

Volume 15, Issue 2

**June 2005** 

### **President's Message**

By Suzanne Roberge

By the time you receive this newsletter, many of you will have hit the water already! Some of you will have gone to warmer climates for the winter or for a few weeks. I hope you all had an excellent winter, whatever you did and I wish you the best windsurfing season ever!

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The CMWA Masters Matters newsletter is distributed freely to all members twice a year. Participation by readers is encouraged! Original and previously unpublished material is welcome and will become the property of CMWA for the sole purpose of consideration as contributed material for publication of the Newsletter and therefore will be subject to editing as required. Material will be returned at a convenient time so as not to incur additional costs. CMWA is not responsible for: ideas and attitudes expressed in articles submitted to the CMWA; previously published or copied material solicited as original; opinions published in the CMWA Newsletter which are deemed to be in the best interest of CMWA members and the windsurfing community.\*

During the last few months, we have been busy getting things in motion for our annual regatta. I am happy to say that even if the Montreal area location fell through, we were able to stay in the Province of Quebec, in beautiful Trois-Rivières. You may have been to a regatta at this location. If not, take a look at www.multivoile.com. I have never been there but I hear it is very nice and it is also the training ground of Dominique Vallée, our woman Olympic contender! The only drawback is that there could be some weeds. According to Dominique, it varies from year to year so it is very hard to predict so she says to bring a weed fin just in case. The predominant wind direction is southwest. We are also planning the social activities on site. Keep checking www.windsurf.ca for updates on the weekend schedule. The club offers camping sites with all the amenities but you can also stay at a nearby B&B, motel or hotel. If you haven't receive the Notice of Race via e-mail or found it on www.windsurf.ca, you'll find it with this newsletter.

Thanks to Bill Quantock for updating our website in March and to John Darling for reviving it. We had a few technical difficulties but they have been resolved.

Last but not least, our two ex-presidents Rick Collins and Ling-Yue Hung are the proud parents of a baby-boy named Kai.

Congratulations to both and looking forward to see you three around the windsurfing circuit!

### **Calama Midwinters 2005**

By Suzanne Roberge, CMWA President

Once again, a good group of Canadians traveled south to participate in the Calama Midwinters 2005. It seems to me that the majority of those are members of our association! So I checked out the results and found that we are doing pretty good on the American circuit... Here's what I found at a glance:

Jan Wroblewski 3<sup>rd</sup> Grandmaster Formula

Hadrian Corning 6<sup>th</sup> Formula Men

Zachary Plavsic 9<sup>th</sup> Formula Men

David Hayes 11<sup>th</sup> Formula Men

Mike Hayes 16<sup>th</sup> Formula Pro

Dominique Vallée 1<sup>st</sup> Formula Women

Andrée Gauthier 2<sup>nd</sup> Formula Women

Those are only the names I recognized but there were a few other Canadians:

Michael Scott 23<sup>rd</sup> Master 35-49 Lawrence Stewart 20<sup>th</sup> Formula Pro

Howard Carney 4<sup>th</sup> Sport Form Masters

I would also like to mention our American friends:

Bill Taylor 1<sup>st</sup> Senior 75+

Marlin Meitzen 5<sup>th</sup> Grandmaster Formula



From left to right: Farrah Hall USA 3, Andrée Gauthier CAN 1117 and Dominique Vallée CAN 5.

### **Some Reminders for 2005**

By Suzanne Roberge, CMWA President

The **Fall Hatteras** trip is happening. Two weeks for you to choose from: October 22 to 29 or October 29 to November 5. If you are interested, please contact David Culliford at <a href="mailto:d.culliford@rogers.com">d.culliford@rogers.com</a>. There are still a few spots left at \$130 US.

There will be a few **vacancies** on the **Board of Director** this summer. They are:

President Membership Director US Director

The elections will take place at the AGM on July 31, 2005 in Trois-Rivières, Quebec during our annual championship. If you would like to put your name forward, please inform the President at <a href="mailto:roberge811@sympatico.ca">roberge811@sympatico.ca</a>.



