

WINTER '98

The Canadian Masters Windsurfing Association Newsletter

# MASTERS Matters

NEILPRYDEEQUIPMENT



## Highlights

- NEILPRYDE CHAMPS '97
- PRESIDENT'S LETTER
- LETTERS TO THE EDITOR
- NEWS UPDATES
- NEILPRYDE CHAMPS '97
- TROPHIES & AWARDS
- STAYING FIT
- US/CANADA CHALLENGE
- OLE TOLEDO
- WILDERNESS SAILING
- RULES CHANGES
- SENIORS & PUMPING
- '98 SCHEDULE HIGHLIGHTS

# THE NEILPRYDE CANADIAN MASTERS WINDSURFING CHAMPIONSHIPS



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The CMWA MasterMatters newsletter is distributed freely to all members twice a year. Participation by readers is encouraged!

Original and previously unpublished material is welcome and will become the property of CMWA for the sole purpose of consideration as contributing material for publication of the Newsletter and therefore will be subject to editing as required. Material will be returned at a convenient time such as not to incur additional costs.

CMWA is not responsible for: Ideas and attitudes expressed in articles submitted to the CMWA; previously published or copied material solicited as original; opinions published in the CMWA Newsletter which are deemed to be in the best interest of CMWA members and the windsurfing community.

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## '98 NEWS

- Robby Naish here, May 23 rd !
- Swap meets April 5th & May 3 rd
- Mistral lower prices by \$300 !
- New Explosion 295 — Board of the year
- North Sails now sown on curved tables....

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# GET READY FOR 1998

*Happy New Year! It has been awhile since I have had the opportunity to speak with many CMWA members. I hope life is treating you well and Santa brought you lots of new windsurfing toys for Christmas. Before I tell you what the CMWA Board has planned for 98, let me first reflect on the accomplishments of 97.*



*Andrew Hope*

**T**he CMWA achieved a milestone in hosting its 10th anniversary regatta in 97 and what a regatta it was. Bob & Lucille Legault should be commended for putting together a package that attracted a record 39 competitors and numerous "athletic supporters" to Pembroke. Competitors hailed from Alberta, the U.S., Ontario and Quebec. The distance award this year has to go to Bob Edmunds for his drive all the way from Calgary. Lorne Schoenthaler finished a close second in this regard but he flew, which as CMWA members know somewhat reduces the friction of distance. Many thanks to the sponsors, namely, Neil Pryde, Sailboard Vacations, Imperial Oil, Windsport Magazine, Boardsports, etc. More on this later from the CMWA's globetrotting ambassador, John Darling.

The election (a.k.a., acclamation!) held in conjunction with the CMWA Championship regatta result-

ed in a few new faces volunteering time to serve the cause. Thanks go to outgoing CMWA Board members Laird Roe, Nancy Cameron and Sandy Gow for their much appreciated efforts in the portfolios of Public Relations, Women's Director and Treasurer. Welcome Andree Gauthier (Women's Director); Suzanne Roberge (Treasurer); Stewart Hall (Public Relations); and Rene Therrien (Quebec Director). Seizing on the opportunity of a corporate move to the U.K., Claude Leduc agreed to continue his association with the CMWA but as European Director. Through the generosity of these individuals and others that I have been remiss in mentioning (e.g., Norm Burgess (VP & 98 Regatta Director), Ling Yue-Hung (keeping the record), Tony Burns (CMWA Bulletin), Sue Thomas (membership), Stephanie "party" Todd (social), Andre Jubinville (Masters Matters and countless other tasks), etc.), the CMWA not only survives but prospers! Thank you all again for your tremendous efforts.

Championship racing was but one of the CMWA's 97 activities. Successful clinics were organized by Norm Burgess for the general mem-

bership at Port Bolster and by Stephanie Todd for women only in Barrie. Not to be out done, Sue Thomas pulled off another couple of epic Hatteras get-aways in the spring and fall. Rest assured that the CMWA Board remains committed to "growing" these events in 98.

In the late fall of 97, Summerside, Prince Edward Island was confirmed as the venue for the 98 Championship Regatta. Norm Burgess is working hard with Ron Casey of Summerside's Economic Development Corporation to make this a regatta to remember. If that isn't enough of a reason to go to PEI this summer, this regatta will also feature the second annual Can-Am Championships. For those of you unaware of the Can-Am Championships, this regatta is run alternative years in Canada and the U.S. Last year the event was held in conjunction with Bill and Maggie Taylor's fabulous New England Windsurfing Championships on Lake Sebago, Maine. The Can-Am Champion is determined by the team score of one competitor per age group. As the schedule is presently drafted, competitors can plan to attend the New England Windsurfing Championships in Maine and the CMWA Championships in PEI on consecutive weekends!

The Board is still looking for a site for the 99 Championships regatta and would like to return out west if an organizer and venue can be found. Plans are already under way to celebrate the millennium in Ottawa at Britannia Yacht Club.

Here's to 98 and what promises to be our best season yet!

Andrew Hope CAN 377

Greetings from sunny and very windy Syria (where INTERNET is not permitted .... hence the UN NY address). I am here on a one year tour as the Staff Officer Maintenance at the Headquarters of the United Nations Disengagement Observer Force, which for the last twenty-three years has supervised the ceasefire between Israel and Syria. Penny has moved to Owen Sound, to be closer to her folks in Meaford.

## LETTERS

Have been on the Golan Heights for two weeks now. Every day we get extreme thermal winds due to the heating in the desert and the coolness on the heights. There are many bent trees with branches only on one side. There is still snow (patches anyway) on top of Mount Hermon, despite normal temperatures here in excess of thirty degrees. The problem I have is that deserts are not renowned for large bodies of water suitable for windsurfing. Even a contraption with wheels would not work due to the rugged terrain.

I have shipped some equipment from Canada, the arrival of which I eagerly await. I expect to get some sailing in on the Sea of Galilee which is a couple of hours drive from here (passing through the cease fire lines). It may also be possible to sail on the Med either on the Israeli coast or (four hours away) at Latakia, Syria. Even further afield is the Red Sea, where I understand there is some good sailing opportunities.

I will miss being able to participate with the Master's this year. Maybe next year we can have a special trip to the Middle East!

The skiing here will not be the same as Jasper, however during the months of Feb and Mar, there is an Israeli resort open on the slopes of Mount Hermon. I also understand that there was skiing in Lebanon, that is now somewhat dodgy due to mine-fields!

Dave Blake-Knox KC-2001

I enjoyed your article in the latest CMWA newsletter. I think there are a lot of us who have fond memories of the early days and I've given some thought to whether or not I will continue in the sport. I haven't raced for the last few years mainly because I got tired of loading all the equipment and then driving for hours to sit and wait for wind.

Having just spent a week at Lake Simcoe with no equipment I now have an idea of what the best sailing set up would be for someone like me. Being a car-topper I think that a short board and a 2 or 3 sail quiver that would accommodate me in the 15 - 25 knot range plus a big flat board (perhaps based on the old superlight) with a non-cambered sail for fooling around in lighter air would fill the bill. If I was making the recommendation for someone with a cottage I might suggest something like a Laser instead of the big board.

I'm curious to know if the industry thinks guys like me are a reasonable market. Is anyone making a big, floaty, non-racing board these days? I still have my Mistral Competition but it does not fit my needs as a 'cruising' board. The ideas you expressed in your article have been coming up a couple of times a year now for some time yet I haven't been aware of anyone catering to such a market. If not maybe those old Mistral Superlights, Windsurfer Competitions and Bic 250s sitting around in garages will go up in value.

Tony Burns

Dear Mr. Hope:

Thank you for your kind letter indicating the success of your 10th Anniversary Championships held in Pembroke this summer.

We are pleased that the group enjoyed our community. From comments I received, local citizens certainly liked the look and excitement of the regatta.

Should you wish to return or if you know of any events you feel the City should attempt to attract, I would be most pleased to hear from you at any time.

Thank you for allowing us the privilege of playing host to your anniversary regatta.

Terry Lapierre  
Economic Development Officer  
Economic Development and  
Planning Department  
City of Pembroke, Ontario

Dear Mr. Burgess:

Summerside, Prince Edward Island are very interested in hosting the 1998 Canadian Masters Windsurfing Championship.

Rest assured, the kind of team effort required to produce a winning Masters Windsurfing Championships is available in Summerside, Prince Edward Island.

Hope to hear from you soon so we can start working on your event.

Ron Casey



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## 1997 CANADIAN MASTERS CHAMPIONSHIPS



by JOHN DARLING CAN 130

**"MEMORABLE" is the operative word at Pembroke. Legault Clan wows Masters with Racing, Eating, Wind and Prizes!**

**T**he 39 racers, their significant others, children and dogs did all expect a very special event at Pembroke, but no one thought it could be this good: gourmet dinners and lunches, hooked-in reaches in 7 races (and a 10-km long distance lasting 40 minutes!) two huge prizes and many more smaller ones, free-flowing homemade libations (both the golden 5% and ruby 12% varieties) and general maxed-out bonhomie.

Five Quebecois, two Albertois, along with three Americanos trekked to Ontario's near-North to join us where the Ottawa River widens and puffs up nice winds. Racing veterans like Sandy Gow and Bill Fenton came back to their sport of many triumphs,

while a few new faces tried novice fleet racing for the first time.

Our first swank buffet lunch was late due to two high-wind I-Course races occupying our attention; after lunch (burp) two more good races saw Toronto Grandmaster Masao Abe take the lead in points, with TWC's Peter Geering winning one, relegating the expected hotshots to lesser status.

Food and drink flowed freely that night at the beautiful new Riverside Park Chalet. Bob Legault led off guitar strumming and singing, with Peter Coy revealing a nice tenor and guitar as well, to the accompaniment of ex-pro guitarist Andre Jubinville, as hits from the 60's and 70's rang through the rafters.

