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## President's Message

*By Ling-Yue Hung*

On behalf of the association and the board, I would like to welcome and thank Steve Slaby, a new member of the CMWA, for volunteering his time and energy as our new publicity director.

This year should be an exciting year for the association. We have launched a few new initiatives that should help raise the profile and visibility of the association in the windsurfing community.

First, we have begun the process of seriously launching the CMWA into the world of the INTERNET. I am pleased to announce that the CMWA has a new website address, [www.windsurf.ca](http://www.windsurf.ca). This new website will eventually contain the newsletter, online membership applications, online event applications and much more...all at the tip of a computer's keyboard.

Second, we are also in the process of producing a brochure advertising the CMWA, its events and a membership form. These brochures will be distributed to a number of windsurfing shops.

As always, this year's CMWA calendar includes familiar social events such as the Women's Clinic, the Windsafari, Spring and Fall Hatteras Trips, Fall Wrap-up and of course the CMWA Championships. I hope you will plan to join us for at least one of these events especially the Championships in Ottawa in August. The CMWA Championships this year will be a great social and racing windsurfing event. The Championship has also been designated as the Can-Am Challenge. We have also included the Formula 31 class this year in the championships to include both longboarding and shortboarding sectors of the association.

Hope to see you on the water this summer!?



## Windsurfing at Britannia

By John Irvin

The Britannia Yacht Club (BYC) is situated at the east end of Lac Deschenes, a widening in the Ottawa River about three miles by two, in the west end of Ottawa. Sailing conditions on this body of water are excellent, and the river supports two major and three smaller clubs. Most windsurfers, though, are not yacht club members. BYC counts ten or fifteen among its membership, including much of the CMWA executive. The majority of boarders just pop their boards on the car and launch from one of the beach sites. Close by BYC is Lakeside Gardens in Britannia Park. This will be the main staging area for the masters' championship and the Canadian Youth Championships that follow immediately after the CMWA Championships. Other places to put in are found on the Ontario shore near the rifle ranges, and on the Quebec side at the Aylmer Marina.

Typical summer sailing conditions are light to medium wind strengths, 5-15 knots, usually the prevailing northwesterly breeze. Action can get heated when a summer line squall comes down the river, but Race Committees are well briefed weather-wise and will be able to get you off the water if necessary.

Another thing to watch for on the Ottawa are floating weed clumps and current. BYC is right next to a major rapid and the water moves quite swiftly close to it. Asking for local knowledge will assist, and courses are generally set well away from any problems. For more in-depth information on the Windsurfing scene in Ottawa, check out Ottawa Windsurfing at: [www.magma.ca/~slaby/wind](http://www.magma.ca/~slaby/wind).

We look forward to hosting the CMWA at the club - it's the first time since 1994. See you in August!



A 4.0 Day in Ottawa, at Britannia - Photos by Steve Slaby

## Accommodations in Ottawa

There will be limited camping on site at BYC for CMWA members only. Please advise us. There is a municipal campground a few minutes away. And there are also several options just minutes away.

### Ottawa-Nepean Municipal Campsite

- 411 Corkstown Rd (613) 828-6632 (10 min.)

### Hotels & Motor Inns (all are within 10 minutes of the club):

- Days Inn Ottawa West, 350 Moodie Drive (613) 726-1717
- Best Western Macies Hotel, 1274 Carling Ave (613) 728-1951
- Embassy West Hotel, 1400 Carling Ave (613) 729-4331
- Best Western Barons Hotel, 3700 Richmond Rd (613) 828-2741
- 

### Bed and Breakfasts (all are 20-25 minutes from the club):

Check them out on line at [www.b&bonline.ca](http://www.b&bonline.ca)

- A Rose on Colonel By
- Blue Spruces Bed and Breakfast
- Brighton House B&B
- Bye-The-Way B&B
- The Pennyfarthing

## Spring Clinic

By Daniel Les

The 2000 Spring Clinic had a much needed ingredient this year – wind! It seems that by sacrificing the wind that normally happens on the Friday (it figures because I took the day off), we were able to save and spread it out on Saturday and Sunday. To top it off, Saturday afternoon had several participants shortboarding in a nice sideshore that was up to 25 knots for a while.