### NEEDED BABY SIZE SAILBOARD FOR

### KAI TUK-FUNG COLLINS

Born Friday, March 4, 2005 Welghing in at 7lbs. 10 oz.



# **Congratulations to**

LING -YUE HUNG AND RICK COLLINS

## **OSA #1 Report**

By Jon Matthews, Secretary

Windsurfing in Lake Ontario in the middle of May - you've got to be kidding!!! Crazy though it may seem, fifteen dedicated racers participated in the Toronto Windsurfing Club (TWC) annual Icebreaker, which was held on the Victoria Day weekend.

The sun was beautiful, temperatures cool and the wind as usual was constantly attempting to disappear. Nontheless, the race committee, comprised of Irene McNeil, Christopher Hope and Louise Hayes managed to pull off seven races. It was a fabulous spring reunion - catching up on sailing stories and renewing old rivalries on the racecourse. We even captured our first glimpse of young master Kai Collins.

Overall winner was Toronto youth David Hayes. Second place was captured by Master Dincer Kocalar and third place went to Paul Carr (few years left before he joins our Master ranks). Andrée Gauthier (6th overall) was the first woman, with Stephanie Todd (8th overall) following close on her heels. First grandmaster went to John Darling, who flew past the rest of us to capture 5th overall.

Good food, good company and lots of sunshine. Who says racing can't be fun when your hands are frozen to the boom!

Thanks to the TWC for hosting the event, with a special thank you to Mike and Jane Tindall and TWC Pres. Bill Quantock. Hope to see everyone back in Toronto for the TWC Boardfest and OSA#2 weekend on June 11 and 12. •

See complete results on page 6.

Thank you to our generous sponsor!



### **Club Multivoile 4 saisons**

By John Darling, Ontario Director

While there was no wind at Le Défi du Lac St-Pierre at Multivoile (Trois-Rivières) May 28-29 (after it blew North-east for a solid week just before the event), everyone had a good time socializing, playing championship frisbee and letting loose with karaoke after dinner on Saturday night.

Very light wind did support some entertaining freestyle however with Toronto area youth Phil Soltysiak taking first place (see <a href="https://www.multivoile.com">www.multivoile.com</a> for full results). An excellent in-depth racing strategy clinic was also given by top Olympic sailor Alain Bolduc. But the football-size field and mad but talented frisbee match turned out to be the main event, with 18 athletes working up a powerful sweat and showing some spectacular style (notable was Lac St-Jean grandfather André Rousseau jumping the fence to recover the frisbee several times like a teenager). It was a see-saw battle which saw one side finally prevail with some deft passing and daft close checking.

The Multivoile sports lots of grassy rigging area and four banks of brand-new suites as well as a dining hall-party room, and will prove to be an ideal site for the upcoming Masters Championships July 29-Aug. 1. The RC staff is experienced and cordial -- a great chance to brush up on your French, as unlike in Montreal they will actually encourage your attempts à parler le belle langue. ❖

Thank you to our renewed sponsor!



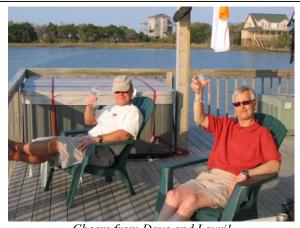
### **Cape Hatteras Trips**

By Stephanie Todd, Social/Clinics Director

#### Hatteras 2005, Frisco, NC with Stephanie Todd, Lauri Gregg & Dave Blake-Knox

The trip down to Hatteras was uneventful but the time we had there was certainly different this year. We had temperatures that varied from 50 degrees Fahrenheit to 81. We had no wind to hurricane level winds clocked at one point on the island at 111 mph. We spent much of our time enjoying the bike riding, running, Lauri playing his guitar and just plain R&R. The scary part was the 4' surge of water that forced Dave to locate higher ground for his van while I rescued boards from under the house and the sail bag full of our sails in more than knee deep water and torrential rain and waves that were breaking over me.