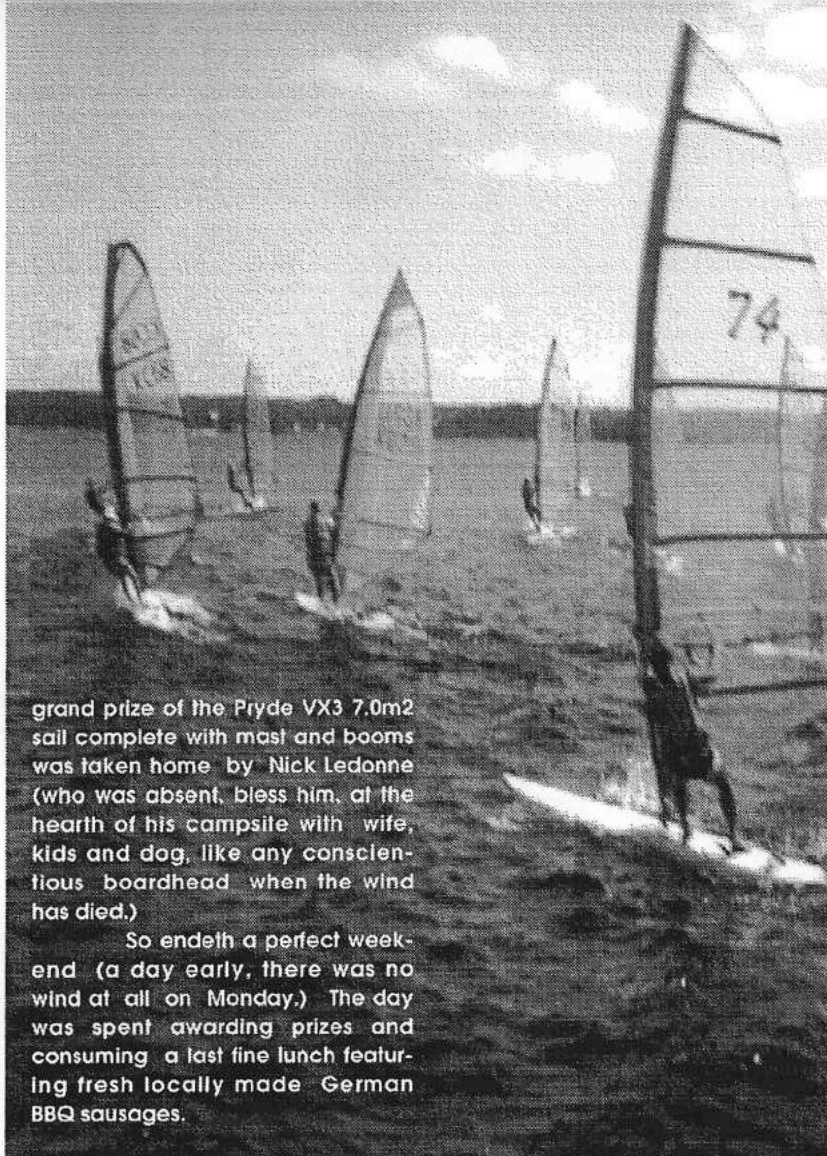
Wind blew all next day too as a long distance race around an upwind Island had us hooked in to 15-km winds! An exciting finish was provided by Quebecois hotshots Claude Leduc and Yvon Lefebvre who yanked their boards up onto a plane near the end of the final downwind leg, planing suddenly

**Top picture: Lunch break at the regatta site—Dana Elzenbeck (US) poses with Lucille Legault. Left: Rene Therrien taking a well deserved break. Right: Championships hosts—Lucille and Bob Legault with daughter Michelle.**

across the bows of leading Ontarians Nick Cox and Peter Geering to steal 2nd and 3rd place, narrowly behind Ottawa CMWA President Andrew Hope, who had a long lead for most of the race. (Gotta watch these Frenchmen—these couriers de bois—guys!)

Yvon Lefebvre went on to win the Overall Championship after the 3 final Triangle and M-Course races in lighter winds that afternoon. That night another big feast was held (all the caterers in town converged on our event at one time or another) and dozens of small prizes were drawn. Finally Sailboard Vacations of Aruba's big prize of one week on the Island was drawn and won by Nick Cox, while the

## 1997 MASTERS CHAMPIONSHIPS



grand prize of the Pryde VX3 7.0m2 sail complete with mast and booms was taken home by Nick Ledonne (who was absent, bless him, at the hearth of his campsite with wife, kids and dog, like any conscientious boardhead when the wind has died.)

So endeth a perfect weekend (a day early, there was no wind at all on Monday.) The day was spent awarding prizes and consuming a last fine lunch featuring fresh locally made German BBQ sausages.

**M**any world champions—and Masters—sailors have cut their teeth on the sport right in downtown Toronto! Friendly windsurfers launching on a sandy beach with groomed grass for rigging up and plenty of on-site hassle-free parking—all this with quiet and shady trees within sight of the metropolis, is yours with a \$60 season's membership (add \$110 per board securely stored 6 months—from May to October.)

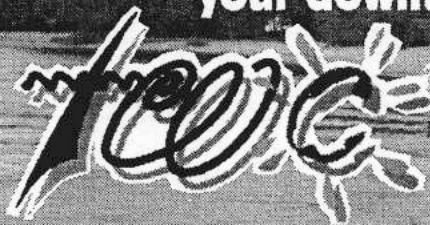
The club has its own free instruction program with first-time membership (boards and wetsuits provided) and there are always plenty of boardmates available to give you help and advice.

One piece of advice you'll hear is to join Canada's biggest weeknight racing fleet on Wednesdays. It's a "fun" series from 6pm to sundown every week (short courses; join in whenever you arrive). It's a great friendly way to learn those tacks, jibes and go-fast tips quickly!

TWC is the site of the "Mammoth Marathon" around-Toronto-Island Race every 2nd Saturday in September, with big prizes! But you can also just loaf around with your friends on the beach or under the shade of our trees to get away from the summer heat.

While you're waiting for higher winds, you'll see some state-of-the-art equipment (and sailors) spring into action—a great opportunity to upgrade your skills for those trips to the Caribbean. Sample Newsletters mailed on request.

**Join the Toronto Windsurfing Club  
your downtown learning and racing resort!**



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# STELLAR 1997



by LING-YUE HUNG Secretary

## Director Reports

### President (Andrew Hope)

It is hard to believe that 1997 marks the CMWA's 10th anniversary. What better place to celebrate this milestone than where it all began! For those of us who ventured out to Columbia Lake, B.C., for last year's Championship regatta, we knew, Bob Legault had a tough act to follow. Nevertheless, Bob and his team of volunteers have delivered in spades and accordingly should be commended for putting together a thoroughly entertaining regatta package.

Each passing year I am more impressed with the dedication, energy and enthusiasm of the CMWA's membership in organizing events and services. 1997 was no exception. Consider for a moment that in 1997 John Darling, Dave Johnson and Peter Geering negotiated the transfer of Windsurfing Canada from the CYA to the windsurfing community; more masters training events have been held thanks to Norm Burgess, Stephanie Todd and Nancy Cameron; Sue Thomas organized another successful Hatteras junket; Maggie Taylor was instrumental in getting the inaugural Can-Am Challenge off the ground at this year's New England Windsurfing Championships; Laird Roe sold Neil Pryde and Sailboard Vacations on sponsoring this year's Championship regatta in a significant way; Andre Jubinville hammered out more issues of Masters Matters; Tony Burns continued to distribute the CMWA Bulletin; Ling Yue-Hung kept the Board honest with her timely notes; Sandy Gow kept us in the black; Charlottetown was confirmed as the eastern venue for the 1998 Championships regatta and a search begun for a western site in 1999.

I look forward to an equally rewarding 1998. With the CMWA's growing membership and broadly based appeal, our organization has much to be proud of. Although I am guilty of not having sampled all the CMWA's events, I want to leave you with my parting thoughts on that which I am familiar. Over the course of the last couple of years I have been treated to several phone calls at my office from the CMWA's international types attending mid-winter events in Florida. These same individuals nurtured the idea of the Can-Am Challenge.



Last weekend in Maine, I experienced first hand the fruits of this effort and came away truly inspired by the camaraderie amongst "athletes" and their supporters. As the CMWA is now celebrating its 10th anniversary, I urge you to reflect on the membership's tremendously positive influence on windsurfing and commit to building on success.

### Vice-President and Clinics (Norm Burgess)

The Board of the CMWA has been busy since the last AGM at Columbia Lake. The venue in the Rockies last July was so inviting, we were tempted to stay longer.

President Andrew has organized two teleconference meetings very effectively and one meeting was held in south Mississauga just after the new year. Email has been an effective means of carrying on discussions/decisions.

The Masters clinics at Port Bolster continue to be reasonably well received. 18 and 16 attended last fall. 24 attended this spring with Ian Brown as head coach; ably assisted by Rob Cameron. The designated coaching staff for the "up and comers" was very successful and well received. Stephanie Todd and Rick Collins were enthusiastic coaches.

A US/Canada Masters Windsurfing Challenge has been developed. It necessitates the visiting country having a "team" of at least 4 at each designated regatta, reasonably close to the border. We promoted and quickly prepared the logistics for the annual Toledo Mistral championships should we have enough Canadian masters attend. Based on the strong winds, it's a shame there wasn't a greater attendance. Three Canadian Masters competed, not four. So we are now looking forward to the Challenge happening at The New England Windsurfing championships on Lake Sebago, Maine, July 26-27.

Two bulletins and two newsletters have been prepared by Andre Jubinville, Sue Thomas, and Tony Burns. Mailing committees have included, in addition; Stephanie Todd, John Darling, Peter Geering, and myself, and others.

### Social Director (Stephanie Todd)

This past year has seen the numbers attending the various CMWA social events increase. The Spring Clinic had more novices and up and comers than ever before.



## PEMBROKE ANNUAL GENERAL MEETING

See Norm's report. The Women's Clinic had 21 participants from across the province. We used three coaches, Jeanie McMurtrie, Leslie Atkins and myself.

Sibald Point boasted 19 participants despite the no wind conditions. We enjoyed a shared fare for lunch and made the executive decision on the color of the CMWA Fleeces to be Navy & Red with the large logo on the back. New Clothing line developed for the CMWA to generate some additional revenue. This year it's fleeces next year "boxer shorts", a request from the President!!

Plans are underway for the fall women's clinic on the 20-21 of Sept. at Minets Point. Norm has the flyers out for the Fall get together and the wrap up. Here we are at the 10th anniversary of Master's regattas and a clinic to go along with it.

Plans are also underway to host a special evening event at the Canadian Championships in PEI for the Masters with the host being the CMWA. Despite efforts to find other sites across the country to host similar events, I have had little response. I am not even sure the FAH cup made an appearance this year. My goal next year if elected for a second term will be to get at least one province to host it's own spring clinic or a windsafari.

Thankyou to all the people involved in helping get the information out to the members and friends, to all those who organized the events and to those behind the scenes who just promote the CMWA.

### **Public Relations (Laird Roe)**

The major item to report for this year is the sponsorship deal with Neil Pryde for our National Championships. In return for "title" mention for the "Neil Pryde Canadian Masters Windsurfing Championships" and prominent advertising in our newsletters, Neil Pryde is donating a "complete race rig" to the CMWA. This year we decided to sell raffle tickets on this rig (and a Sailboard Vacations Aruba package — thanks to Stephanie for getting them to donate a package for the second year in a row) to raise funds. No final dollar amounts are known yet, but ticket sales have been brisk. Tickets will be available right up until the draw in Pembroke. Each registrant for the Championships will also receive one ticket for the draw.

