France (4), Poland, Belgium, Great Britain and Canada.

A mix of class A & C... We were amazed to see A class fighting like crazy in 16 to 20 knots with gusts. Impressive fighters!



Sitting on the board downwind, like in the old times...

An amazing race committee, which made our everyday race dream days. They managed to make us racing 11 races.



Four days of pure windsurfing pleasure (and good pain) in difficult conditions, but such good camaraderie.

In addition to the weather, we had to deal with the Dutch passion for sailing. Honestly, all admitted never having seen hundreds of sailing boats of any kind on the water during this long weekend. It was not easy to race in those condition.



We miss those intense days already... D2 continues its adventure...

Next European Championships will take place in Toulon France next year, same period. Weather conditions can vary from very light or no wind to Mistral conditions. What equipment to bring, dry suit or wetsuit, small or big sail.... Stay tuned!

Bonaire 2019

By Stephanie Todd

We cannot say enough about what an adventure it was to travel to and play on the island of Bonaire.

Our trip started out with a little twist when my cell rang in the limo on the way to the airport. My girlfriend, who was staying at our place to care for Laku, our lab, while we were gone, wanted to know if the packsack in the living room was important!! Well the look on Lauri's face was priceless! We were almost at the airport so there was no turning back. We had a good chuckle about it then shopped at Pearson for a t-shirt and shorts he could wear to run in Atlanta! Then we shopped again in Atlanta for a pair of dress shorts and a golf shirt and boxers (aka PJ's). We would worry about the rest when we got to Bonaire. Good thing I had his toiletries bag in my suitcase and my mini Bose in my briefcase!! We had our usual fun time at the Marriott Gateway Hotel in Atlanta. Few beers were had as we laughed about the start of our vacation! In the 12 years we have travelled to Bonaire nothing has ever been left behind! Guess there is always a first! Hope it will be the last! Got even more costly once Lauri shopped in Bonaire for board shorts and rash guard as well as another T-shirt!

The winds did not disappoint us with everything from 18 to 30 kts for our first three weeks. We sailed everything from a 4.0m² to 6.0m² sails and 83L - 100L boards. The last week was more like at home so we got out on bigger sails and boards (6.5m² - 7.0m² and 111L - 120L boards). We think that the arrival of Olivia Mew for training for the Pan Ams with Farrah turned the winds down! Sad for her as the week we left the winds remained light for the ABK clinic she was attending. She did learn lots as did I thanks to Farrah doing some video of me. The only downer was the Saragasum, which is a nasty weed that floats on the currents apparently from the mouth of the Amazon. The stuff is pretty stinky as it gives off methane when allowed to rot. The employees at all the windsurf places kept the beaches clear so we could sail. The problem that occurs is there is stuff still floating in the bay so you need a weed fin. Either bring one with you or contact the rental place to see if they have weed fins. Bonaire Windsurf Place was talking about getting new fins for most of their equipment for next year. They feel this may become the new norm due to warming oceans and the stuff we dump into it!

We had wonderful dinner parties at Lac Bay Villa for the last time. We will be switching accommodations with a new view of beautiful gardens and a pool! Our friends who own the Villa will likely be there next year so that will be fun to hang with them a bit.

We did a couple of meals out. Kite City Food Truck has the best fresh grilled fish on the island and the sunset is beautiful. We also went to another great restaurant with our Swiss friends, Erich and Françoise, Rum Runner which is known for their pizza and we were not disappointed and another beautiful sunset.

So it was not just windsurfing and dinner parties, we had fun time on Roger's (Bonaire Windsurf Place) catamaran. We sailed to Kline Bonaire to snorkel with some of our US

friends, Tom, Anne, Marisa and Zac. It was amazing as they knew all the fishes' names and were able to direct me to some great finds. After an hour or so we climbed back on board and hoisted main sail and headed south along the island. What a different perspective from the ocean? Tom was at the helm so that was great fun. We thought he had sailed before but Anne later told me it was his first time! He did a great job!

We spent a lot of time after windsurfing out of Bonaire Windsurf Place at Jibe City and the Hang Out Bar. Both windsurf places are back on board with 10% coupons off rental gear. To get yours you must be a member in good standing and contact me directly. They will only honour them if you have the official copy signed by me.

Hope you make it to Bonaire if you have never been before.



2018-2019 Board of Directors

President – Mike Tindall
 Vice-President – Nick Cox
 Treasurer – Michael Keltz
 Membership – Artem Lavrynenko
 Secretary – Suzanne Roberge
 Social Director – Stephanie Todd
 Website & Newsletter – Suzanne Roberge
 Ontario Director – Bob Shuttleworth
 Québec Director – Denis Dagenais
 Past President – Lauri Gregg

Upcoming Events 2019

July 13-14 – National Capital Regatta, Britannia Yacht Club, Ottawa, Suzanne Roberge, roberge811@sympatico.ca or www.byc.ca

August 2, 3, 4 & 5 – **CMWA Championship**, Toronto Windsurfing Club, Toronto, Ontario, Michael Keltz and Stephanie Todd

September 6-8 – **CMWA Fall Windsurfing Weekend**, Port Bolster, Ont., Stephanie Todd, surfit@sympatico.ca. Registration form (to come) – www.windsurf.ca/events

August 15-18 – Kona World Championships, Circolo Surf Torbole, Lake Garda, Italy, 2019worlds.konaone.com

The next newsletter should be published in the Fall 2019. We welcome all contributions. Please e-mail your articles and pertinent pictures to roberge811@sympatico.ca.



Sponsors



**Mae Productions Inc.
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