The winds were mainly from the NE & NW which meant that we had pretty good water levels at Frisco but the temperatures required us to wear wet suits and steamers on some days. I actually got one day in a shorty when the winds came in from the south. We sailed everything from an  $8.2m^2$  sail on Lauri's new JP Australia to the 4.0 on my 96L Flow. Dave kept us updated on when and where the wind was going to be the best. Some days though he got the best of the planning wind. The early bird gets the wind!! �



Cheers from Dave and Lauri!



Lauri going into a jibe in Frisco, NC!



Stephanie and Lauri enjoying the hot tub, Frisco, Spring 2005.



Kai Collins just can't wait to get into those footstraps!

# **Extreme Sailing**

Australian Olympian Michael Blackburn sailed out of Stanley on Tasmania's North West coast at 3:00am Wednesday morning on his Laser in his attempt to sail across Bass Strait. It is 115 nautical (207km) mile journey across Bass Strait from Stanley to Tidal River near Wilson Promontory. In between is one of the toughest stretches of water in the world. Blackburn's attempt has been delayed a number of times because Bass Strait conditions were a little too vigorous for the tiny sailing craft.

Australian solo sailor, Nick Moloney, who competed in the 2004-2005 Vendee Globe, became the first and only person to sail across Bass Strait non-stop on a **windsurfer** in December 1998, only a few weeks before the disastrous Sydney to Hobart race. He sailed south from Flinders in Victoria to Stanley on Tasmania's north west coast on a 3.6-metre windsurfer in a grueling 21 hours and 49 minutes. According to accounts at the time from Moloney, Blackburn can look forward to extreme tiredness, blistered hands, battered and bruised skin and diminished eyesight as sea spray hits. However, being on a Laser and Blackburn having a PhD in Human Movement Studies, should decrease the problems. – Rob Kothe, www.sail-

world.com/index.cfm?SEID=0&Nid=16641 Blackburn's website: www.sailfitter.com/basshome.html Scuttlebutt

### 2005 Spring Get Together/Clinic

By Stephanie Todd, Social/Clinics Director

The Wind Gods weren't always there for us at Port Bolster but the Sun God was. We started out with a NW wind on Friday night but were unable to get rigged fast enough. Meanwhile, Cherry Beach was getting the SW winds for Nick Cox who showed up glowing after a great session on his short board just in time to wolf down some great pizzas made by Adam Everitt! Bob Sorenson's grandson is welcome to take over the catering for me next fall if he can get away from college.

Saturday brought even warmer temperatures for us all as we headed out on the water with Geoff Mitchinson, our coach, to practice individual drills. Bob Shuttleworth, despite not feeling well (exhaustion from too much work not enough play), Nick Cox and myself were working on light wind formula stuff while Geoff worked with Kevin, Graham, Adam, and Bob on short and long board techniques. Thanks to Jeff Borgmeyer of Tropical North we had access to a Starboard Go board and rig. Lauri Gregg showed up and was predicting big winds but ended up on my longboard equipment. As the day heated

up the winds changed so we headed in for a hearty lunch of homemade soups, sandwiches, veggies & dip and fresh fruit. Almost too healthy! Back out for some more sailing and finishing up the evening with a great meal and drinks.

The next morning we were blessed with some decent wind so those early birds got it before the shift to the west. Ina & Saffron joined us for a beginner lesson. Geoff was very successful in getting Saffron going before lunch and Ina was convinced to give it a try. To bad the winds totally pooped out. She did however really enjoy just being in the fresh air and water and has vowed to come back in the fall. Geoff went out after 4 p.m. to get the last of the thermal. Geoff has promised to join us in the fall for the Get Together just to sail and give us free advice. Just remember the Women's clinic is also the same weekend so bring you spouse to sail with the rest of the boys.

For more information, visit the web at <a href="www.windsurf.ca">www.windsurf.ca</a> or <a href="www.windsurfingclub.com">www.windsurf.ca</a> or <a href="www.windsurf.ca">www.windsurf.ca</a> or registration information. See you on the water this summer. <a href="www.windsurf.ca">\*\*</a>



Geoff and Kevin in full training!
Photo by Stephanie Todd



Graham Earle, Bob Sorenson and Lauri Gregg enjoying the feast!