Newsletter advertising has been steady — some advertisers were dropped (some never paid anyways) while new ones came on board. We have been getting excellent support from the major Southern Ontario retailers. There may be an opportunity to raise some advertising revenues from CMWA members who have businesses/services of interest to the broader membership. We should consider sending a letter and rate sheet with our next members mailing.

One project that is still in the works is finding a sponsor for the annual CAN-AM Masters Championships. We will be following up with North Sails and other suppliers. Trying to retain our two major sponsors (Neil Pryde and Sailboard Vacations) and finding a sponsor(s) for the CAN-AM event will be exciting challenges for the incoming Public Relations Director.

It has been a pleasure working on the Board.

### **Membership and Newsletter (Sue Thomas, Andre Jubinville)**

Published two Newsletters since last Championships. The first one was published in late February '97 and covered mostly the activities associated with the Columbia BC Championships. The second Newsletter was somewhat smaller in size (a sixteen pager) promoted our Pembroke Event and featured our main sponsor Neil Pryde.

Membership registration stands at about eighty members thus far. Roughly thirty members from '96 have not renewed. This is much higher than usual. Every year we tend to loose about ten to fifteen members for unknown reasons. Last year's count was just about one hundred members nationally. I expect to be about the same by the time we close our activities for the '97 season. However, I cannot understand so many members (and some old and faithful ones) not renewing.

Bob Legault manufactured wooden plaques, as we had in the past, utilizing his students skills at school. Costs were even lower than previous years. We had no choice but to make plaques again (see next item below) due to complications with medals. Bob made enough plaques to cover all activities. I made the graphics and applied them to the wooden pieces as we did in the past.

Over the Winter, a young designer studying under Howard Gross of the Stephen Leacock Collegiate in Scarborough, developed rough electronic sketches for a new logo. He reworked the image developed by Claude Leduc of Montreal into a format that would work at a small size and in one colour applications. One of his designs is very usable, but still needs some work before turning into medals. I plan to work on this version over the Winter to have something to present to the Executive committee early in '98. Medals, pins and decals are possible for 1998.

### **Treasurer (Sandy Gow)**

There is 3800 dollars in the bank not including this regatta. Every year there is about 3 to 4 thousand surplus. Membership money goes towards the newsletter and plaques.

### **US Director (Maggie Taylor)**

National Senior Council to have a meeting because for Can Am challenge. 1st Canada/US challenge occurred in Lake Sebago Maine and the US won.

### **Elections**

Positions to be elected are as follows:

1. President
2. Vice President
3. Newsletter Editor
4. Social Director
5. Women's Director
6. Treasurer
7. Public Relations Director

There is a need for a Quebec director. Claude, Germain, Yvon, and Rene will meet later to decide who will be the director and report back to Andrew.



The following were elected:

President - Andrew Hope  
V President - Norm Burgess  
Newsletter - Andre Jubinville  
Social - Stephanie Todd  
Women's - Andre Gauthier  
Treasurer - Suzanne Roberge  
Public Relations - Stuart Hall

### Other Business

#### 1998 CMWA Regatta

There was discussion concerning Charlottetown vs Rustico bay. Concerns were requirements for a good race committee if in Rustico bay. Could Charlottetown Yacht club provide race committee in Rustico?? Consensus was to wait until after the Canadian Windsurfing Championships to inquire and solidify a decision on the location in PEI.

### John Irvin

A description of World winter masters games given - Inquired with membership to have CMWA mailing list for sending literature for the World Winter Masters Games. Membership voted to allow him to have mailing list

### Other

There was discussion about having 1999 championships in Central Canada instead of a Western site. 2000 championships are scheduled for Ottawa and John Irvin volunteered for the organization of this event.

## New CMWA clothing



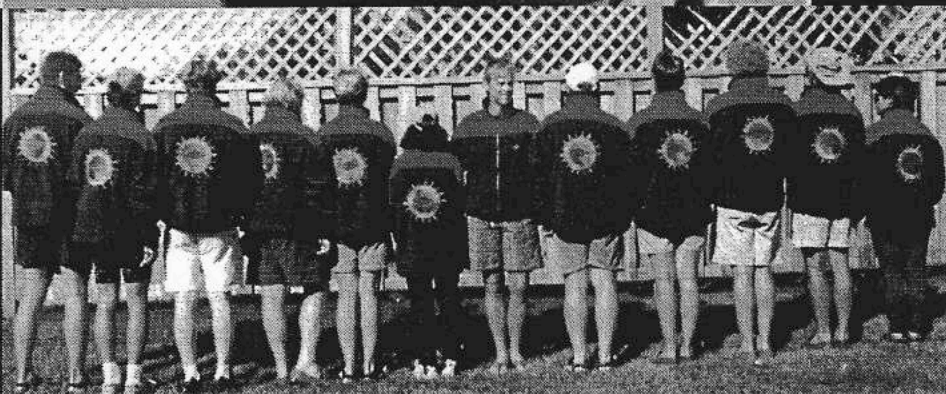
New CMWA clothing



## Keep the elements out!

Warm up or keep cool in the latest clothing attire by CMWA. Made in Canada with Canadian products by Funky Parrott. Logo designed by Claude Leduc. Distributor for the CMWA: SurFit, owned and operated by Stephanie Todd.

Cozy Yukon fleece jacket with full zipper front and zip pockets. Navy blue with red on shoulders. CMWA logo on the back of the jacket. Vests are navy breathable nylon outer shell with red fleece liner. Full zip with zip



pockets with CMWA logo on the back. Great worn alone or with the fleece jacket.

Available only to CMWA member at these low prices:

Fleece: \$115 + \$5.00 (shipping & handling) + \$8.40 (GST) = \$128.40

Vest: \$125 + \$5.00 (shipping & handling) + \$9.10 (GST) = \$139.10

Add \$5.00 for non members. To purchase or order contact

Stephanie Todd at (905) 953-8302 or email: [surfit@netcom.ca](mailto:surfit@netcom.ca)

Watch for fleece pants in 1998!



## AN INVITATION TO THE 1998 CHAMPIONSHIPS

# Come to Summerside Prince Edward Island

The 1998 CMWA Championships, Summerside, PEI July 31-August 3, 1998. Summerside is less than 20 minutes from Confederation Bridge and just under an hour's drive from Charlottetown. The site is the Silver Fox Yacht Club at the edge of the Summerside downtown tourist area, with shopping, restaurants and summer theatre close by. It's a windy site and slalom racing will happen when the wind is up as well as the regular course racing. We plan to have extra long boards available for those need them. Contact Aurele Arsenault 902-854-2818 or Ron Casey 902-855-2418, FAX 902-436-4404 for hotel and B&B information. Camping is available less than 5 kms away. If you plan an extended vacation around this time the Summerside Annual Lobster Carnival is very popular. Another approach is to go the Lake Sebago (see above) the weekend before and then travel north to PEI for this event. We plan to have the second annual US/Canada Masters challenge at Summerside in 1998. The US won at Lake Sebago in 1997. So come and support the Canadian Team in 1998! Toronto contacts: Norm Burgess 905-274-6423, cnormb@direct.com or John Darling 416-928-3086.



**MASTERS INTERNATIONAL CHALLENGE '97**

*St. Eiboh's Cove, on pristine Lake Sebago, with its grassy camping area, sandy launching beach and friendly clubhouse, attracted 35 competitors (with 21 adult guests plus scads of tiny munchkins) and eight non-competitors to the New England Championships in Raymond, Maine the last weekend in July.*

**M**aybe the first Canadian/ US Challenge was the drawing card. Or was it the genuine Maine clambake?

They came from Michigan, Ohio, Ontario, Quebec, Maryland, New Jersey and from all over New England. The generation Xers came in motor homes, vans, or brought tents or a boat to sleep in. Some also brought brother baby-sitters and nannies. The baby-boomers opted for the local motels while the seniors split half and half.

Like last year, the skies were a crisp blue, the temperature in the 80ies and there was little wind. Race Committee Chairman Bill Poole managed four races on Saturday. Competitors never got on the water Sunday unless they were wake-boarding behind Mark Bussard's boat, teaching newcomers, or participating in the "raft paddle/Equip sons fin and dagger relay races".

Much ado was made over Ted Overton's recent award of "US Windsurfing's Most Valued Contributor to the Sport of Windsurfing for 1996-97". Ted's the founder of the fifteen year old Senior Boardsailing Council and at least partially responsible for the establishment of age categories in many regattas across the country. He's also a part time New Englander (Connecticut).

Four Canadians made up the team for the first Canadian/US Challenge: Andrew Hope (President of the Canadian Masters Windsurfing) in the 35+ Age Category, Germain Blisson in the Light 55+, and Rene Terrien and Norm Burgess in the Heavy 55+. The U.S. best finishers in each category made up Team USA:

Dennis Rawley (35+), Bill Dutcher (Light 55+), and John Koslowski and Frank Murray (Heavy 55+).

Dennis, who graciously put



**The Canadian contingent at St. Elboh's Cove with Maggie and Bill Taylor — International Challenge event organizers' and hosts. From left to right: René Therrien, Germain Bisson, Andrew Hope, Maggie Taylor, Norm Burgess and Bill Taylor.**

**Are those lobsters for real? (Ed)**

aside his already rigged 10 meter sail to comply with Challenge rules, tied Andrew with a fleet score of ten points. His teammates scored below their matches and made for a home country win. Next year the Challenge will be held in Canada.

A new class was registered this year for windsurfers who don't like to compete but want to enjoy the site and ambiance: the Fun and Food class. One of them, Shirley Prior, switched to Novice upon arrival, and won the class!

To many the highlight of the regatta was the Maine clambake: pound and a quarter sweet new shell lobsters, a sack of steamed clams without a grain of sand, the very first of the season Maine grown corn, steamed potato, coleslaw, fresh homemade bread, clam broth and drawn butter. And blueberry cake for desert. Some elected juicy grilled steaks or chicken. (The organizer apologizes again to those who had to eat lobster.)

It was lobsters again when the trophies were awarded. Bill Poole mounted lobsters and signature chips (poker chips with the event name, date, etc. that are given as souvenirs) to create prizes reflective of the weekend.