The participants consisted of our group of regulars (Olfars), complemented by a few first timers (one of whom is a Hamilton Harbor shortboarder and it wasn't Bernie). A somewhat lower number in total meant that Jens and Stephanie could spend individual time with each participant – on the water. There was also some dry land instruction (on Sunday it was Wetland), which was done whenever we had some extra time – first thing in the morning or later in the evening.

We had a nice talk by Jens Saturday night on racing – just beginner intermediate level things that yours truly especially appreciated. We put some of them into practice late Sunday morning when we ran 3 fun races. Jens also told the story of his record time Lake Ontario crossing last fall– I am completely awed by the whole thing but especially about the 35 knot conditions he encountered.

We also had a nice dinner at the Trillium restaurant in Beaverton Friday night, a somewhat local secret that we all enjoyed. Lest you think it was all fun I had my own catastrophe getting my van stuck in the mud at 5pm on Sunday. My advice – if no one's around just call a tow truck immediately!

We hope to get a bigger turnout next year by getting more beginner level people, and couples. We all know someone who would benefit from it and it would help the association, so talk it up (perhaps we should have an incentive if you get someone to come).

Don't forget the Fall Wrap-up Sept 22-24. !



Jens Knoff, Spring Clinic - Photo by Stephanie Todd



Spring Clinic - Photo by Stephanie Todd

## CMWA General Elections

By Rick Collins

We would like to acknowledge the following people who are continuing for the second year of their terms:

- President: Ling-Yue Hung
- Past President: Andrew Hope
- Vice President: Bob Legault
- Social Director: Stephanie Todd
- Public Relations: Steve Slaby ??
- Director Alberta: Bob Edmunds
- Director Ontario: Bob Shuttleworth
- Director British Columbia: Les Spearing

The following positions are to be elected this year. The past incumbents are listed here. Nominations will be accepted for all positions. The elections will be held during the AGM at Britannia Yacht Club in Ottawa. The AGM will be Sunday August 6, after racing, but before dinner (around 5:00).

- Secretary: Rick Collins
- Treasurer: Suzanne Roberge
- Women's Director: Nancy Cameron
- Clinics Director: Dan Les
- Membership: Dave Luck
- Newsletter Editor/Publisher: André Jubinville

- Maritimes Director: Dick Vine
- Quebec Director: Germain Bisson
- Manitoba Director: Ian Baker

## Hatteras 2000

*By Stephanie Todd*

This year, as in the past, we spent two great weeks arranged by our friends, Janine and Wilf Poley from Deep River. Although they are not members of the CMWA, Janine proudly sports one of our fleeces to ward off the chill after a day of sailing in nothing but the best winds.

This year, Nancy Cameron and Rob joined us for the first week at Gale Warning on Kings Point in Frisco. We brought the sun and warmer weather with us along with some wind. They had been camping the week before and the weather was not very cooperative, so they rather enjoyed the comforts of a warm dry bed!

However, we were there to sail not just to talk about the weather. We sailed everything from our longboards (3 times) to our shortboards on 7.0 to a 3.7m<sup>2</sup> sails. Lauri was trying out his new Flow 284 (115L). He even let me try it once! Rob gave us some good tips on body stance during our gybes as he watched us from the deck. I did try the Bic Techno (150L) that Janine had rented and fell in love with the fact that I was able to sail it with the 7.0, the 4.7 and the 3.7m<sup>2</sup> sails. What a range and so responsive and stable, easy to jibe but you have to stay in deep water with those giant skegs!! Janine celebrated her 70th birthday by sailing the 4.7 on her Astro Rock. What a thrill for her!! We thought it was pretty cool too and all expect to be doing the same thing when we reach that time of our lives!

The second week we moved to Breezy Point (right next door) and had visitors from Ohio for two nights. They were a lot of fun and we hope to encourage them to join in some of our CMWA social events. The winds just kept picking up the rest of the week (must have been because Rick and Ling had arrived in Avon!!). We did have one day that was rather quiet but we finished up our last day of sailing re-rigging smaller sails from 7.0 to 5.0's. Wow what another fabulous holiday!! ?