# **HOW FAST IS THAT??**

BEAUFORT	KNOTS	KM/HOUR	M/S
0	<1	<1	0-0.2
1	1-3	1-5	0.3-1.5
2	4-6	6-11	1.6-3.3
3	7-10	12-19	3.4-5.4
4	11-16	20-28	5.5-7.9
5	17-21	29-38	8.0-10.7
6	22-27	39-49	10.8-13.8
7	28-33	50-61	13.9-17.1
8	34-40	62-74	17.2-20.7
9	41-47	75-88	20.8-24.4
	48-55	89-102	24.5-28.4
11	56-63	103-117	28.5-32.6
12	>63	>117	>32.6

### **Ontario Sailing Association - Windsurfing Series 2005 OSA#1 = May 21-22 at TWC**

Pleasant cool sunny & light wind Suba #1

DI	Ocit# Oliman Och #4 #4 #5 #6 #7 Tatal										
PI	Sail #	Skipper	Subg.	#1	# 2	# 3	# 4	# 5	#6	#7	Total
1	89	David Hayes	Y&R	-1	1	1	1	1	1	1	6
2	34	Dincer Kocalar	M&R	2	2	-3	2	2	3	2	13
3	1711	Paul Carr	E&R	3	3	2	3	-5	2	3	16
4	32	Nick Cox	M&R	4	5	6	-7	4	6	6	31
5	130	John Darling	G&R	5	6	9	-10	3	4	8	35
6	1117	Andree Gauthier	F&R	(DNS)	DNS	5	5	7	5	4	42
7	45	Jon Matthews	G & O	-10	8	8	8	8	7	5	44
8	257	Stephanie Todd	F&R	9	-12	11	9	6	8	9	52
9	1001	Rick Collins	M & O	7	4	4	6	(DNS)	DNS	DNS	53
10	81	lan Matthews	E&O	8	7	7	4	(DNS)	DNS	DNS	58
11	141	Mike Keltz	M&R	6	9	10	12	(DNS)	DNS	7	60
12	144	Mike Tindall	G&R	13	13	-14	14	9	9	10	68
13	616	Ashley Burke	F&R	12	11	13	13	(DNS)	10	11	70
14	77	Bill Quantock	G&R	11	10	12	11	(DNS)	DNS	DNS	76
15	443	Bob Shuttleworth	M&R	(DNS)	DNS	DNS	DNS	DNS	DNS	DNS	96

### Windsurfing 2005 Schedule

- June 11-12 OSA#2, Toronto with TWC Boardfest
- June 18-19 CMWA Women's Spring Clinic, Port Bolster, Andrée Gauthier andree.gauthier@rogers.com
- June 24-26 Shippagan Windfest; Instruction, demo, clinics, prices and evenings parties acadian style. Everybody who loves wind is welcome. A special place will be made for kitters this year. Shippagan, New Brunswick. Info: windsurfing.shippagan.com
- July 16-17, OSA #3, Kingston Yacht Club
- July 30-August 2 CMWA Neil Pryde Canadian Masters Championships, Trois-Rivières, QC, Suzanne Roberge, roberge811@sympatico.ca
- Aug. 13-14 OSA #4/National Capital Regatta, Britannia Yacht Club, Ottawa (Raceboard & Formula). Info: <a href="mailto:bobnjoan@sympatico.ca">bobnjoan@sympatico.ca</a> or <a href="www.byc.ca">www.byc.ca</a>
- Sept. 10 OSA #5, Cherry Beach, Toronto
- Sept. 11 TWC Mammoth Marathon, Cherry Beach. Open to all, Long & Short courses. Info: 416-461-7078 or www.torontowindsurfingclub.com
- Sept. 17 CMWA Women's Fall Clinic, Port Bolster. Andrée Gauthier, 416-385-3657 or andree.gauthier@rogers.com
- Sept. 16-18 CMWA Fall Wrap-up, Port Bolster. Stelphanie Todd <u>surfit@sympatico.ca</u> or 905-953-8331
- Oct. 22–Nov. 5 CMWA trip to Hatteras, contact David Culliford, d.culliford@rogers.com