AGE	DIV	NAME	TROPHY
35		*****	
	S	Diana Robicheau	1
35+		*****	
	S	Christine Mulready	3
	S	Peter Bogucki	1
	S	Peter Bray	2
	O	David Milton	3
	O	Dennis Rawley	2
	O	Andrew Hope	1
IMCO		*****	
		Mark Bussard	3
		Alan McGlaughlin	2
		Mike McCaffrey	1
45+		*****	
	O	Alan Peterson	3
		Susan Simmons	2
		Al Simmons	1
55+		*****	
	L	Germain Bisson	3
		Rod Clevenger	2
		Bill Dutcher	1
	H	John Koslowski	1
		Frank Murray	3
		Rene Terrien	2
65+		*****	
	S	Jim Ferry	3
		George Knowles	1
		Ted Overton	2
Novice		*****	
		Evan Goldstein	3
Went to Sport Div.			
		Joe MacAllister	2
		Shirley Pryor	1
Fun & Food		*****	
		Tom Donahue	
		Claudette Meehan	
		Paul Lebeau	
		Patty Moreth	
		Duncan & Judy McGinness	
		Roger Simpson	

## A MAGICAL MOMENT

by STEPHANIE TODD



Where is Bob? He is travelling across Canada to Pembroke to participate in the 10th anniversary of the CMWA in Pembroke, Ontario. Meanwhile, his lovely wife, Lesley, is very much at home awaiting the birth of their second child and wondering if Bob will return in time. Not to worry, as Bob arrived two days before the blessed event.

Good thing too since Kasame Sydney Sola Edmonds dropped into this world three weeks early on August 12, 1997. She was born at home surrounded by her father, Bob, her sister, Natalie, Grandma and a very dear friend of the family. "It was

a very social, magical birth" according to the proud father. Everyone is doing well and last I heard from Bob he was gallivanting across the ocean to Maui with his best buddy, Kevin Hughes, to look at a condo while his wife was totting the children in the opposite direction. The condo didn't pan out but they are still looking at property in Hialeah. One day they'll make the jump.

## BARRIE WINDRIDERS & WOMEN'S SPRING CLINIC

by STEPHANIE TODD

Barrie Windriders & CMWA Women's Spring Clinic June 20-21/98 Minet's Point, Lake Simcoe - This

popular clinic is for women of all levels from beginner to advanced. Coaches Jeannie McMurtry, Leslie Atkins and Stephanie Todd will provide you with the instruction you need to

get you underway or improve your windsurfing skills. For information or to register contact: Stephanie Todd 905-953-8302 or Trudy Soyko Ellis 705-739-1485 or Andre Gauthier 416-447-4721.

## CMWA SPRING CLINIC PORT BOLSTER ONTARIO

by STEPHANIE TODD

CMWA Spring Clinic June 12-14, 1998 Port Bolster, ON Lake Simcoe. Four coaches for all levels. Head coach Jens Knof.

Sandy beach, shallow water, grassy rigging area, great cottage accommodation, three meals included. Contact Bernie

Samulowski 905-664-7608 or Norm Burgess 905-274-6423, cnormb@direct.com. Please register early to avoid the waiting list.

## IMCO NATIONALS '98

by DAVID JOHNSON

I received word yesterday from IMCO International that the 1998 IMCO NA's will be held at Progreso, Yucatan, Mexico from June 8 to 14, 1998.

The Chairman of the organizing committee is Cesar Ceballos of IMCO Mexico, Mexico Wind-surfing Assoc. e-mail: progreso@diariol.sureste.com

tel/fax: +52-99-20 0045

He says the winds will be 12-25 knots and really warm (+30C).

David M. Johnson, for IMCO Canada

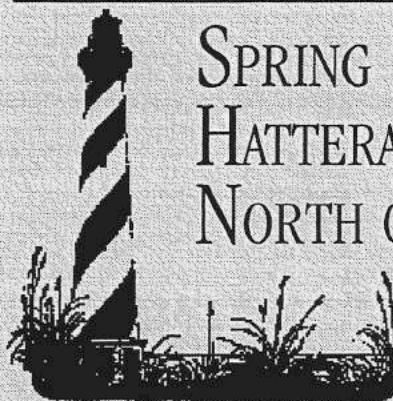
## FLORIDA MID WINTERS

by NORM BURGESS

Spend 10 days in Florida and attend 2 events. North American Masters/Seniors Windsurfing Championships: February 27 - March 1, 1998 On the Banana River at the Patrick Air Force Base, just south of Cocoa Beach, FL (south of Cape Canaveral)

A Saturday banquet after the racing. Last year featured 4 competitors 75 and over and novices over 65! Contact Dick Tillman 407-773-4711 or Email: 75358@aol.com MidWinters Windsurfing Championships with introductory novice racing included. March

6-8, 1998 This very popular annual event typically has over 100 competitors of all skills and ages. On Merritt Island, on the Banana River just west of Cocoa Beach, FL Toronto contacts: Norm Burgess 905-274-6423, cnormb@direct.com or John Darling 416-928-3086.



## SPRING '98 HATTERAS NORTH CAROLINA

by SUSAN THOMAS

Spring Hatteras Trip April 11-18, 1998 Avon, N. C. Be one of 16 masters enjoying two luxury soundfront cottages right on shallow Pamlico Sound. Touch bottom when you fall who falls?!? Leave your equipment rigged all week.

Launch right in front of the cottage. No formal coaching. Plenty of free advice. Each cottage has 4 bedrooms, 3 bathrooms, outdoor shower, washer/dryer, dishwasher, microwave, TV.

VCR. The week's accommodation: \$230 Can per person. Spots for 3 couples, 4 singles plus two bunks in a very small room \$180 Can per bunk. Contact Sue Thomas 416 323 9661 or cmwa@direct.com



## GEORGE SIMONS CRUSHED BY TREE ON FARM

GEORGE EMAIL: [cgsimons@tcc.on.ca](mailto:cgsimons@tcc.on.ca)

On October 15 George Simons was involved in an accident in the woods where he was cutting fire wood. He was on the tractor, pulling out tops of trees which had been cut from logs. The top caught in a standing dead ironwood tree

and pulled it over on him. The ironwood tree hit him on the back and forced him into the steering wheel of the tractor. The resulting injuries were severe. He had 12 broken vertebrae, a broken sternum and fractured ribs. As well his heart

and lungs were bruised. He has spent 6 weeks in ICU in University hospital in London, then some time on the neurological floor, before being sent home to Clinton Hospital. After 2 weeks in Clinton he was allowed to come home and is progressing

fairly well. He has full use of his legs, his arms and hands are growing stronger and his bones seem to be healing well. He is in a body vest which can be taken off at night. This vest will be on until the end of January, then we are hoping that he will be able to continue his recovery without it. George was very happy to be home for Christmas and to have

all his family around him. Since they have gone home he has been rather tired and is spending most of his time in bed. Some days it is hard for him to keep his spirits up and loves to get e-mail messages and letters, calls etc. George has kept the hope of wind surfing in his mind through all this healing time and it has been a goal which has kept him focused on recovery.

## WOMEN'S '97 SPRING CLINIC — BARRIE ONTARIO

by NANCY CAMERON



Warm sunshine and still waters was how the 1997 Women's spring clinic at Minets Point, in Barrie started. But Jeannie McMurtry, Leslie Atkins and myself were not to be deterred from creating a learning environment for 21 enthusiastic women registered. Dry land training began with the group being divided into experienced and up and

coming windsurfers. This proved from the feedback we received as a non threatening way of encouraging everyone to learn at their own pace. The thermals did kick in at the end of the day and everyone had a chance to practice the new skills learned on shore. The second day was much like the first though the temperatures

were a little chillier after you had been in the water. Fun was had by all and everyone left feeling that once again it was important to have a clinic for women....ask the guys who were listening from the sidelines! Join us this spring for another great clinic with Jeannie, Leslie and Stephanie on Sat. & Sun., June 20 & 21, 1998.

## FRIENDSHIPS REKINDLED AT FALL WRAP-UP '97

by STEPHANIE TODD

I don't know how Norm Burgess does it year after year. I'm not talking about all the work he has to do to organize each of the events he holds at the Burgess Enclave in Port Bolster but the weather he seems to be able to provide. Nancy Cameron and I arrived Friday afternoon to very still waters but warm temperatures and the beautiful fall colors. For me, who is now caught up in the Toronto hype of rushing around and trying to fit everything into every waking hour, it was a reprieve to sit with George, Nancy, Dan, Lisa, Doug, Leslie, Bernie and

Norm. Those who chose to do other things just don't get the picture, "LIFE IS TOO DAMNED SHORT TO SPEND IT WORKING!" Some gave up work to enjoy the remainder of the weekend and I'm sure they are glad they did. The next two days were spent enjoying the warm weather and the off shore breezes that had most of us stick with our long boards for some excellent sailing. Looks like this year there will only be one date for the fall for CMWA members to enjoy the north-east shores of Lake Simcoe. Best to book early with Norm if you want a spot. Count Lauri and I in for another great way to wrap up the year.

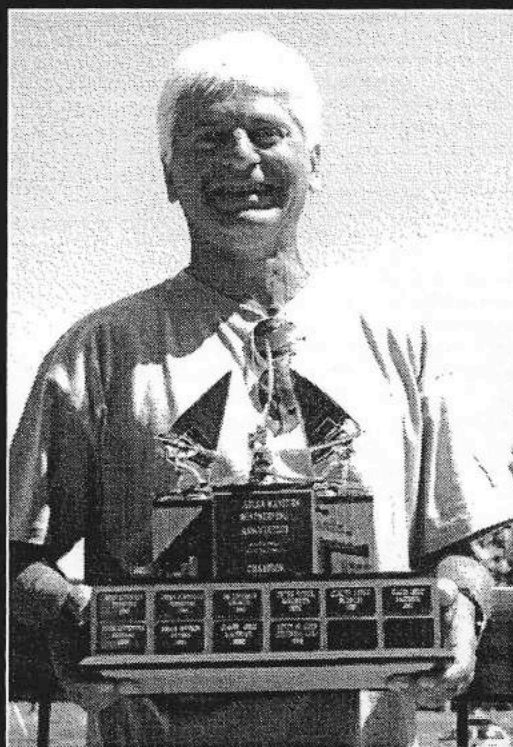
## 1998 SCHEDULE HIGHLIGHTS

- February 28 CMWA Masters Skifari Horseshoe Valley 905-953-8302
- Feb. 27- Mar. 1 Milsral NA Masters/Seniors Cocoa Beach, FL
- Mar. 6 - Mar. 8 Mid-Winters, Merritt Island, FL
- April 11-18 Canadian Masters Hatteras Trip, Avon, NC 416 323 9661
- June 12-14 Canadian Masters Spring Clinic, Lake Simcoe, Ont. 905 274 6423
- June 20-21 Women's Clinic, Minets Point, Lake Simcoe, Ont.
- July 4 CMWA Windsurfari Sibbald Point, Lake Simcoe, Ont. 416 421 3827
- July 25-26 New England Windsurfing Champs Lake Sebago, MA 407 388 5834 Winter 207 247 5629 Summer
- July 31-Aug.3 Neil Pryde Canadian Masters Champs, Summerside, P.E.I. (905) 274 6423
- Aug. 10-14 NIKE World Masters' Hood River, OR. 1-800 984 2637
- Sept. 19-20 CMWA Women's Clinic, Minets' Point Lake Simcoe, ON (905) 953 8302
- Sept. 12-18 Canadian Windsurfing Champs Sheraton, ON 416 928 3086
- Sept. 26-28 Canadian Masters Fall Wrap-up, Port Bolster, Ont. 905 274 6423
- Oct. 4-11 Canadian Masters Fall trip, Cape Hatteras, Avon, N.C. 416 323 9661