*Stephanie Todd in Hatteras (Bic Techno, 3.7 sail)*

## Snowfari 2000 Reaches New Dimensions!

*By Stephanie Todd*

Saturday, February 26 was the 4th Annual Snowfari. This year we returned to Horseshoe Valley Ski and Golf Resort due to the lack of snow in Georgian Bay. This one-day event can be hailed as a tremendous success. We had all ages from 5 years to 50+. The day was balmy and the snow conditions varied from corn to mashed potatoes by the end of the day. The day started with registration at ski school for tickets and lessons/equipment for some. I provided Dawne Collins with a private lesson at nine before I had to go to work with the Freestyle team. André & Sue found me with Andy and Dan but not Isa (as she had some work to do). They all headed for the hills for some skiing and snowboarding. Sue was favoring a knee injury and wasn't even supposed to be on snow!! She and Dawne spent a lot of time playing on the bunny hill. André Gauthier and her son, Eric were ripping up the slopes way too fast for most masters though I did see newcomer Veronica skiing down the fun park while I was in there practicing my 180s out of the half pipe!

Bob was scheduled to show around noon as he had to work!! I located the crowd in the new lounge, Kicking Horse Saloon, washing down nachos with some great tasting beer by the jug. I checked to see which hills they were going to be on so I could keep my kids away from this rowdy group!! They certainly were entertaining themselves without my help!!

By three p.m. most had had enough and were ready to party though André was catching forty winks at the condo to which he and Sue have access. Veronica and friend located the CMWA group near the end of the day under the awning quaffing some beers in the sunshine. This is where I found them but since I was in uniform I was still unable to participate in the consumption of beverages. I convinced them to join me at the tubing park and secured a mitt full of free passes. This was the highlight of the day as Eric disappeared on us only to be found riding by himself. He was having such a great time that we all had to get into the fun. Isa and Sue sat on the sidelines, but not for long, as the youthful hoots from the masters reverberated off the walls while we twirled at breakneck speeds down the shoots in sixes, triples and pairs. What a thrill! We all felt like kids again.

The grand finale was back to the 96 Colony Trail Blvd. for wings and pizza and more beer and wine!! Our

son was here jamming in his studio in the basement so it didn't take long before André and Eric were in their midst. To top off the evening was a candled bowl of sherbet to celebrate Sue Thomas' birthday!! Which one we don't know, but I do know she is older than I!!

What a day for those who took the chance (though the weather had been rainy and miserable the week before) to participate in an event that just keeps getting better! See you all soon on the water and remember this is the year we double our membership, so bring a friend to one of our events and get them to join our great organization!



*Snowfari 2000 - Photo by Stephanie Todd*

## **Toledo 11th Annual Championships**

*By Stephanie Todd*

Toledo, Ohio is a mere 5.5 hours away from home. The site at Maumee State Park is an ideal location for this event: grassy area for rigging, close to the parking lot and a short walk to the water's edge. The water was warm and the winds were favorable upon arrival on Friday evening. Many of the Canadians, John Darling, Andrée Gauthier, Dincar Kocalar, Masao Abe, Iris with Louise and Mike Hayes and Norm Burgess camped in the park along with a number of the Americans. Bob Shuttleworth and I opted for accommodations in the Seneca Motel. It wasn't the "Ritz" but the price was right!!

The weekend started with a few beers around the Coleman stove at the Gauthier campsite then off to the restaurant for mounds of food. I can't believe how much food is served in the States! With our bellies full we headed to get some much needed rest for the racing days ahead.

Saturday began with some races in light to moderate winds. In my first race, I got lapped by the seniors with lots of cajoling from Bill Taylor about getting a motor on my board!! The second - fourth races were much better with the sport fleet consisting of the largest number of fairly serious competitors. The "A fleet" was made up of the more experienced racers including our own Andrée Gauthier, Dincar Kocalar, Mike Hayes and Bob Shuttleworth. The sun shone all day so it was great not to have to wear too many layers of neoprene. There was some pretty glowing skin shining at the complementary dinner on Saturday night. Those Americans do everything in style!! Free beer and food as well as a wealth of prizes for everyone. There was lots of laughter around the Canadian table after copious amounts of draught had been consumed to quench our thirst after those pumping races! The best part was when Bob said, "If I win another hat!" and guess what? He did, but it looks great on him! Maggie wanted the sunglasses but ended up with a T-shirt, I think? A number of the Americans were going to head to a dance hall but we couldn't get a ride so our night ended quietly.