### **CMWA Board of Directors**

Position	Contact
President *	Suzanne Roberge
	613-820-0404
Vice-President *	Bob Shuttleworth
	905-841-2262
Secretary *	Jon Matthews
	416-482-5840
Treasurer *	Mike Keltz
	416-269-7534
Director, Public	Noel Lomer
Relations	613-730-6442
Women's Director	Andrée Gauthier
	416-385-3657
Technical Advisor	Geoff Mitchinson
	705-739-7175
Clinics Director	Stephanie Todd
	905-953-8302
Social Events	Stephanie Todd
Director	905-953-8302
Newsletter Editor &	Rick Collins
Webmaster	613-829-2687
Membership	Dave Luck
Director	613-820-2612
Maritimes Director	Roch Chiasson
	506-393-6171
Québec Director	Vacant
Ontario Director	John Darling
	416-928-3086
Manitoba Director	Vacant
Alberta Director	Vacant
BC Director	Derek Wulff
	250-478-2677
US Director	David Blake-Knox
	202-682-7768
2005	Vacant
Championships	,
	Dial Calling
Past President	Rick Collins

<sup>\*</sup> Indicates members of the Excutive Committee.

#### NEXT NEWSLETTER

The next newsletter should be published in the Fall 2005 or early 2006. We welcome all contributions. Please email your articles and pertinent pictures to roberge811@sympatico.ca.

### **How to Reach Us**

Voice: (613) 820-2612 Dave Luck Email: membership@windsurf.ca

Website: www.windsurf.ca

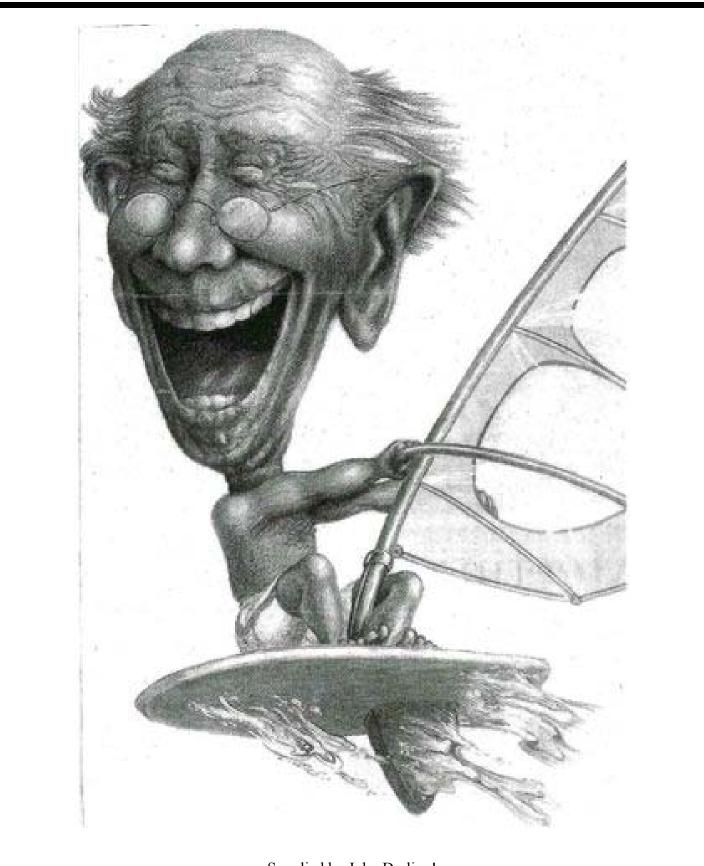
Or contact any member of the Board

#### Moving?

Please send us your new address, etc. to membership@windsurf.ca.

This newsletter was prepared by Suzanne Roberge. Thank you to those who responded to my plea and sent me some material.

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Supplied by John Darling!