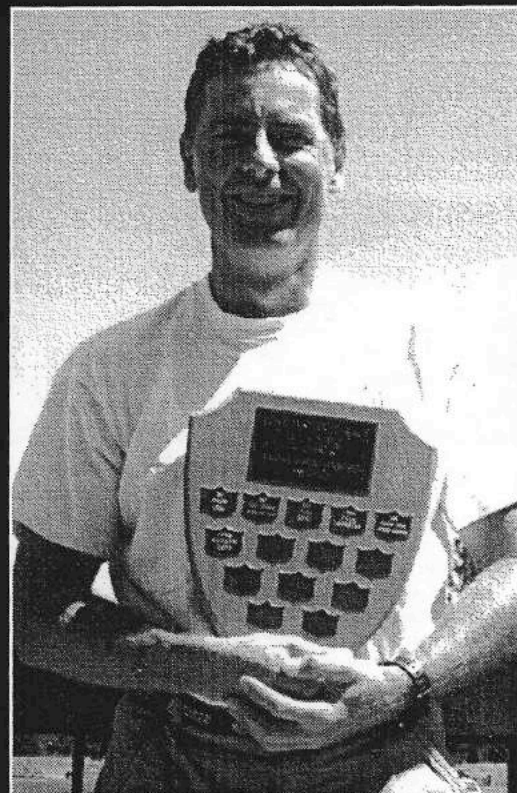


Participating in several racing US events on the East coast and Florida as well as Canadian events such as WIRED plus showing strong finishing in all of them, John Darling received the Sailor-of-the-Year Award. John has been involved with the Masters Association since its inception in 1987. He is also the President of Windsurfing Canada as well as the driving force behind organized sailing activities in the country and a true windsurfing ambassador.



After more than a year of absence due to physical ailments, Yvon Lefebvre made a very strong comeback in the Quebec, Ontario & USA racing events this year; cumulating in winning one more time the coveted overall Canadian Masters Champion title.

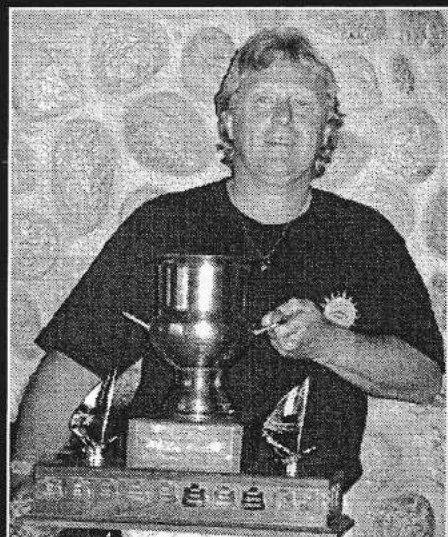
Considering all the duties associated with helping the CMWA and responsibilities at National events, Andrew Hope clinched a second place overall, narrowly missing the Championship title by barely one point. Andrew again showed his fearsome downwind sailing abilities by gaining considerable distance on the rest of the fleet and winning the Long Distance Trophy for second year.





# Hall of Fame

Canadian Masters Windsurfers receive honours for their accomplishments



Usually presented to an individual sailor, this time the formidable family team effort put together by the Legaults made certain everyone had a good time at the Nationals. Bob had a huge welcoming party into his home at the start of the event, plus arranged for superb catered food for lunches, dinners with wine and so much more. Bob and Lucille Legault along with their daughter Michelle share in the pride of receiving the Sportsperson-of-the-year trophy. Bravo.

△



Nancy Cameron received The President's Trophy presented by the Canadian Masters' Executive in honor of her dedication and efforts organizing windsurfing clinics and focus activities for women sailors of all ages. Thanks to Nancy the ranks of female sailors are rapidly growing in the Canadian Masters Windsurfing Association.

△

## CANADIAN MASTERS CHAMPIONSHIPS RESULTS 1997

### CANADIAN CHAMPION

- 1 Yvon Lefebvre (QC)

### OVERALL STANDINGS

- 1 Yvon Lefebvre (QC)
- 2 Andrew Hope (ON)
- 3 Claude Leduc (QC)
- 4 Masao Abe (ON)
- 5 Andree Gauthier (ON)

### MASTER'S MEN

- 1 Andrew Hope (ON)
- 2 Claude Leduc (QC)
- 3 Nick Cox (ON)

### MASTER'S WOMEN

- 1 Andree Gauthier (ON)
- 2 Stephanie Todd (ON)
- 3 Suzanne Roberge (ON)

### GRAND MASTERS

- 1 Yvon Lefebvre (QC)
- 2 Andre Jubinville (ON)
- 3 Peter Geering

### SUPER MASTERS

- 1 Masao Abe (ON)
- 2 John Darling (ON)
- 3 Germain Bisson (QC)

### SILVER FLEET

- 1 Bill Fenton (ON)
- 2 Noel Lomer (ON)
- 3 Sandy Gow (ON)
- 4 Bill Taylor (US)

### SILVER FLEET WOMEN

- 1 Ling-yue Hung (ON)

### LONG DISTANCE

- 1 Andrew Hope (ON)
- 2 Claude Leduc (QC)
- 3 Yvon Lefebvre (QC)

### FUN FLEET

- 1 Dana Elzenbeck (US)
- 2 Diane Houston (ON)

## WINDSURFING CANADA MASTERS CHAMPIONS



*The winners of the big Masters fleet at the Canada in Windsurfing Championships held in PEI during September 1997 (combined race board, Downwind Slalom, Waves): Mike Fabbro, 1st (centre); Yvon Lefebvre, 2nd (right) and Jan Wroblewski, 3rd (left)*

## RECORD ENTRY FOR MISTRAL NORTH AMERICAN CHAMPIONSHIPS

by RORY RAMSDEN - IMCO INTERNATIONAL

58 competitors from 8 countries/3 Continents competed at CORK last week for the North American Title and for qualification to the Mistral World Championship in Perth (Part of the ISAF Windsurfing World Championships). Ted Huang (USA) narrowly beat Alain Bolduc (CAN) to take the men's title and Lanee Butler won the women's championship easily from Carol Ann Alle (CAN). The good news is

that the USA has found a racer of promise in Randy Somnitz (3rd) as have Canada in Kevin Stittle (6th) who won the Mistral Continental Youth Championship. There are others coming along but not yet close to the top group. Countries taking part included Canada, USA, Mexico, Venezuela, Japan, France, Slovakia and The Virgin Islands. Mistral World Championship

Qualifiers  
Men Women  
Ted Huang (USA)  
Carroll Ann Alle (CAN) Alain Bolduc (CAN)  
Edlith Trepanier (CAN) Randy Somnitz (USA)  
Jessica Crisp  
Mike Geghardt (USA) Murray Mcraig (CAN)  
CORK Open  
Quota Qualifiers  
Men Women  
Motoka Kenjo (JAP) Masako Imal (JAP)  
Yamil Saba (VEN)  
Hellen Chardon (FRA) \*\*\*  
Roman Bastardo (VEN)

## THE FUTURE

by RORY RAMSDEN - IMCO INTERNATIONAL

I guess its true of any business as well as any sports activity... "Where there is a dynamic manager or management, activity will grow and the company will grow and prosper". Sadly, in this day and age, when business demands are so great; when the concept of a job for life is long gone; and when companies have to constantly re-invent themselves in order to survive, volunteers are very hard to find indeed. Sailing as well as windsurfing has suffered because of it.

Competitors are happy to take part in any races that they can in order to relax and forget, for a few

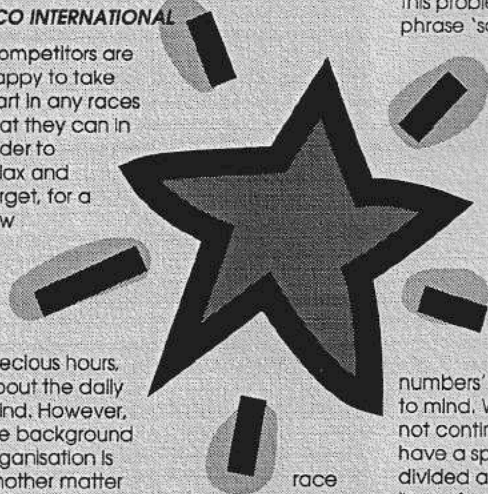
precious hours, about the daily grind. However, the background organisation is another matter entirely. Club level activity is the life blood of the sport. This is where the grass roots development activity takes place; This is where the all important transition from learning the basics to the

race course should be made; and yet few clubs or national class associations can find enough voluntary support to fulfil these basic training and racing needs. How is

sailing and in particular windsurfing going to tackle this problem? The phrase 'safety in

must in order to prosper and grow. We must re-examine how the sport is marketed to the general public and in particular to the kids. A clear strategy must be developed that will ensure that we attract our fair share or competing sports will reduce the number of new sailors to a trickle. We must define all of our assets and deploy them in the most effective way possible. We must gather together all interested parties in one place. Everyone should be invited to attend, be they in the industry; in the international classes; in the media; in the

national authorities; and include senior competitors and recreational sailors so that a constructive brainstorming session can be held to come up with solutions that will carry us forward into the next millennium. The ISAF Windsurfing Committee are continuing the process, begun in Nice, France last May where industry representatives met members of the international classes and ISAF. This was a first and important step but before solutions can be identified a considerable amount of work needs to be done and your ideas should be heard. So e-mail us at: 100307.1410@compuserve.com





# HATTERAS... FRIEND OR FOE?

by DUKE DUYCK

I have been going to Cape Hatteras every Fall, since 1992, and loved it! For me it is a great opportunity to escape the mediocre winds of TO,

I dressed it with 'Ozonol' and a Band-Aid, and in no time the wound healed as expected. However, two weeks after I came home from

reduce the swelling.

A month later, the redness had gone, but the water was still there, and the lump was still there. There was little if any reduction in either. The doctor gave me another set of anti-inflammatory pills and we both waited for things to happen. Nothing really did until... of all things, I started snowboarding, in mid December, which gave my knees an enormous workout and thus good circulation. In about a month it was down to half, and in another month it was gone.