Sunday was another bright sunny day and the temperatures climbed to the point that many were in bathing suits out on the water. As the temperature rose the winds declined. At one point it took the A Fleet three tries to get started and by the time we got our start the water was like glass on parts of the course - good thing it was short!!

After lunch we did a board toss on the beach for prizes. The board was an old shortboard but was extremely heavy. My practice tosses were much better than the one that counted. After much coaching, Andrée Gauthier managed to win the women's category!! No sharing of the prize, as it was a great knapsack which was something she needed.

Then came the awards - there were so many categories that almost all Canadians came home with the coveted beer mug (a very useful award).

All in all it was a fun weekend for my first event of the year. It was unfortunate that my hubby couldn't be there but Bob Shuttleworth can be my chauffeur and board caddie for the weekend any time!

### **RESULTS:**

#### **IMCO A Fleet:**

John Weiss (US) 1st  
Steve Bodner (US) 2nd

Andrée Gauthier (CAN) 3rd  
Mike Hayes (CAN) 4th  
Dincar Kocalar (TURK) 5th

**Masters A Fleet:**

Bob Shuttleworth (CAN) 1st

**Sport Fleet Seniors (75+):**

Keith Shay (US) 1st  
Bill Taylor (US) 2nd  
Bill Tabour (US) 3rd  
Ted Overton (US) 4th

**Sport Fleet Senior (55-65 - heavy):**

Masao Abe (CAN) 1st  
John Darling (CAN) 2nd  
Dick Tillman (US) 3rd

**Sport Fleet Senior (55-64 - light):**

Chris Barry (US) 1st  
Rod Clevenger (US) 2nd  
Joe Quigley (US) 3rd  
Norm Burgess (CAN) 4th

**Sport Fleet Women:**

Barbara Fisher (US) 1st  
Theresa Tuthill (US) 2nd  
Stephanie Todd (CAN) 3rd

## Women's Clinic

*By Nancy Cameron*

Once again the CMWA along with the Barrie Windsurfing Association hosted the two day Women's Spring Clinic at the Burgess cottages in Port Bolster on June 17th and 18th. Our head coach was Val Kritsch who is originally from Collingwood but now living in Vancouver. Val was the Canadian Women's Champion in 1996 and 1998, and has done a lot of competitive sailing including the World Cup. She has coached at the Windsport Clinics in Cape Hatteras, and is an avid skier and snowboarder who also does ski patrol at Whistler on weekends in the winter. Val was assisted by Stephanie Todd, (Canadian and CMWA Champion) and Andrée Gauthier, a former member of the Canadian Development Team and one of the top women sailors in Ontario.

We had a full slate of participants with about half being in the beginner section with Stephanie and Andrée. Saturday morning started with everyone participating in a rigging session and then dividing into two groups to work on dry land instruction on simulators. Later everyone ended up out on (or in!) the water. It was quite windy and wavy for the beginners, but spirits didn't seem to be dampened too much even after many tumbles into the drink!

Potluck dinner was a wonderful variety of foods with everyone helping out before and after. Some of the participants are already planning the organization of next year's dinner! This was one of the best social times of the weekend with lots of opportunity to meet and get to know others a little better. For some it was also a time to renew friendships made in other years.

After dinner we had time to watch the expert video made by Rick Collins during the day, and coaches were there to offer both positive reinforcement and suggestions on ways to improve our sailing. The coaches and rescue boat crew (Rick Collins and Bob Shuttleworth) must have done an absolutely fantastic job because we even got to see some of the clinic participants doing loops on the video!

The following day we awoke to rain, but it cleared after we did a warm-up session led by Stephanie on the verandah of the green cottage. Beginners went out to a confidence building session on calm water with just enough air movement to let them practise what they had learned the day before. The more advanced sailors did a gybe session with Val using the simulator on land.

In the afternoon after lunch we got a group photo on the lawn, and had a draw for a number of items (including a harness, T-shirts, a handy tool, some mast deviators, hats, a toque, etc.) that Val had brought with her. Most of these were donated by Fathom.