That was the end of it, so I thought. But recently, I was given the following information with the advice to stay away from Hatteras, because apparently, I don't have the resistance to combat the 'killer germ'.

The incriminating information was the following: A review by Andrew Nikiforuk in the Globe & Mail of June 28th, 1997, page D-2, of a book by Rodney Barker called 'And the waters turned to

blood. The ultimate biological threat', published by Simon & Schuster (1997).

The waters of the North Carolina coast are polluted with 'dinoflagellates'. These unicellular parasites can live in both fresh and salt water, so the salt does not act as a disinfectant. They come in different varieties: Some eat fish, in fact they eat the flesh right off the bone, others hibernate in cysts, while yet others sting prey with neurotoxins. In the last five years, they have killed billions of fish on the eastern seaboard, afflicted hundreds of sea-bathers, sailors, fishermen, and divers with festering skin sores

and neurological problems.

While scientists (i.e. JoAnn Burkholder) believe that they originated from the untreated run-offs from pig farms in the area, the health department disagrees in favour of the billion dollar pig industry, claiming that the water is safe. For my part, I cannot afford to ignore the scientists' warning. While I am in excellent health and heal quite well and rapidly, I have to submit to defeat and stay away. It seems that my system does not appear to have the resistance needed to fight these things. Mind you, I am not 21 anymore and cannot be expected to be

as strong. Next time, I may not be so lucky to get rid of it in a few months.

I don't want to tell others not to go there, because none of the others in my sailing group have had any problem at all, so there is little reason why you should expect to get any problem. On the other hand, I feel that you should at least know about it, so you can decide what to do in case something does happen to you. At least to be very careful with cuts and anything that may lead to infections.

Meanwhile, the sailing at Cape Hatteras is still terrific!



and get practice in some real good and steady heavy windsurfing winds. I happily brave the risk of getting caught in a tornado, driving through foot high water, or nearly getting blown off a bridge for the chance of getting those 25 knot winds to practice my gybes in. In addition, I enjoy the trip through the forested areas of Pennsylvania Virginia, and Maryland - and the company of other sailors.

The last time I was there, I got a small cut on my knee, no more than a quarter of an inch. As usual,

The latter found it rather perplexing, but gave me a double whammy to combat it, consisting of antibiotics (gloxacillin) and an anti-inflammatory agent (naproxin). The antibiotic was to kill the bacterium that caused the infection, and the anti-inflammatory agent to

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# NEILPRYDE PRIZE WINNER



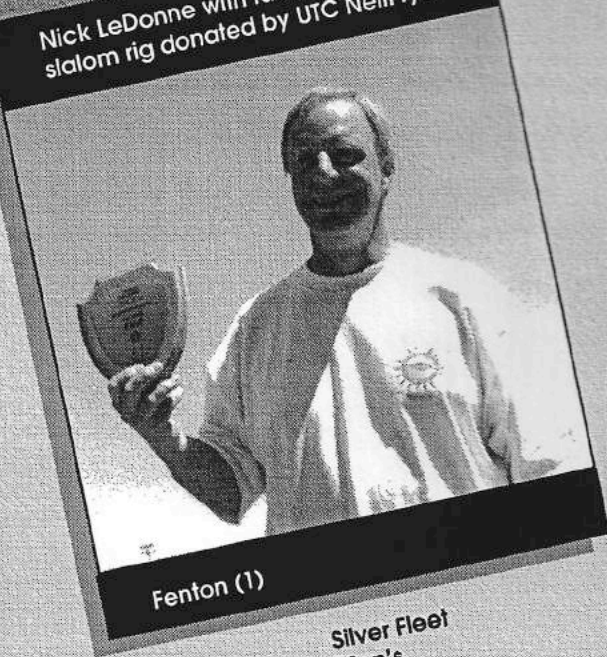
*Sail was presented to Nick LeDonne, lucky winner of the draw, by UTC Richard Brown.*



Nick LeDonne with fabulous 7.0 prize slalom rig donated by UTC NeilPryde

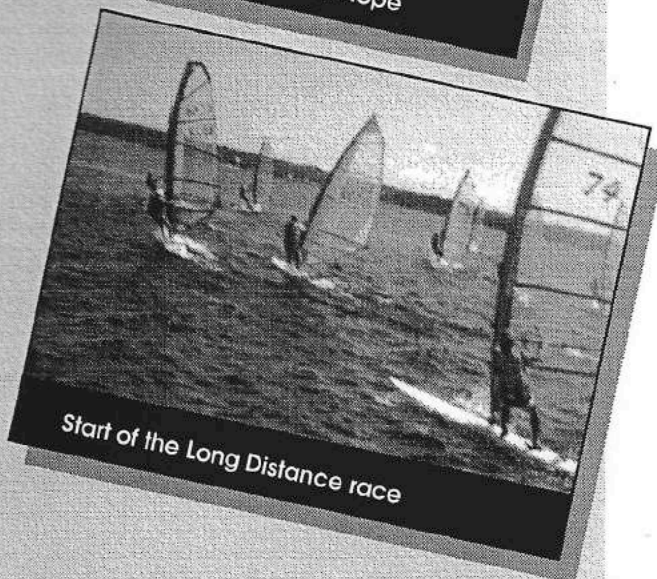


Germain Bisson (left) & Andrew Hope



Fenton (1)

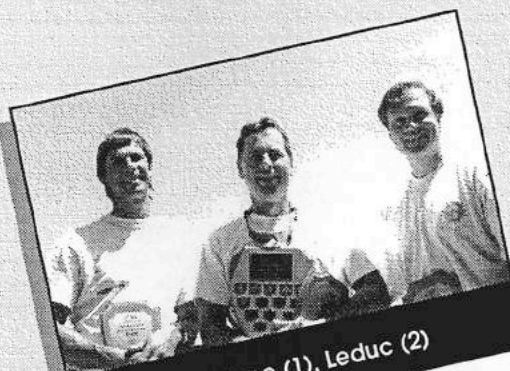
Silver Fleet  
Men's



Start of the Long Distance race



# THE WINNERS' CIRCLE

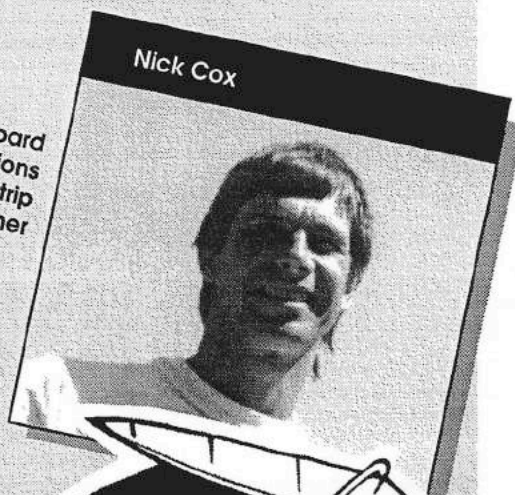


Cox (3), Hope (1), Leduc (2)



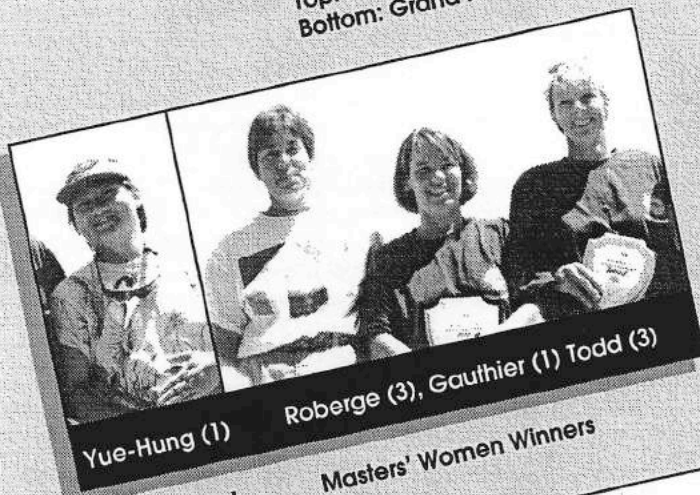
Jubenville (2), Lefebvre (1), Geering (3)

Top: Masters Men winners  
Bottom: Grand Masters winners



Nick Cox

Sailboard  
Vacations  
Aruba trip  
Winner

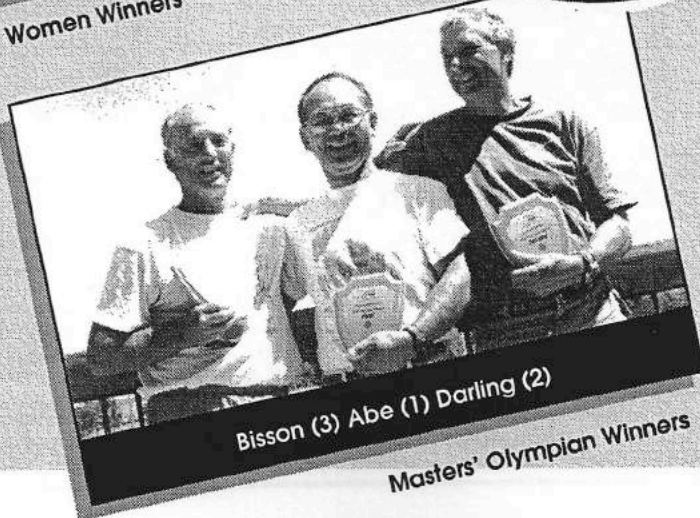


Yue-Hung (1)

Roberge (3), Gauthier (1) Todd (3)

Silver Fleet  
Women's

Masters' Women Winners



Bisson (3) Abe (1) Darling (2)

Masters' Olympian Winners



# STAYING FIT

by JOHN DARLING CAN 130

*No need to spend megabucks shortboarding in Aruba or Margarita in winter, when you can do the same in Florida for relative \$\$ peanuts, plus get in two big fun longboard regattas on consecutive weekends with hot US Masters and the kids!*

**M**yself and Norm Burgess do it every year: the Calema Mid-Winters and Mistral Masters Championships, both near Cape Canaveral (that roman candle that just went off was a Titan 4), late February-early March. Drive down cheaply, room and eat (or camp) cheaply, two regattas for \$150 (including great meals), lots of great company — and lots of wind (!) Back-footstrap planing on raceboards and lots of shortboarding on flat water or the ocean in between. Enough to leave you aching sore, but happy! (You need the day and a half trip back to recover!)

This year the Mid-Winters had 95 racers in IMCO, Unlimited, and Limited Raceboards (7.5m<sup>2</sup> max sail, as in our Canadian fleet); expert fleets, beginners fleets on the new Mistral Superlight II with 6.6m<sup>2</sup> sails, and six Youth under 15 — a welcome sight! Next weekend at the Masters, 50 raced in IMCO but mostly Open Limited, plus a few Unlimited heavyweights. Stars of the show were six guys 75 years of age or older! — who unfortunately couldn't race much because of high winds.

Florida kept blowing away, with 15-20 knots each afternoon, for 2-3 weeks, allowing for great high-speed longboard racing but putting a strain on those winter-soft arms and hands (ya gotta do weights and train hard before these winter holidays, matey!) Then, too, lots of slalom sailing in between (not a lot of action on the ocean this year, the winds being offshore, or weak south fronts that accelerated only over the

river — but 1996 saw great NE waves wrap around the Cape.)

Norm raced with a pretty severe left shoulder strain, using a 5.9m<sup>2</sup> sail, and I broke in my new North RB, while breaking into two pieces, TWO daggerboards! Both snapped off on full-planing beats, sheeted in! (Managed both times to limp across the finish lines on my lee-ward rail.) (Awarded no YMPs either!)

The key to racing success was to stay on a plane — downwind! Catch every gust and max it — Florida's heavyweight 65+ Jack Sevier was unbeatable, but then the big wimp sails in warm wind and water all year...all his life.) Actually, in Limited fleet the Seniors 55 and Over completely dominated. Thus, although I was dialed in and made 4th overall in the Open fleet of 44, guess what — I finished only 3rd in my class of Seniors!

Again — gasp! — in the Masters Champs I was 4th overall, but apart from (semi-pro) junior Master Tinho Dornellas (out of sight most of the time) I could only manage 3rd Senior, with Dick Tillman from Coca Beach the overall winner and Pat Nugent from Tampa 2nd (the 45-year old "Grandmasters" probably won't catch up to us Seniors before they get to be 55.) Plenty of youth were out on huge Unlimited sails too at the Mid-Winters, causing such huge wind shadows that Ken Winner, Alf Imperato and Randy Somnitz (#2 ranked Olympic US man), who attempted course slalom racing, were blanked dead.

IF YOU GO IN '98: Calema Mid-Winters (IMCO, Unlimited and Limited Open "A", Sport, Youth & Clinic fleets), previously 3rd week in February but 2nd week in March 1998 (verify with Tinho Dornellas 407-453-3223) \$55US, outside buffet & lunches included.

Mistral North American Masters/Seniors Championships, first weekend March (IMCO, Limited, Sport fleets), \$55US with big yacht club buffet & lunches & clinic; contact Dick Tillman 407-773-4711. Info: contact John Darling (416) 928-3086.

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by KATHERINE KORCHOK - SPECIAL TO THE TORONTO STAR

***The end of the summer does not mean the end of windsurfing. For board devotees, the winds of autumn bring maximum sailing weather to Ontario waters.***

**O**n September 26-28 the Canadian Masters Fall wrap up will feature a weekend of sailing and socializing at Port Bolster on Lake Simcoe as an adjunct to the Canadian Masters Windsurfing Association's spring instructional clinics.

According to organizer and CMWA clinics director, Norm Burgess, the fall windsurfing event for men 35 and over and women 30 and over has become popular because the winds are better in September. And wind is what it is all about!

Windsurfing, also known as boardsailing or sailboarding, was conceived in the late 1960's by aeronautical engineer Jim Drake and computer expert Hoyle Schweiter, a pair of southern Californians who wanted to combine the thrill of surfing with the mobility of sailing.

Windsurfing — the ultimate merger of body, wind and wave — reached its peak of popularity in the late 70's and early 80's and was first included as an Olympic sport in 1984. However, with the emergence of rollerblading and other board sports

like snowboarding, wakeboarding and skateboarding windsurfing declined in popularity.

But 1997 was declared a comeback year for the sport and Windsurfing Canada was reborn. It is affiliated with the Canadian Yachting Association but operates as an independent organization whose aim is to rejuvenate the sport, encourage the formation of new windsurfing clubs, attract new sailors and bring back windsurfers who may have hung up their boards for a number of years.

According to Windsurfing Canada chairman, John Darling, the Toronto based organization is dedicated to providing better entry-level instruction and coaching for newcomers so they can reach a decent performance level in the sport earlier and more easily.

"We want to grow and introduce new people to windsurfing" Darling says. "We have all these beautiful lakes, the water quality is okay and the winds are reasonable. And it's not really too expensive to get into".

A new comer can get started with used equipment for as little as \$500 to \$700, and with the proper instruction, even a beginner can enjoy a sport that combines high speed thrills, excitement, challenges and fun with the best elements of Mother Nature.

In that spirit, Leslie Atkins, editor of *Windsport Magazine*, has dubbed this season "the dawn of a new era".

She says the next windsurfing generation is more concerned with fun, adventure and personal expression than with technical proficiency, so that windsurfing events need to focus on free-riding rather than racing or wave sailing.

"The equipment is getting more user friendly and versatile and is making the sport less frustrating in getting over the learning hurdle" Atkins says.

It's the learning curve that makes clubs so important, and with a dozen clubs scattered across the province, there are plenty of opportunities to get involved. Membership costs are minimal, and often include basic lessons to beginners for free.

After a dry-land primer on the basics, you can start in light winds and tame conditions and then work yourself up into more advanced sailing as you become more comfortable on the board.

"It's important to get the proper lessons because it's not a sport you can pick up easily on your own," Darling says. "But windsurfing community is great for advice and camaraderie."



## MASTERS WINDSURFARI SIBBALD PARK ONTARIO

by NANCY CAMERON

What a beautiful day we had for the CMWA Windsurfari last July! Hugh & I and two of our sons, Rob & Paul (Mark was working that day), headed for Sibbald Point

Provincial Park on Lake Simcoe that morning with a cooler full of food (standard procedure when you have 3 teenage boys in the family!). Norm was the first of several CMWA members

we saw who were already there when we arrived with all of our equipment in the trailer. When we tried to start rigging up, we discovered the one thing that we had forgotten

the other set of keys for half of the trailer! Well, Stephanie found a long-sleeved lycra top & a bathing suit for me; Bernie found me a set of booties, and eventually I had enough equipment to go sailing. Now the only thing lacking was wind - why does this sound so familiar?

Everyone rigged up their largest sails, but most of us never even took them down to the beach. Norm, as is often the case, spent quite a bit of time setting up some of his extra equipment for an interested passerby to use in hopes of encouraging him to get back into windsurfing & possibly join the masters. Andre played frisbee with his niece; Lauri played his guitar; Hugh, Rob & Paul played catch, went for ice

cream & explored the park; John Darling ate his healthy burger & fries which Paul enjoyed sharing, & I forget what the rest of us did, but we certainly had a great time sharing whatever food everyone brought; Iza & Dan brought dessert. Paul (13, so he's got a great memory for food!) also remembers spicy hummus and tostitos; was it Joyce who brought those? George came all the way from Goderich just to sit and visit with us & he didn't even complain about the lack of wind, so he must have really enjoyed our company!

It was pleasant way to spend the day, especially for me since I didn't get to go to the spring clinic at Norm's cottage in June for the first time in

about four years. We'll blame that one on Hugh since he was living and working in Rochester for several months. We're all really happy to have him home again.

This year maybe we'll have the great wind that came especially for our Windsurfari 1996, & I'm going to be ready for it this time, since I'm finally getting the hang of short-boarding & feeling more confident about going out on my short-board in high winds. This feeling of increased confidence is partly due to improving skills, but also to the presence of lots of comrades (& Rob!) who are aware of others & would help out if necessary. So come on out, bring your family, & join the crowd; if it's windy we'll sail, & if not we'll have a great time anyway!

## 1998 NIKE World Masters Games

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Web Site: [www.worldmasters.org](http://www.worldmasters.org)

Email: [info@worldmasters.org](mailto:info@worldmasters.org)

Andre Jubinville  
Can Masters  
568 Ontario St.  
Toronto, Ontario  
CANADA M4X 1M7

Dear Andre,

As the Executive Manager of the 1998 NIKE World Masters Games, I would like to invite you and the members of Can Masters to compete in this once-in-a-lifetime athletic and cultural event.

The Games will be held in beautiful Portland, Oregon USA, August 9 to 22, 1998. The Games will be the largest participatory multisport event ever held. Twenty-five thousand Masters athletes, generally aged 30 and over, from over 100 countries, will compete in 25 Olympic-type sports. Windsurfing and Sailing are two of the sports.

Both the Windsurfing and Sailing competitions will be held in the world famous Columbia River Gorge. Attached, please find a general information sheet for Windsurfing. Also attached is a general information brochure and a registration packet for Windsurfing and Sailing. For more information about the Games or the Windsurfing competition, visit our website at [www.worldmasters.org](http://www.worldmasters.org) or contact me directly.

I hope you and the members of your club will be a part of "The Global Celebration Of Sport For Life."

Sincerely,  
  
David Fee  
Executive Manager



Norm Burgess (left) presents Dan Les (right) a T-shirt and Wind Trax magazine as most camera visible "Up & Comer". Isa Les (centre).



WIND, WIND, WIND,

# OLE TOLEDO!

by NORM BURGESS

*John Darling and I arrived in Toledo on Friday for their 8th annual windsurfing championships, to see a great race site at Maumee Bay State Park on Lake Erie with a grassy rigging area and a nice sandy launch plus pleasant warm winds.*

**O**n Saturday a Northeast wind built to over 20 knots from across the lake and on Sunday at 9am the wind was clocked at 18 knots and continued to build from there. The 3-5 foot swells on Saturday became even more demanding on Sunday!

Hatteras like conditions, plus waves! The event is a Mistral Grand Slam, US Windsurfing Direct Qualifier. The lightweight division of the A Fleet IMCO class was won by Kevin Stittle by a good margin. The Hewitt brothers from St. Catharines took 2nd and 3rd. In the 150lb plus division, Rob Cameron won first place.

The larger division, called sport fleet in the US; Open Raceboard and Masters, was won by Chris

Barry, a former Canadian living in Michigan. The Masters 55-64, including Chris, had a weight break at 175 lbs. John Darling won the 175 lbs. plus division. Maseo Abe placed third.

John also won the US Seniors Clydesdale trophy awarded to the best 185 lb. plus competitor. The light hearted presentation is for "the mighty Clydesdales plodding around the marks, head set in determination.—". John, aren't you glad you didn't report your weight as 184 lbs?!! The regatta was well run, with a wide range of draw prizes, with every competitor winning something. John won one of the 4 fins presented and I won one of the 3 fin bags; with the biggest prize being a board bag. The race committee did well under the wet/windy conditions and ran three very challenging races on Saturday, expecting to run more on Sunday. The committee boat could not get out on Sunday so the awards were made 10:30 am in very wet conditions so a figure 8 slalom race could be run afterwards for those who stayed. Rob

Cameron was out on his 8'6". Over 2/3 of us did not have small enough equipment to even sail on Sunday. John says, "Take the trailer next time with all our boards!!"