A big thank you to Rick and Bob who were helpful in many ways, but very unobtrusive. We really appreciate everything you did to help make this weekend a time to remember.

It was a very successful weekend with several people wanting to reserve a spot for next year. You'll be happy to know that the list for next year has not yet started, so you still have a chance to be part of it all in 2001!

## First Winter in Florida

*By Yvon Lefebvre*

November 28, Edwina and I left Québec in our brand new motorhome. I had retired during the summer and we were on our way to realizing our project of travelling in a motorhome. Florida was our destination for the winter.

Our first stop was at Cape Canaveral where we stayed for more than two weeks. Had great sailing at nearby Kelly Park and saw the launch of the shuttle Discovery, the last of our century.

Going south, I sailed at the Rickenbacker Causeway in Miami and it appears that nearby Virginia Key is a very good site for wave sailing under certain conditions. We stopped at Homestead, last destination before the Keys, where I sailed a whole week at Biscayne Bay National Park. A very good spot with grassy rigging area, shallow water for miles and sailable for most of the prevailing winds.

We enjoyed snorkeling off Islamorada where Edwina saw a shark (a little too close for comfort, she says) and I had to change direction when I encountered a big barracuda (about 5'6" long). Impressive and more than a bit scary! I sailed one day at Key West during the Race Week Event. Good sensation to sail a steady fifteen knots breeze in wavy water with more than two hundred sailing boats nearby.

We crossed the Everglades by the Alligator Alley to the West Coast. The name is well chosen because there are many of these beasts along the road and can easily be seen while driving. On the West Coast I sailed along the Sanibel Island Causeway near Fort Meyers. Very nice area and a good group of locals. The Howard Park near Tarpon Springs, north of Tampa, has a very nice beach and is a very good location for boardsailing, along with being absolutely beautiful.

Arriving back at Cape Canaveral, I sailed at Kelly Park in preparation for the North American Masters at the Patrick Air Force Base the last weekend of February and the Calema Mid-Winters the first weekend of March at Kelly Park. This is an excellent and safe boardsailing location on the Banana River, with grassy rigging area, the Calema Windsurfing Centre and a very sympathetic group of locals.

## Windsurfing North American Masters Championships

*By Yvon Lefebvre*

This race was held at Patrick Airforce Base (Feb. 25-27, 2000). This location is only 30 minutes away from Kelly Park. Fifty nine (59) participants from 15 states plus one from Canada.

Four races the Saturday in light air (5-10 knots) and three Sunday in moderate wind (10-15 knots) for a total of seven. The five best results overall are as follows:

Rank	Name	Age Group	Points
1st	Yvon Lefebvre (Québec)	55-64	10
2nd	Tinho Dormellas (Calema Windsurfing)	35-44	16
3rd	Tommy Harris (Louisiana)	45-54	17
4th	Mark Powel (10th last Olympic trials)	45-54	18
5th	Susan Simons (Connecticut)	45-54	31

I was very happy with my first race of the new millenium. Very remarkable, was the 7th overall of Pat Nugent with 51 points, considering he is in the 65-74 category. ?

## Gaastra Midwinters

*By Edwina and Yvon Lefebvre*

This race was held at Kelly Park, Merritt Island (March 3-5, 2000). 148 participants, including Fissu Barzizza from Argentina.

Saturday it was blowing up to more than 30 knots. I decided that it was a good opportunity to race the big funboard. It was a good choice. It was much faster than the longboard. The course was quite complex with 8 buoys to pass plus the finishing line. Along with many others, I had a hard time to figure out the course on the water in such windy conditions.

We had 4 races that day and many participants felt it was too windy to take the four starts. It was a bit of a survival situation on the course and it was not an easy task for the officials on the water to follow the fleets either. We had light air for the two races Sunday. Chris Barry, first overall in the sport fleet (62 participants) won the first race and I came second and then won the last race of the series.

Alf Imperato had four wins in the series and won the overall unlimited with an impressive score of 6 points, followed by Fissu Barzizza (9 points) and a great performance by Al Simmons (unlimited master 50+) with 31 points and third overall. The Canadians, Mike Hayes and Ian Matthews, did very well with a first and second place in the IMCO Junior Class.