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## WILDERNESS SAILING IN B.C.



by JOHN DARLING

*Travelling West half way to the mighty Pacific on the Kicking Horse Pass Highway #3, you pass Kootenay Lake and Christina Lake, both beautiful sailing spots, on the way to the Lake Okanagan at Penticton.*

**H**ere the South winds at Skaha Lake are great too at the shallow, sandy launch at the small Sudbury St. Park (look for the local boardheads from the highway). Cactus-and-sagebrush country, it's hot and dry; winds are frontal but the narrow valley enhances those knots.

Next stop on the way to legendary Squamish (not for the squeamish) is Harrison Lake near Chilliwack nestled off the Fraser Valley's Trans-Canada highway in the rugged Coast Range. This mountain lake literally disappears into the wilderness — there are a half dozen delectable isolated launch and camping spots accessible from logging roads down its length; but most sailors launch at the local Club site across the big windy bay from the Hot Springs in town. Front-assisted thermals squeeze through the narrow canyon in which the town sits; strong broad gusts speed up offshore, providing excellent flatwater speed-sailing for both short and

longboards. If no wind? —there are many mountain trails to explore; one of the more challenging to try is the 10km, 6 hour, 610 meter climb to Campbell Lake, which in B.C. parlance is "moderate, for well-prepared hikers in good condition" (read: a vertiginous challenge for Easterners, who better be in shape!)

The golden rule for travellers to Vancouver Island's boardhead mecca, Nitinat Lake, is: look for that Coastal Interior sunny day. Actually, it can be grey and raining in Victoria or even Lake Cowichan on the road there, but forge ahead through rough mountains on gravel logging roads, and you'll be rewarded by warm, sunny, very windy Nitinat! A long pebbly launch very close to your campsite makes it a very handy spot for all levels of sailors. The water is deep, warm and a little salty and the chop medium — a great place to speed and gybe and above all, sail miles upwind and come back downwind lickety-split (lookout you don't plow into the back of a wave or some unsuspecting sailor on an ordinary reach!)

Home on the range, where the bears and the cougars roam: you travel next 5 hours north into even deeper forests to Lake Nimkish. Ultra fresh black water is whipped up by strong thermals into the biggest and longest freshwater chop you've ever

seen. Close to a great highway, it is nevertheless real wilderness sailing. If you break down there's no roads, cabins or even passable trails through the dense underbrush surrounding this long, wide spooky lake.

The main Nimkish launch (via unmarked road, at the Nimkish General Store) is from a bay, and you need gusts to propel you out to the main blow. A better launch directly into max wind is found down a nearby logging road with a lengthy carry down a cut path to an isolated pebble point. But once there you are in full possession of B.C.'s strongest, steadiest wilderness wind. You'll want to camp a day or two at least, either on site midst the friendly fauna or at a nearby primitive campsite at Woss (nice glassy lake and family beach), or at a full-service Provincial campsite at Schoen Lake. The nearest creature comforts are found a half-hour north at Port McNeill. The season is short; sun shines in July and August, and it blows almost every day all day.

The sun rises on Squamish, sucking cool ocean air down Howe Sound through a 2000-foot towering rock bottleneck (one side is the Stawamus Chief). At this gnarly rock-jetty launch, the wind drives against the ebb tides which meet the outflowing icy river current (producing some psychedelic chop, but you can get some great speed runs down the flat current water!) No wonder this is the home of Canada's best slalom sailors. And, 'twas here that twice was held the Canadian Windsurfing Championships.

For wind at Squamish: interior sunshine is your cue to hightail it out of town (Vancouver) and drive the rollercoaster rock carving which is Hwy. 99. To find the jetty: first turn right off Main Street, drive North over the tracks, turning left at the red barn, following a gravel road to a longish jetty which funnels the Squamish River into the Sound. There you must parallel park on the edge of a rock precipice — careful the wind doesn't knock you off balance. You rig on the narrow goat-path or on the old hotel carpets at the tip, finally carrying your rig down a jagged rock slope into very very fresh salty water. No problem for an apprentice B.C. boardhead!



# RULES CHANGES

by DAVID JOHNSON

The International Sailing Federation (ISAF) and the Canadian Yachting Association (CYA) have published a new set of rules which took effect April 1st, 1997 (plus some changes for 1998).

The following set of situations was written by Andrew Alberti, a CYA National Judge and a member of the Royal Canadian Yacht Club in Toronto. They were originally published as a set of articles in the RCYC monthly newsletter *Kwasind*. Dave Johnson has lightly edited them to make them more specific for windsurfers.

The new rules were written to be simpler and easier to understand. They have however introduced several changes to the way the game is played. There are changes both from the 1993-1996 rule book and the experimental rules (used for midweek races at The Toronto Windsurfing Club the past three years). Here are a couple of the key changes:

1. Avoid Contact: Sailing is a non-contact sport. (see Rule 14)
2. Leeward boards must now give windward boards room to keep clear when they are luffing. They may no longer luff "as they please".
3. Mast abeam no longer has any effect. Leeward boards with luffing rights may now luff as long as the two boards remain overlapped.
4. Right of way boards may now alter course as long as they give the other board room to keep clear. As an example Starboard tack boards can now alter course to force a port tack board who was going to be able to cross, to tack. (see Rule 16)
5. It is much more difficult to come into the weather mark on port tack. Don't try it until you have had a chance to study the rule. There is no longer a restriction against gybing to close. If you are sailing on a run on Port Tack, beware of a leeward board who may suddenly gybe onto Starboard. (no rule)



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## SENIORS' RACING & PUMPING

by JOHN DARLING

*This is a subject that I've thought about a lot over past months, on the basis of my racing experience in Florida last March at the Calema Mid-Winters at Merritt Island and the Mistral Masters Champs at nearby Cocoa Beach (two events a week apart).*

**A**t both events a shortened course was used for the "Seniors 55-64" fleet. Also surprising, the Seniors dominated the fleet, and we found the slightly shortened courses were fun sprints and not tiring.

Meanwhile, in both regattas, Masters 35-44 and 45-54 raced in the "A" fleet, a full length twice-around or once-around plus windward-leeward leg course (along with the Mistral One-Design fleet and the Men's Open fleets.) The US Seniors' 55-64 fleet is quite large (and

expert) and nobody complained about the shortened course (dropping the windward-leeward leg, still a fairly long trapezoid.) The Seniors 65 Plus ran an even shorter course, skipping the last (leeward) buoy. The Americans are recognizing a fact of life: when you approach the age of 60, and especially when you leave the age of 65 to port, with each additional year one's recovery time lengthens. While most of us are still able to perform on regular, long twice-around courses apparently as well as younger Masters during the first day of racing, the accumulated exertion on the second day means you are risking total exhaustion.

In fact, we learned at Toledo that regatta organizer Rod Clevenger actually suffered a mild heart attack during racing last year (one the most competitive Seniors, he raced well this year on the shortened course, although it was only a one-day regatta due to high winds

beaching our committeeboat). I have also notice on repeated occasions that Toronto's smartest Senior racer, 65-plus Dave Johnson, habitually races only the first day of a weekend regatta —naturally we miss him after a fine performance on the first day. Word is that his body is telling him one day is enough at that pace. We have lost other first-class racers like Sandy Gow already due to unlimited pumping, and many of the women of a certain age have given up too in competition that devalues brains so decisively against brawn. And I can tell you for myself (at just 62), every year my body tells me more emphatically on occasion that I've overdone it (at the '96 Champs at Columbia Lake, B.C., after three high-wind races and a long-distance pumpathon, I was completely immobilized and had to sleep on the lawn for a couple of hours to recover —I frankly felt that I had come close to collapse after that regatta even though during racing I felt fine and did well. By comparison, two weeks later I raced 4 days straight in shortboard course and downwind-slam —pumping only to get onto a plane from time to time—at the Canadian Championships at Squamish B.C., without encountering exhaustion, testifying to the tremendous exertion pumping a large race sail entails.

How do we accommodate Masters 60 and over and those who do not want to pump, in the smaller Canadian fleets? I think the 20-25% shorter "Silver" course is a must if we are to deal with hazards of exhaustion, and lack of participation. A third, 35-40% shortened-course, "Bronze" fleet should be planned as well, for non-pumpers and novice racers. These shortened-course "Silver," and shortest-course "Bronze" fleets should be included in the N.O.R. At the regatta site, the RC should take a poll of those who want to race in these fleets. Because of our small numbers in Canada there may not be sufficient numbers for three courses but they should be an option to attract both newcomers and returning veterans to our events.

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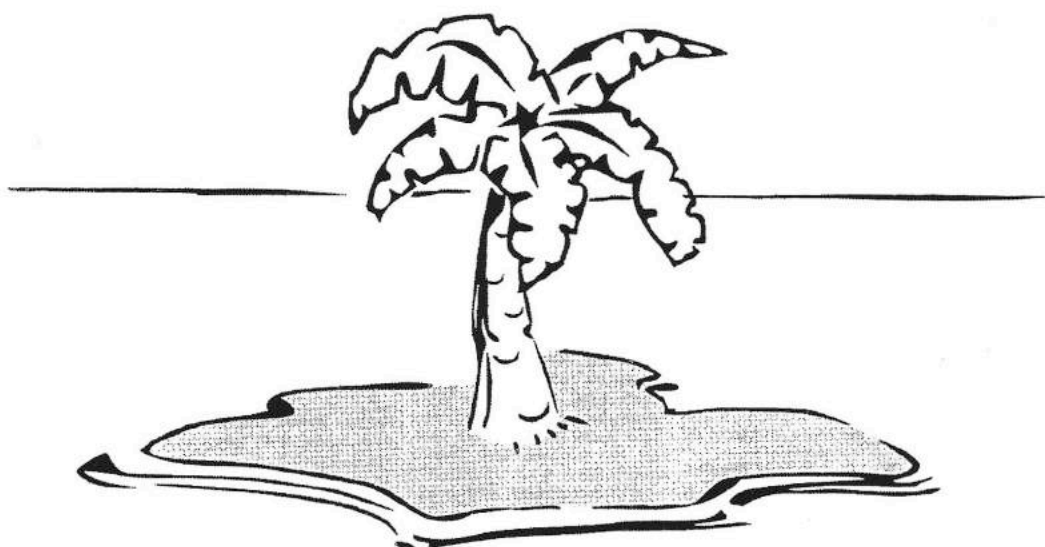
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