### Conclusion

These two annual racing events are well organized and friendly. I recommend participation for everybody that is available to do so.

Now that the races are behind us and we are used to motorhome living and all that goes with travelling in one, the real vacation is just starting. We really enjoy the freedom of this way of life and we figure it is just the beginning. We're looking forward to seeing you in Hatteras in the spring and back home in Canada this coming summer.

On demand, we'll be happy to exchange on our experience even though the wireless Internet is not yet practical in a motorhome.

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1999 CMWA Championships - Photo by Wendy Hope

## Scheduled Events

Date	Event
August 4-7	Neil Pryde Canadian Masters Championships; Can-Am Masters Challenge; OSA CIRCUIT #3 (Open, FW), BYC, Ottawa Contact: John Irvin 613-820-3769 <a href="mailto:john.irvin@sympatico.ca">john.irvin@sympatico.ca</a>
August 8-13	Canadian Youth Championship; YOTS, BYC, Ottawa Contact: John Matthews 416-482-5840 <a href="mailto:Matthewsjon@home.com">Matthewsjon@home.com</a>
August 17-18	CORK Youth Festival (Mistral) Contact: John Matthews 416-482-5840 <a href="mailto:Matthewsjon@home.com">Matthewsjon@home.com</a>
August 20-23	Canadian Mistral Championships Portsmouth Olympic Harbour Kingston Contact: CYA (613) 748-5687
August 31 - September 4	Canadian Windsurfing Championships, Québec City (Open, FW, Course, Slalom; Waves/freestyle) Contact: O'Neill Canada, Alain Fournier; 450-565-5588 <a href="mailto:almil@sympatico.ca">almil@sympatico.ca</a> Race Committee: Pierre Chagnon, res. 418-688-0820 <a href="mailto:pierre.chagnon@rrq.gouv.qc.ca">pierre.chagnon@rrq.gouv.qc.ca</a> or Windsurfing Canada: John Darling 416-928-3086 <a href="mailto:fwdsail@direct.com">fwdsail@direct.com</a> organizers expect up to 40 pros and 300 amateurs will register for this event.
September 9	Mammoth Marathon race around Toronto Islands, \$20 incl. color T-shirt, BBQ, prizes. Contact Toronto Windsurfing Club for details.
September 16	CMWA/BWA Women's Fall Clinic, Minet's Point, Barrie. Contact: Nancy Cameron 905-836-4916 <a href="mailto:ncam120s@home.com">ncam120s@home.com</a>
September 22-24	Masters Fall Wrap-up, Port Bolster on Lake Simcoe \$95 food, lodging incl. Norm Burgess 705-657-2588 <a href="mailto:northwd@nexicom.net">northwd@nexicom.net</a>
October 21-28	CMWA Fall Hatteras Trip. Contact: Clark Hill, 416-265-1683.

## CMWA Executive

Position	Contact
President	Ling-Yue Hung 613-829-2687
Vice-President	Bob Legault 613-735-5779
Secretary	Rick Collins



	613-829-2687
<i>Treasurer</i>	Suzanne Roberge 613-820-0404
<i>Director, Public Relations</i>	Steve Slaby 613-225-6834
<i>Women's Director</i>	Nancy Cameron 905-836-4916
<i>Technical Advisor</i>	Jens Knoff 905-227-9152
<i>Clinics Director</i>	Dan Les 905-826-4004
<i>Social Events Director</i>	Stephanie Todd 905-953-8302
<i>Membership Director</i>	Dave Luck 613-820-2612
<i>Maritimes Director</i>	Dick Vine 902-434-1573
<i>Québec Director</i>	Germain Bisson 418-449-4003
<i>Ontario Director</i>	Bob Shuttleworth 905-841-2262
<i>Manitoba Director</i>	Ian Baker 204-757-9925
<i>Alberta Director</i>	Bob Edmunds 403-277-3538
<i>BC Director</i>	Les Spearing 250-652-0416
<i>US Director</i>	Maggie Taylor 207-247-5629
<i>2000 Championships</i>	John Irvin 613-820-3769
<i>Past President</i>	Andrew Hope 905-465-2216

## How to Reach Us

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